



## breakfast

<b>wellness fruit and yogurt</b> low-fat or greek yogurt, sliced fruit, granola, nuts, raisins, craisins, coffee	6.00 ea
<b>executive continental</b> assorted breakfast pastries and seasonal fruit tray, coffee	6.00 ea
<b>classic continental</b> assorted breakfast pastries including choice of bagels, donuts or muffins, coffee	5.00 ea
<b>breakfast graze</b> spinach and rosemary frittata, sweet potato hash, greek yogurt parfait with fresh berries and granola, coffee	9.00 ea
<b>classic hot breakfast</b> scrambled eggs, home fries or tater tots, bacon or sausage, sliced fruit, coffee	9.00 ea

## beverage

<b>coffee by the gallon</b> regular or decaf	14.50 ea
<b>tea by the gallon</b> hot water, assorted tea bags	12.50 ea
<b>bottled water</b>	1.75 ea
<b>bottled soda</b>	2.00 ea
<b>energy drinks</b>	3.50 ea
<b>bottled juice</b>	2.00 ea
<b>bottled iced tea</b>	2.00 ea
<b>gatorade / vitamin water</b>	2.50 ea

## a la carte

<b>whole seasonal fresh fruit</b>	1.50 ea
<b>sliced fresh fruit</b>	4.00 ea
<b>fat free yogurt cups</b>	2.00 ea
<b>individual yogurt parfaits</b> choice of; banana and candied pecan, blueberry and lemon, pear and walnut, cardamom raisin, apple almond, or kiwi cucumber	3.00 ea
<b>granola / breakfast bar</b>	2.00 ea
<b>individual assorted cereal with milk</b>	4.25 ea
<b>scrambled eggs</b>	2.25 ea
<b>sausage or bacon</b>	2.25 ea
<b>black pepper biscuits and gravy</b> fresh baked buttermilk biscuits with scratch-made sausage gravy	2.25 ea
<b>bagels and cream cheese</b> per dozen	25 ea
<b>muffins</b> per dozen	17 ea
<b>donuts</b> per dozen	17.50 ea
<b>deluxe bakery rolls</b> per dozen assortment of cinnamon rolls, danishes and scones	18 ea



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## deli

**sandwich board** 12.00 ea  
choice of two pre-made sandwiches/wraps and two prepared salads, baker chips and cookies

**mini sandwiches** 10.00 ea  
selection of 3 mini sandwiches, choice of side salad, bakers chips, cookies

**½ sandwich and soup combo** 9.00 ea  
selection of 2 sandwiches/wrap, soup du jour, choice of side salad, bakers chips, cookies

**gourmet boxed lunch** 13.00 ea  
choice of sandwich/wrap, side salad, bagged chips, cookie and bottled water

**classic boxed lunch** 11.00 ea  
choice of sandwich/wrap, bagged chips, cookie, and bottled water

**executive boxed lunch** 14.50 ea  
choice of sandwich/wrap, side salad, bagged chips, fruit salad, brownie and bottled water

### sandwich/wrap choices:

turkey pesto	buffalo chicken
ham & turkey	grilled chicken & provolone
Italian combo	roasted beet & feta
tuna salad	chicken salad
caprese	roast beef & cheddar
all american	roasted turkey & apple
sesame veggie	hummus & roasted veggie
chicken caesar	ham & swiss

### salad selections:

pesto pasta, red potato salad, orzo veggie, caesar or garden salad

## platters

**seasonal vegetable crudite** sm (10-15) 55.00 | lg (16-20) 75.00  
in-season delicious vegetables with ranch or hummus

**cheese board deluxe** sm (12-16) 60.00 | lg (18-24) 105.00  
selection of cheeses, crackers, grapes and nuts

**chips and dips** sm (10-15) 36.00 | lg (16-20) 58.00  
classic tortilla chips with mango salsa, guacamole and salsa rojo

**chicken caesar salad** sm (10-12) 55.00 | lg (16-18) 80.00  
grilled and marinated sliced chicken over romaine garnished with parmesan cheese and croutons

**meats and cheese** sm (10-15) 75.00 | lg (16-20) 98.00  
summer sausages, selection of cheeses with olives, peppers, pepperoncini, and pickles

