

EVERYDAY CATERING MENU



IT'S BREAKFAST TIME RISE AND SHINE



CONTINENTAL

Priced per person, minimum 6 guests.

- Continental** (240-440 cal) 8.
Assorted muffins and pastries with fresh sliced fruit
- Build Your Own Fruit and Yogurt Parfait** (310 cal) 7.
Greek vanilla yogurt, seasonal fruit, granola, honey and dried cranberries
- Breakfast Charcuterie** (760 cal) 10.
Dried fruit, artisan cheeses, cage-free hard boiled eggs, candied bacon, shaved turkey, grapes, fruit preserves and croissants
- Bagel Bar** (610 cal) 8.
Assortment of plain, blueberry, and everything bagels served with butter, cream cheese and fruit preserves

Additional Choices:

- Buttermilk Biscuits (200 cal)
- Buttery Croissants (220 cal)

DONUT SHOPPE

Priced per 1/2 dozen and dozen, respectively.

- Glazed Donuts** (305 cal) 7.5 / 12.5
- Assorted Signature Donuts** (325 cal) 9. / 15.
- Sausage and Cheese Kolaches** (440 cal) 9. / 15.

ADD-ONS

- Seasonal Sliced Fresh Fruit** (40 cal) 5.
- Yogurt and Granola Parfait** (250 cal) 5.
- Pastries** (120 - 320 cal) 4.
- Seasoned Potatoes** (160 cal) 4.

HOT BREAKFAST

Priced per person, minimum 6 guests.

- Classic Hot Breakfast** (600 cal) 11.
Cage-free scrambled eggs, seasoned potatoes, bacon and fresh sliced fruit
- Breakfast Enchiladas** (560 cal) 11.
Cage-free scrambled eggs, cheese, peppers and onions in a corn tortilla with avocado tomatillo salsa. Served with seasoned potatoes
- Add Chorizo or Sausage** (200 cal) +2.5
- Breakfast Sandwiches** (270 - 560 cal) 5.
Choice of croissant, wheat english muffin, brioche bun, or texas toast with two filling options:
 - Egg and Cheese (390 cal)
 - Sausage, Egg and Cheese (560 cal)
 - Ham, Egg and Cheese (470 cal)
 - Bacon, Egg, and Cheese (540 cal)

Additional Choices:

- Beyond Sausage (270 cal) +2.
- Turkey Sausage (150 cal) +1.

TACOS AND BURRITOS

Priced per 1/2 dozen and dozen, respectively.

Served with house made salsa.

- Breakfast Tacos** (6" tortilla) 14. / 25.
- Breakfast Burritos** (10" tortilla) 35. / 60.
Warm flour tortilla with choice of two filling options:
 - Bell Pepper, Onion, Egg and Cheese (390 cal)
 - Sausage, Egg and Cheese (560 cal)
 - Ham, Egg and Cheese (470 cal)
 - Bacon, Egg, and Cheese (540 cal)
 - Chorizo, Egg, and Cheese (550 cal)

Additional Choices:

- Beyond Sausage, Egg, and Cheese (270 cal) +2.
- Turkey Sausage, Egg, and Cheese (150 cal) +1.

Calories provided are per recipe serving. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

READY FOR LUNCH?



BOXED LUNCHES

Priced per person, minimum 6 guests.

- Executive Boxed Lunch** (600 - 1,160 cal) * 15.
Artisan sandwich or wrap, one side salad, whole fruit, dessert bar, and bottled water
- Boxed Lunch** (690 - 1,050 cal)* 13.
Artisan sandwiches or wraps, bakers chips, cookie, and bottled water

LUNCH PLATTERS

Priced per person, minimum 6 guests.

- Mini Sandwiches** (500 - 740 cal) 10.
Selection of two mini sandwiches, condiments, assorted cookie tray, and choice of side salad or bakers chips
- Artisan Sandwiches and Wraps** (740-1,230 cal) 11.
Selection of three sandwiches or wraps, choice of side salad, bakers chips and cookies
- Build Your Own Deli** (880-1,040 cal) 9.
Variety of deli meats and cheeses, roasted vegetables, lettuce, tomato, condiments, artisan bread served with assorted cookie tray and choice of side salad or bakers chips

DELI AND SIDE SALAD SELECTIONS

MINI SANDWICHES

- Caprese (230 cal)
- Turkey BLT (180 cal)
- Buffalo Chicken (200 cal)
- Tuna Salad (150 cal)
- Ham and Swiss (230 cal)

ARTISAN SANDWICHES

- Roasted Veg & Hummus (390 cal)
- Turkey Jack BLT (580 cal)
- Italian Hoagie (540 cal)
- Classic Chicken Salad (550 cal)

ARTISAN WRAPS

- Garden Veggie and Ranch (560 cal)
- Blackened Chicken Caesar (560 cal)
- Turkey Club (720 cal)
- Antipasto (710 cal)

SIDE SALADS

- Minted Fruit Salad (50 cal)
- Dijon Roasted Potato Salad (130 cal)
- Pesto Pasta Salad (140 cal)
- Garden Salad (180 cal)

*choose up to three varieties of sandwiches or wraps per order for Executive and Boxed Lunch

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LETTUCE CELEBRATE



SALADS

Priced per person, minimum 6 guests.

