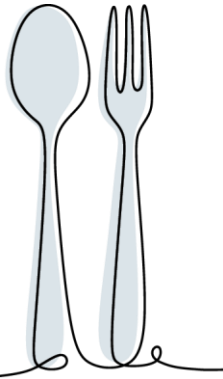


march 16th, 2020

monday - friday
breakfast 6:30am - 9:00am
lunch 11:00am - 1:30pm

Trustmarket
closed



THIS WEEK'S MENU FEATURES

Monday

- simply breakfast** chocolate chip pancakes .62 each
- flame** chili cheese dog 4.10
- urban kitchen** mac and cheesyology 6.18
- FIT** green chile chicken stew with potatoes 3.51
- piccola italia pizza** buffalo chicken pizza 3.07
- wild greens** grilled chicken harvest salad 4.11

Tuesday

- simply breakfast** corned beef hash with a fried egg 2.98
- flame** grilled cheese with roast beef 4.10
- urban kitchen** chicken parmesan over noodles 6.18
- FIT** chicken pesto caprese on wheat thin 3.51
- piccola italia pizza** supreme pizza 3.07
- wild greens** chipotle chicken chopped salad 4.11

Wednesday

- simply breakfast** chorizo, egg & cheese burrito 2.98
- flame** Italian meatball sub 4.10
- pico mesa** pork tamales with cilantro jalapeño slaw 6.18
- FIT** tuna salad over greens with crackers 3.51
- piccola italia pizza** bbq chicken flatbread 3.07
- wild greens** grilled chicken harvest salad 4.11

Thursday

- simply breakfast** bacon egg and cheese flatbread 2.98
- flame** avocado bacon burger on brioche 4.10
- urban kitchen** pepper steak over rice 6.18
- FIT** bbq chicken bacon cheddar on wheat thin 3.51
- piccola italia pizza** 4x4 meat pizza 3.07
- wild greens** cobb salad 4.11

Friday

- simply breakfast** buttermilk biscuits w/ sausage gravy 3.52
- flame** filet o fish sandwich with cheese 4.10
- FIT** grilled chicken parmesan on wheat thin 3.51
- piccola italia pizza** chef's choice 3.07
- wild greens** grilled chicken harvest salad 4.11

Sandwiches

monday

bbq chicken wrap

tuesday

turkey reuben sub

wednesday

pepperoni, salami & mozzarella panini

thursday

artichoke avocado chicken wrap

friday

tuna salad on croissant

\$4.10



Soups

monday

italian wedding

tuesday

corn and green chili bisque

wednesday

black bean

thursday

chicken and dumpling

friday

chef's choice

*these items are cooked to order or served raw, consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk for foodborne illness

Questions

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frozen yogurt flavor
closed