

# EAT. DRINK. SOCIALIZE.

## Contact us

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## DISH NETWORK MERIDIAN CAFE

Breakfast Monday – Friday | 07:00 am – 09:30 am  
 Lunch Monday – Friday | 11:00 am – 1:30 pm  
 Dazbog Coffee Bar 6:30 am – 2:30pm

## WEEK OF MARCH 10TH



thrive

Download and order with the app today!



## RISE & SHINE

### BREAKFAST GRILL SPECIAL

**Mon:** Florentine omelet, spinach, swiss  
**Tues:** denver sandwich, pepperjack, peppers, onions, ham  
**Wed:** chocolate chip pancakes  
**Thurs:** classic French toast, powdered sugar, strawberry sauce  
**Fri:** breakfast quesadilla, chorizo, egg, peppers, onions, cheddar

### BREAKFAST GRAZE BAR

**Mon:** cinnamon rolls  
**Tues:** sticky buns  
**Wed:** pancakes  
**Thurs:** assorted breakfast burritos  
**Fri:** southwest egg casserole

## URBAN KITCHEN FEATURE



**Mon - Kitchen & co:** home-style cooking and comforting, traditional flavors

**Tues - Kitchen & co:** home-style cooking and comforting, traditional flavors

**Wed - Revolution Noodle:** bringing bold, time-honored flavors to the forefront with specialty noodles, fresh ingredients, and deeply flavorful broths

**Thurs - Revolution Noodle:** bringing bold, time-honored flavors to the forefront with specialty noodles, fresh ingredients, and deeply flavorful broths

**Fri - Revolution Noodle:** bringing bold, time-honored flavors to the forefront with specialty noodles, fresh ingredients, and deeply flavorful broths

## SOUPS

**MONDAY**  
 BROCCOLI CHEDDAR  
**TUESDAY**  
 CHICKEN & DUMPLING  
**WEDNESDAY**  
 BAKED POTATO  
**THURSDAY**  
 VEGETABLE MINISTRONE  
**FRIDAY**  
 WILD MUSHROOM BISQUE

MON

**Flame** | caprese burger, patty, brioche, pesto, tomato, onions, mozzarella  
**Fresh Greens** | build you own salad greens  
**Pico Italia Pizza** | buffalo chicken pizza, buffalo chicken, cheddar, shaved red onions, bleu cheese  
**Butcher & Baker** | crispy bbq chicken wrap, crispy chicken, bbq sauce, lettuce, tomato, roasted corn, cheddar

TUES

**Flame** | steak quesadilla, carne asada, cheddar, pico  
**Fresh Greens** | build you own salad greens  
**Pico Italia Pizza** | buffalo chicken pizza, buffalo chicken, cheddar, shaved red onions, bleu cheese  
**Butcher & Baker** | crispy bbq chicken wrap, crispy chicken, bbq sauce, lettuce, tomato, roasted corn, cheddar

WED

**Flame** | chili cheese dog with fries, all beef frank, chili, cheddar, french fries  
**Fresh Greens** | build you own salad greens  
**Pico Italia Pizza** | buffalo chicken pizza, buffalo chicken, cheddar, shaved red onions, bleu cheese  
**Butcher & Baker** | crispy bbq chicken wrap, crispy chicken, bbq sauce, lettuce, tomato, roasted corn, cheddar  
**Chef Table** | Women Chef Dish: Jaqui Challinor, NOMAD Australia, roast pork with ajo blanco, herb roasted fingerlings, braised carrots

THURS

**Flame** | crispy chicken club sandwich, crispy chicken, lettuce, tomato, cheddar  
**Fresh Greens** | build you own salad greens  
**Pico Italia Pizza** | buffalo chicken pizza, buffalo chicken, cheddar, shaved red onions, bleu cheese  
**Butcher & Baker** | crispy bbq chicken wrap, crispy chicken, bbq sauce, lettuce, tomato, roasted corn, cheddar

FRI

**Flame** | gyro, lamb/beef, tzatziki, diced cucumbers, diced, tomatoes, diced onions  
**Fresh Greens** | build you own salad greens  
**Pico Italia Pizza** | PI DAY, assorted savory handpies  
**Butcher & Baker** | crispy bbq chicken wrap, crispy chicken, bbq sauce, lettuce, tomato, roasted corn, cheddar



### **Cook to Order**

|                            |               |
|----------------------------|---------------|
| <b>BYO Omelet</b>          | <b>\$7.85</b> |
| <b>Breakfast Burrito</b>   | <b>\$5.55</b> |
| <b>BYO Sandwich</b>        | <b>\$4.65</b> |
| <b>Whole Egg Your Way</b>  | <b>\$1.25</b> |
| <b>Egg Whites Your Way</b> | <b>\$1.60</b> |

### **A La Carte**

|                               |               |
|-------------------------------|---------------|
| <b>Applewood Smoked Bacon</b> | <b>\$1.00</b> |
| <b>Turkey Sausage</b>         | <b>\$1.00</b> |
| <b>Sausage Patty</b>          | <b>\$1.00</b> |
| <b>Tater Tots</b>             | <b>\$1.90</b> |
| <b>Pork Green Chili</b>       | <b>\$1.90</b> |

2000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.



