

# Lunch pizza



Item Name	Portion Size	Weight (oz)	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Total Carb (g)	Total Sugars (g)	Added sugars (g)	Cholesterol (mg)	Protein (g)	Dietary Fiber (g)	Sodium (mg)
<b>Lunch - Pizza - By the Slice</b>													
barbecue chicken pizza	1 slice	7.03oz	470	16	6	0	61	12	0+	55	25	2	1030
four cheese pizza	1 slice	5.8oz	440	17	9	0+	51	3+	0+	40	22	2	900
ham and pineapple pizza	1 slice	5.76oz	400	14	6	0+	51	4+	0+	35	20	2	800
italian sausage pizza	1 slice	5.19oz	390	15	6	0+	49	3+	0+	30	18	2	750
meat lovers pizza	1 slice	5.56oz	420	17	7	0+	50	3+	0+	40	20	2	850
meatball pizza	1 slice	5.45oz	400	15	6	0+	50	3+	0+	35	19	2	750
pepperoni pizza	1 slice	5.32oz	410	16	7	0+	50	3+	0+	35	19	2	820
roasted vegetable pizza	1 slice	5.89oz	390	14	6	0+	51	3+	0+	30	18	2	710
sicilian pepperoni pizza	1 slice	4.33oz	350	12	4	0+	48	2+	0+	20	14	2	660
sicilian pizza	1 slice	4.06oz	310	9	2.5	0+	48	2+	0+	10	12	2	540
wild mushroom pizza	1 slice	5.83oz	390	14	6	0+	50	3+	0+	30	18	2	700

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<b>Lunch - Pizza - Flatbreads</b>													
a la greco2 flatbread	1 each	6.65oz	430	28	9	0+	31	4	-	45	15	3	1150
artichoke and goat cheese flatbread	1 each	6.18oz	310	15	6	0+	32	3	-	15	14	5	700
BBQ chicken flatbread	1 each	5.79oz	320	10	3	0+	33	7	0+	50	24	2	830
bruschetta flatbread	1 each	4.47oz	240	11	3	0+	27	4	-	10	9	2	560
caprese flatbread	1 serving	10.07oz	460	22	11	0.5+	40	13+	-	55+	26	2+	1040
spinach feta whole grain flatbread	1 each	4.86oz	370	24	7	0+	26	2	0+	30	13	5	740
stonefruit flatbread	1 12" X 4"	7.23oz	340	18	5	0+	37	12	0+	20	9	3	530