**fruit kebobs** sm (10-14) 36.00 | lg (16-20) 48.00  
best in season fruit arrangement with honey yogurt sauce

**classic deli salad** sm(10-15) 24.00 | lg (16-20) 36.00  
pesto pasta, red potato salad, orzo veggie caesar or garden salad

**Assorted Cookie Tray** 6 dozen 45.00 | 12 dozen 80.00

## roots & seeds

individual salads from our fresh 'roots & seeds' brand

**tuscan** 6.00 ea

crisp seasonal lettuce blend, sun dried tomato, artichoke hearts, olive and cucumber, balsamic vinaigrette

add grilled chicken 2.50 ea

add grilled shrimp 4.00 ea

**salmon caesar** 9.00 ea

romaine lettuce, house made croutons, shaved parmesan, creamy organic caesar dressing and grilled salmon

**turkey cobb** 8.00 ea

roasted turkey, seasonal lettuce blend, bacon, hard cooked egg, ranch dressing

**seared steak** 9.00 ea

perfectly seasoned and grilled flank steak with peppers, cucumbers, olives, tomato and red onion dijon vinaigrette



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## global crafting

**masala** 16.00 ea  
 all the aromas, complexity and depth our indian offerings in the café can be brought to your next meeting. start with fragrant basmati rice, warm naan bread and a lentil daal. choose two proteins and sauces, and we'll compliment the buffet with cucumber raita and mango chutney

**proteins:** chicken, steak, shrimp, pork, chana masala (vegetarian)  
**saucers:** coconut curry, vindaloo, makhni, tandoori

**bok choy** 14.50 ea  
 bok choy is a quick service pan-asian concept utilizing chef-created and authentic asian cooking sauces to create a plethora of delicious composed dishes accompanied by steamed jasmine rice, fried rice, or lo-mein noodles, sweet-chili steamed vegetables, egg rolls and fortune cookies

**choose two of the following proteins:**  
 orange peel beef    twice-cooked pork  
 teriyaki chicken    sweet and sour chicken  
 kun pao tofu        black bean garlic chicken,  
 pepper beef        general tso's chicken

**revolution noodle** 14.50 ea  
**create your own authentic pho noodle bowl**  
 choice of two proteins, one noodle and broth, scallions, jalapeno, carrot, cilantro, basil, hard cooked eggs, bok choy, and limes  
 Asian salad with sesame ginger dressing, cookies  
**proteins:** shrimp, beef, tofu, chicken  
**noodles:** udon, soba, lo mein, ramen, yakisoba  
**broth:** vegan thai, tonkotsu, beef pho

**piccola italia** 14.00 ea  
 continuing one of our most popular choices, the pasta bar allows you the flexibility in choosing several comforting sauces and proteins as well. we pair your customized choices with garlic bread, caesar salad, and authentic grated cheese.

**choose two of each:**  
**saucers:** pomodoro, bolognese, pesto, tomato cream, alfredo  
**pasta:** penne, rigatoni, spaghetti, rotini, shells  
**proteins:** meatballs, grilled chicken, sausage, shrimp, ground turkey

**big city barbeque** 15.00 ea  
 fad, craze, or all the rage...bbq is here to stay. ask any region in the usa who has the best bbq and you'll get as many answers as regions itself! were gonna' keep this simple, as all great bbq should be, choose two proteins, two sides, and we'll throw in the sauces, cornbread muffins and salad

**proteins:** carolina chopped pork, shredded brisket, smoked links, smoked half chicken  
**sides:** collards, ranch beans, mac n cheese, potato salad, macaroni salad, corn pudding, coleslaw, sweet potato casserole

**Taco cantina** \$14.50 ea  
 Choice of two proteins, caramelized peppers and onions, soft tacos, tortilla chips, black beans, spanish rice, cheddar cheese, salsa, sour cream, guacamole, tomatoes and onions  
 beef barbacoa                      citrus pork  
 chicken tinga                      calabacitas (vegetarian)  
 citrus chicken  
 seasoned ground beef  
 seasoned ground turkey



## create

### **made to melt** 12.00 ea

kicked up grilled cheese! choose up to three and we'll include house made chips, tomato basil bisque and cookies

**melts:** bacon & tomato, buffalo chicken blue, caprese (tomato, mozzarella, basil), gouda turkey, swiss ham, fresco (roasted pepper, pesto, provolone), three cheese

