Blood Orange Sparkling Mocktail

Servings: 2 | Calories per serving: 85 kcal

Ingredients:

1cup	blood orange juice, freshly squeezed
1Tbsp.	honey
½ tsp.	vanilla extract

- 1/2 cup sparkling water (plain or lime)
- 2 each blood orange slices for garnish

Preparation:

- 1. To a cocktail shaker or mason jar, add the blood orange juice, honey, and vanilla extract. Secure the lid and shake until the honey has dissolved. Add ice and shake again.
- 2. Fill two glasses with ice, then pour the mixture evenly into the glasses. Top each with the lime sparkling water. Garnish with the blood orange slice on top. Enjoy!

Shopping List

Produce

Blood oranges

Pantry

- Honey
- Vanilla extract
- □ Sparkling water (plain or lime)





Pear Champagne Vinaigrette

Servings: 15 | Serving Size: 2 Tbsp. | Calories per serving: 125 kcal

Ingredients:

kosher salt
bartlett pear
olive oil
Dijon mustard
white pepper (regular works too)
agave or honey
champagne vinegar

Preparation:

- 1. Peel, core and slice pear. Place in food processor or blender and puree. Chill if not using right away.
- 2. Place pear puree with all ingredients (except oil) in blender or food processor and blend until smooth.
- 3. Slowly drizzle in oil while blending to emulsify dressing. Chill until ready to use.

Shopping List

Produce

Bartlett pear

Pantry

- Kosher salt
- Olive oil
- Dijon mustard
- □ White pepper
- Agave or honey
- □ Champagne vinegar