Salad Boxed Lunch 15.
Choice of salad with dressing on the side. Served with chips, cookie, whole fruit, and bottled water

Salad Choices:

- Chef (270 - 520 cal)
- Chopped Cobb (350- 600 cal)
- Chicken Caesar (310 - 560 cal)
- Blackened Salmon (560 - 810 cal)

Build Your Own Salad (300 - 530 cal) 7.5
Array of fresh garden salad ingredients, two dressings and garlic herb grilled pita bread

Add:

- Crispy Baked Tofu (170 cal) +3.
- Herb Grilled Chicken (170 cal) +4.
- Lemon Pepper Salmon (200 cal) +5.
- Cajun Grilled Shrimp Skewers (180 cal) +6.

Dressing Choices:

- Italian (125 cal)
- Caesar (230 cal)
- Balsamic Vinaigrette (160 cal)
- Ranch (230 cal)
- 1000 Island (225 cal)

SALAD PLATTERS

Family-style salad with herb grilled pita bread and dressing on the side

Chicken Caesar (670 cal)

Small	Medium	Large	Party
120.	235.	375.	525.

Greek Salad (300 - 550 cal)

Small	Medium	Large	Party
125.	220.	325.	450.

Roasted Chicken Cobb (600 - 850 cal)

Small	Medium	Large	Party
180.	350.	560.	800.

PLATTER SERVING SIZES

Small	Medium	Large	Party
10 - 15	20 - 25	35 - 40	50 - 60

SIDE SALAD PLATTER

Small	Medium	Large	Party
50.	95.	150.	220.

Choice of Side Salad:

- Moroccan Quinoa Beet Salad (90 cal)
- Minted Fruit Salad (50 cal)
- Dijon Roasted Potato Salad (130 cal)
- Pesto Pasta Salad (140 cal)
- Garden Salad (190 cal)
- Caesar Salad (170 cal)

ADD A SWEET SURPRISE

Specialty desserts are also available.
Contact us and elevate your event!

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LET'S EXPLORE FLAVORS



CREATE

Priced per person, minimum 10 guests.

Mediterranean Graze (460 cal) 14.
Grilled pita, classic hummus, kalamata olives, diced tomatoes, diced cucumbers, red onion, feta cheese, tzatziki, Greek salad and tabbouleh served with choice of two proteins: Falafel (170 cal), Chicken Souvlaki (270 cal), or Lamb and Beef Gyro (380 cal)

Add Roasted Red Pepper Hummus (145 cal) +2.

Tacos (1070 - 1400 cal) 12.
Charro beans, spanish rice, pico de gallo, salsa roja, shredded lettuce, cheddar cheese, sour cream with flour tortillas. Protein choices: Chicken Tinga, Ground Beef, or Tofu veggie sides
Served with house made tortilla chips. (2 per person)

Add Guacamole (60 cal) +2.

Add Queso (110 cal) +3.

Additional options available upon request including pork carnitas, grilled chicken and steak fajitas.

Smokehouse Barbeque (670 cal) 16.
Southern-style green beans, macaroni and cheese, creamy coleslaw, corn bread, bbq sauce and choice of two proteins: Smoked BBQ Pulled Chicken (200 cal), Smoked Sausage (200 cal), Smoked Pulled Pork (270 cal), Smoked Brisket (290 cal), or BBQ beyond Sausage Link (240 cal)

Simply Italian (1070 cal) 14.
Pasta with pomodoro and alfredo sauces, garlic bread and side salad with choice of two proteins: Herb Grilled Chicken (170 cal), Beef Meatballs (430 cal), Chicken Parmesan (500 cal), Garlic Roasted Mushrooms (150 cal) or Eggplant Parmesan (380 cal)

Additional Choices:

Stuffed Cheese Rigatoni +1.5

Stuffed Cheese Ravioli +1.5

Add Anitpasto Platter (350 cal) +5.

Power Grain Bowl (420 cal) 10.
Chef's selection of fresh seasonal roasted vegetables, whole grains, specialty sauces and toppers

Add:

- Crispy Baked Tofu (170 cal) +3.

- Herb Grilled Chicken (170 cal) +4.

- Lemon Pepper Salmon (200 cal) +5.

- Cajun Grilled Shrimp Skewers (180 cal) +6.