### **za'tar** 13.00 ea

chicken, beef and vegetable kebobs with orange and fennel salad, hummus, pita, and baklava

### **chicken spiedini** 14.50 ea

St. Louis favorite this comes with marinated skewered chicken, penne pesto, seasonal vegetable, tossed salad with St. Louis dressing, garlic bread and assorted dessert bars

### **roots and seeds** 12.00 ea

build your salad of choice with a variety of seasonal raw and grilled vegetables, leafy greens, grains and toppers. choose two proteins and we'll supply the appropriate dressings

grilled chicken  
grilled tofu  
grilled shrimp

seared salmon  
flank steak  
crispy chicken

### **BYO Buffet** 15.00 ea

Pick and choose two entrees and two sides, comes with garden salad (ranch and balsamic vinaigrette dressing) dinner rolls and butter

#### **entrees:**

roasted turkey breast  
beef top round roast  
honey glazed ham  
hoisin glazed pork loin  
beef pepper steak  
herbed rubbed pork roast  
roasted rosemary chicken  
chicken picatta or marsala  
lemon butter salmon  
country fried steak  
beef / vegetable lasagna  
chicken / eggplant parmesan  
bbq pork chop / chicken / brisket  
sausage and peppers

#### **sides:**

mashed potato  
green bean almondine / buttered corn  
roasted rosemary potato  
aromatic blended rice pilaf  
potato au gratin  
tortellini alfredo / penne marinara  
zucchini parmesan  
lemon buttered asparagus / broccoli  
cornbread stuffing

*custom selections available!*



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## snacks

<b>brownies</b> , per dozen	18.00 ea
<b>cookies, assorted</b> , per dozen	13.00 ea
<b>trail mix, bagged assorted</b>	3.00 ea
<b>nuts, bagged assorted</b>	3.00 ea
<b>chips, bagged assorted</b>	2.00 ea
<b>pretzels, bagged</b>	1.50 ea
<b>popcorn, bagged</b>	2.00 ea
<b>granola, snack bars assorted</b>	2.00 ea
<b>gourmet snack mix</b>	2.00 pp
<b>fresh whole fruit</b>	1.50 ea
<b>mini dessert bars</b> , per dozen	18.00 ea
<b>mini cupcakes</b> , per dozen	20.00 ea
<b>rice krispie treats</b> , per dozen	14.00 ea

## themed breaks

<b>wellness break</b>	6.00 ea
vegetable crudité, low fat dip, low fat yogurt, granola, dried fruit, nuts, and sliced fruit	
<b>bruschetta</b>	6.00 ea
classic bruschetta, hummus, spinach artichoke spread and pita crisps	

## celebration

full sheet cake - 100
½ sheet cake - 60
¼ sheet cakes - 35
white, yellow, chocolate, half-n-half

special flavors, rice paper pictures, artwork and special decorations are by quote. please contact your catering specialist for details.



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## policies

### **How It Works**

Catering orders will include all necessary plates, utensils, napkins and condiments in quantities consistent with your order. We also supply all food and beverage equipment needed to ensure food is served properly. China and linen service can be rented for your event at an additional charge. Our catering attendants will deliver, set-up and pick up your order at your requested location.

### **Last Minute Orders**

We ask for a 48 hour notice for catering orders but understand that last minute needs do arise. Please contact the catering office for your last minute needs and we will make every effort to accommodate them.

### **Don't see what you are looking for?**

Contact our Catering Manager and we will develop a customized menu that fits your needs.

### **Additional Service**

If you are hosting an important all-day event or a large scale meeting that requires more attention than just a set up, delivery and pick up, we can arrange for you to have a catering attendant to tend to any immediate needs that arise. Speak to our catering manager to schedule an attendant to make sure your event is a success!

### **Special Events**

Are you looking to host a seated dinner or cocktail reception?

We can plan and execute your event. Set up a meeting with our Catering Manager to go over your ideas!

### **Cancellations**

Catering orders are made specifically for your meeting, therefore cancellations must be made 24 hours in advance. When this is not possible, please let us know if we can deliver your order to another location. Cancellation fees may apply.

## contact

Jason Heine | (812) 459-8524 | Millipore Sigma

<https://eurestcafes.compass-usa.com/millsigmaSTL/Pages/Catering.aspx?lid=b1>



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