

- Can you please share weed control tips? Both inside of the planters and the walkways among the planters.
 - We will address during a spring webinar.
- I have put the chickens out in March to help me clean up the area, then after limit the areas they can go to.
 - That sounds fine.
- If I'm growing in pots, how deep do my pots need to be?
 - We will discuss at the spring planting webinar. We will discuss at our 3/29 Seed starting workshop- Which will work fine for your growing zone.
- I'm wondering you could recommend a "good" comprehensive gardening book/guide for zone 10 in Florida?
 - Not that I can think of. We will address vegetable start times. As mentioned, you could begin direct planting spring seeds now, or we can discuss further 1-1. We will be reviewing at our next webinar 3/15.
- I see some folks on here are from Florida and have the same problems I am having or had. Is there a way to connect us?
 - We can explore a separate group webinar for this region, under a separate umbrella.
- How do you determine the optimal timing to start planting outside based on your gardening zone?
 - To be reviewed at our next webinar on 3/15.
- Hello! On the mention of fall garlic planting earlier in the conversation. What's your opinion on fall shallot planting? Yes, on shallots.
 - They can be planted both in spring and fall.
- What is the site to buy the kit?
 - www.pikelanegardens.com
- Are eggs considered healthy? I have seen contradicting evidence-based research over the years. Thanks! (I see a picture of eggs in the background of Elena)
 - Answered by Elena. The picture seen as my virtual background features [Food with Purpose](#), Eures't's wellness and sustainability platform.
 - Regarding eggs, they are an easily served treat that contributes to muscle strength, brain function, eye health, and weight management. Eggs are a complete protein. This means they contain all of the essential amino acids needed to build muscles and tissue for our bodies to utilize while being a good source of Vitamin D. Also, a large egg contains about 70 calories and 5 grams of fat. As in most other things, eaten as part of a well-balanced diet, eggs provide many benefits.
 - During Adam's Pike Lane Gardens Vegetable Gardening webinars, we would like to focus our questions towards allowing participants to gain as much knowledge regarding vegetable gardening.