Ginger Republic (1045 cal) 13.
Classic stir fry rice, sauteed stir fry vegetables, crispy vegetable egg roll with choice of two proteins: Orange Peel Chicken (300 cal), Beef & Broccoli (274 cal), or Ginger Sesame Grilled Tofu (179 cal)

LOOKING FOR SOMETHING DIFFERENT?

Contact us about creating a custom menu selection.

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IT'S TIME FOR SNACKS + BREAK



CELEBRATION

Priced per person, minimum 10 guests.

- House Made Chips & Salsa** (430 cal) 4.
- Add Guacamole (60 cal) +2.
- Add Queso (110 cal) +3.
- Bakers Chips & Dips** (240 cal) 5.
Select two: Dill Yogurt (35 cal), Creamy Caramelized Onion (85 cal), Roasted Red Pepper Hummus (120 cal), Ranch Dip (230 cal)
- Sliders** (270-440 cal) 8.
Select three: Meatball Provolone (320 cal), Smoked BBQ Pulled Chicken or Pork (320 cal), Chipotle BBQ Beyond (270 cal) or Buffalo Blue Chicken (440 cal)
- Charcuterie** (440 cal) 12.
Ham, pepperoni, salami, Boursin cheese, brie, goat cheese, cherry marmalade, smoked gouda, grilled asparagus, dried apricots, marinated olives, spiced candied pecans, and toasted crostini

THEMED BREAKS

Priced per person, Minimum 10 guests.

- Mediterranean Hummus Bar** (300 cal) 6.
Roasted red pepper and plain hummus with grilled pita, cucumbers, roasted red peppers and kalamata olives
- Breads and Spreads** (150 cal) 6.
Classic tomato bruschetta, caramelized onion spread, spinach artichoke spread with flatbread crisps and crostini

Shrimp Cocktail Platter (120 cal)

Small	Medium	Large	Party
90.	155.	250.	370.

Fruit & Cheese with Crostini (180 cal)

Small	Medium	Large	Party
60.	115.	165.	230.

Vegetable Crudités and Hummus

Small	Medium	Large	Party
50.	85.	135.	190.

Fruit Skewers with Yogurt Dipping Sauce (80 cal)

Small	Medium	Large	Party
110.	180.	300.	380.

PLATTER & TRAY SERVING SIZES

Small	Medium	Large	Party
10 - 15	20 - 25	35 - 40	50 - 60

SNACKS

Priced per ½ dozen and dozen, respectively.

- Cookies** (180 - 210 cal) 12. / 16.5
- Brownies** (440 cal) 13. / 18.
- Cookies and Brownies** (180 - 440 cal) 12.5 / 17.
- Mini Dessert Bars** (120 - 170 cal) 12./ 16.5.

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TODAY'S PLAN DRINK COFFEE AND BE AWESOME

BEVERAGES

Priced per person unless noted by servings.

MAKE IT HOT

Fresh Brewed Coffee and Tea Service

Regular, hot tea, lemons, honey, sugars and creamer

Regular Coffee Airpot (serves 10) 20.

Hot Tea Airpot (serves 10) 20.

ENERGIZE YOUR DAY

Canned beverages.

Monster 4.5

Red Bull 4.5

MAKE IT COOL

Bottled beverages.

Iced Tea Sweet or Unsweetened 3.

Lemonade 2.5

Juice 3.

Soda 2.5

HYDRATE

Bottled beverage.

Water 2.

Premium 2.5



CATERING POLICIES

HOW IT WORKS

Catering orders will include all necessary plates, utensils, napkins and condiments in quantities consistent with your order. We also supply all food and beverage equipment needed to ensure food is served properly. China and linen service can be rented for your event at an additional charge. Our catering attendants will deliver, set-up and pick up your order at your requested location.

LAST MINUTE ORDERS

We ask for a last-minute notice for catering orders but understand that last minute needs do arise. Please contact the catering office for your last-minute needs and we will make every effort to accommodate them.

DON'T SEE WHAT YOU ARE LOOKING FOR?

Contact our Catering Manager and we will develop a customized menu that fits your needs.

ADDITIONAL SERVICE

If you are hosting an important all-day event or a large-scale meeting that requires more attention than just a set up, delivery and pick up, we can arrange for you to have a catering attendant to tend to any immediate needs that arise. Speak to our catering manager to schedule an attendant to make sure your event is a success!

SPECIAL EVENTS

Are you looking to host a seated dinner or cocktail reception? We can plan and execute your event. Set up a meeting with our Catering Manager to go over your ideas!

CANCELLATIONS

Catering orders are made specifically for your meeting, therefore cancellations must be made 24 hours in advance. When this is not possible, please let us know if we can deliver your order to another location. Cancellation fees may apply.

READY TO CREATE AN **EXPERIENCE?**

From celebrations marking company achievements to kick-offs for the future, and special occasions throughout the year, we'll make it all happen. We offer a wide range of services to meet every type of need. Contact us today and we will make sure your vision comes to life and ensure your event is a success.

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