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<b>Lunch - Pizza - Individual</b>													
alla greca pizza	1 pie	14.86oz	870	30	11	0+	121	7	5+	55	30	5	1970
asparagus and sun-dried tomato pizza	1 pie	13.71oz	1080	43	9	0+	140	21	3+	15	35	10	1910
baked rigatoni pizza	1 each	11.62oz	690	13	4.5	0+	118	7+	3+	15	25	5	1310
brussels sprout pancetta alfredo pizza	1 pie	29.49oz	1710	47	13	0+	268	16	8+	35	57	13	3050
buffalo chicken pizza	1 each	19oz	1220	51	26	0+	122	8	3+	165	69	5	3000
cappicola and ricotta pizza	1 pie	14.48oz	900	32	8	0+	124	7+	3+	50	32	5	1770
cheese pizza	1 each	17.36oz	1270	60	30	0+	122	8+	3+	135	62	5	2320
chorizo and potato pizza	1 each	16.98oz	1100	46	14	0+	136	6+	3+	70	37	6	2100
crispy rosemary potato pizza	1 each	15.78oz	1020	36	10	0+	142	6+	3+	45	34	6	2370
fontina and caramelized onions pizz	1 each	14.75oz	1130	58	18	0+	114	8	0+	80	41	6	1790
four cheese pizza	1 each	16.48oz	1210	55	28	0+	122	7+	3+	120	60	5	2420
ham and pineapple pizza	1 each	20.28oz	1330	59	31	0+	131	15+	3+	160	69	6	2860
Individual ham and pineapple pizza	1 each	20.43oz	1350	61	31	0+	130	15+	3+	160	72	6	2680
italian sausage pizza	1 each	18.84oz	1400	71	34	0+	123	8+	3+	170	70	5	2650
margherita pizza	1 each	18.45oz	1240	57	29	0+	122	7+	3+	135	61	5	2130
meat lovers pizza	1 each	19.53oz	1420	71	35	0+	124	9+	3+	175	73	6	2850
mushroom leek pizza	1 each	16.41oz	1090	48	21	0+	126	7+	3+	100	41	5	1790
mushroom pizza	1 each	20.28oz	1270	58	30	0+	125	9+	3+	135	65	6	2320
nutella and sweetened ricotta pizza	1 each	14.76oz	1090	33	23	0+	170	51	3+	15	29	9	1130
pear and prosciutto pizza	1 each	17.52oz	1090	44	18	0+	131	15+	3+	115+	47	7+	2410
pear blue cheese pizza	1 pie	16.95oz	1260	60	22	0+	142	24	3+	70	41	7	2140
pepper and onion pizza	1 each	20.28oz	1270	58	30	0+	128	11+	3+	135	63	7	2320
pepperoni pizza	1 each	18.34oz	1400	71	36	0.5+	122	8+	3+	165	68	5	2790
pesto & cherry tomato pizza	1 each	14oz	920	33	13	0+	118	6	3+	50	40	5	1900
pomodoro and roasted garlic pizza	1 each	14.78oz	810	25	4	0+	127	7	3+	0	23	6	1300
roasted corn and rosemary pizza	1 each	19.43oz	1140	50	12	0+	148	10+	3+	40	31	9	2210
roasted mushroom & applewood bacon pizza	1 each	14.95oz	880	29	7	0	122	7	4+	185	34	5	1680
sausage and mozzarella cheese pizza	1 each	17.06oz	1190	54	25	0+	122	8+	3+	125	56	5	2290
veggie pizza	1 each	20.28oz	1270	58	30	0+	127	10+	3+	135	64	7	2320

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<b>Lunch - Pizza - Calzone/Stromboli</b>													
BBQ chicken calzone	1 each	15.97oz	1220	71	25	0+	86	16+	2+	235	58	5	2560
bruschetta calzone	1 each	14.58oz	720	33	16	0+	75	9+	0+	115	33	6	1490
buffalo chicken stromboli	1 each	15.7oz	840	37	19	0+	74	8+	0+	185	53	6	2100
cheese and broccoli stromboli	1 pie	14.27oz	850	40	20	0+	77	9+	0+	175	46	6	1710
cheese calzone	1 each	13.61oz	720	29	17	0+	78	9+	0+	140	37	6	1860
cheeseburger stromboli	1 each	15.71oz	880	43	19	0.5+	78	11+	0+	170	46	6	1670
chicken pesto calzone	1 each	15.58oz	960	43	16	0+	90	17+	0+	185	55	9	2260
eggplant portobello stromboli	1 each	17.87oz	700	28	13	0+	81	13+	-	95	33	9	1610
ham and pineapple calzone	1 each	17.15oz	970	40	20	0+	98	26+	0+	185	54	5	2880
lasagna calzone	1 each	14.77oz	810	37	19	0+	78	9+	0+	145	40	6	1820
meat lover's stromboli	1 each	12.94oz	900	48	20	0+	72	7+	0+	120	45	5	2160
Meatball and sausage calzone	1 each	15.22oz	870	41	19	0+	80	9+	0+	165	44	6	2030
nacho chicken calzone	1 each	15.07oz	760	29	15	0+	78	10+	0+	175	47	8	1450
Philly cheese steak calzone	1 each	14.22oz	910	47	17	0+	75	7+	0+	120	48	6	1520
primavera calzone	1 each	15.65oz	670	24	13	0+	81	11+	0+	120	33	8	1640
Sicilian calzone	1 each	14.65oz	820	39	19	0+	77	9+	0+	165	42	6	1980
Spinach and mushroom calzone	1 each	13.27oz	680	28	14	0+	75	7+	0+	120	33	6	1560
turkey swiss stromboli	1 each	14.43oz	750	31	15	0.5+	75	8+	less than 1	150	42	6	1650

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