### **Breakfast Graze Bar**

**Take as much or as little as you'd like for \$0.60 an ounce!**

- Scrambled Eggs**
- Tater Tots**
- Pork Sausage**
- Turkey Sausage**
- Green Chili**
- Butter Biscuits**
- Black Pepper Country Gravy**

### **Build Your Own Parfait**

**Take as much or as little as you'd like for \$0.60 an ounce!**

- Low Fat Strawberry Yogurt**
- Low Fat Vanilla Yogurt**
- Greek Yogurt**
- Cottage Cheese**
- Mixed Berries**
- Mixed Pineapple, Honeydew, and Cantaloupe**
- Hard Boiled Eggs**

2000 CALORIES A DAY IS USED FOR GENERAL NUTRITION  
ADVICE, CALORIE NEEDS VARY. ADDITIONAL NUTRITION  
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# FLAME

## SELECT A PROTEIN

|                           |      |
|---------------------------|------|
| Hamburger                 | 5.90 |
| Turkey Burger             | 6.50 |
| Black Bean Burger         | 5.90 |
| Grilled Chicken Breast    | 5.90 |
| Spicy Fried Chicken Filet | 5.90 |
| Double Protein            | 1.70 |

served with lettuce, tomato, onion, and pickles on the side

## Buns

|                 |
|-----------------|
| Brioche Bun     |
| Multigrain Bun  |
| Pretzel Bun     |
| No Bread        |
| Gluten Free Bun |

## Cheese \$0.60

|            |
|------------|
| Swiss      |
| Pepperjack |
| American   |
| Cheddar    |
| Provolone  |

## UPGRADE YOUR TASTE

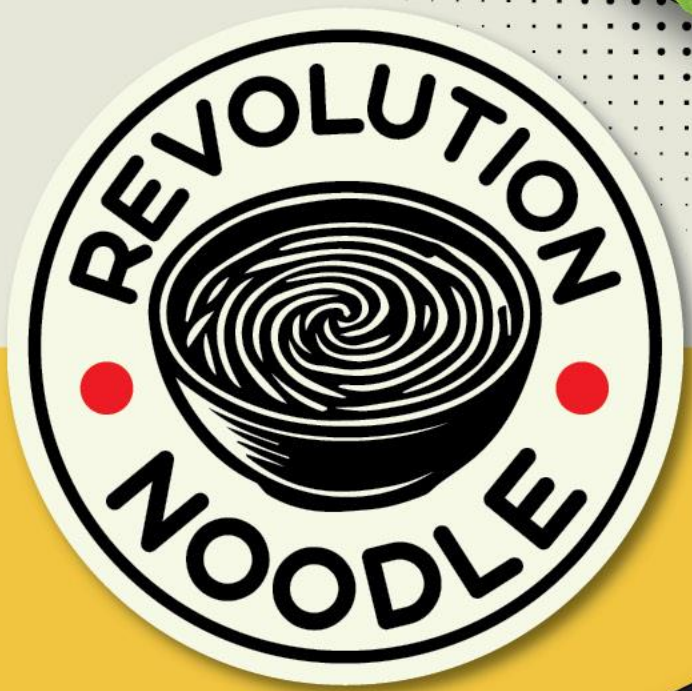
|                    |      |
|--------------------|------|
| Bacon              | 1.50 |
| Avocado            | 1.50 |
| Fried Egg          | 1.50 |
| Jalapenos          | 0.60 |
| Caramelized Onions | 0.60 |
| Roasted Mushrooms  | 0.60 |

## PICK A SIDE

|                             |      |
|-----------------------------|------|
| French Fries                | 2.65 |
| Sweet Potato Fries          | 2.65 |
| Onions Rings                | 3.85 |
| Seasonal Grilled Vegetables | 2.50 |

## HOUSE FAVORITE

|                        |      |
|------------------------|------|
| Parmesan Truffle Fries | 3.85 |
| Grilled Cheese         | 4.35 |



**MARCH 13<sup>TH</sup> - 15<sup>TH</sup>**

BRINGING BOLD, TIME-HONORED FLAVORS TO THE FOREFRONT WITH SPECIALTY NOODLES, FRESH INGREDIENTS, AND DEEPLY FLAVORFUL BROTHS.





## **Gourmet Sandwiches \$7.00**

### **Roasted Turkey Avocado BLT**

Smoked Turkey, fresh avocado, applewood bacon, pepper jack cheese on ciabatta

### **Crispy Chicken Caesar Wrap**

Romaine, shredded parmesan, caesar dressing, tomato, crispy chicken wrapped in spinach tortilla

### **Italian Hero**

Salami, ham, pepperoni, provolone, lettuce, tomato and basil on baguette

### **Muffuletta**

Olive spread, shredded lettuce, ham, capicola, salami, mortadella, provolone, mozzarella on ciabatta

### **Vegetarian**

Hummus, roasted red peppers, spinach, tomato, cucumbers, provolone on ciabatta

### **Spicy Grilled Chicken**

Grilled chicken, chipotle mayo, pickled jalapenos, lettuce, tomato, pepperjack on ciabatta



## **Build Your Own Starting at \$6.15**

**Sliced Turkey**

**Sliced Ham**

**Spicy Grilled Chicken**

**Egg Salad**

**Chicken Salad**

**Tuna Salad**

**Add Avocado +\$1.30**

**Add Extra Meat +\$1.25**

**Add Cheese +\$0.55**

**Add Bacon +\$0.95**

## **Sides \$2.35**

**Bakers Chips**

**Fit Fruit**



# piccola italia

## Rustic Style Pizza

|   |                  |
|---|------------------|
| Margherita  | 6.65             |
| House Red Sauce, Fresh Mozzarella, Tomato and Basil                           |                  |
| Carnivore   | 8.60             |
| House Pepperoni, Sausage, Salami Pecorino, and Fresh Mozzarella               |                  |
| Old Reliable  | 6.65             |
| House Red Sauce, Mozzarella, and Parmesan                                     |                  |
| White Pizza   | 8.60             |
| Grilled Chicken, Fresh Mozzarella, Ricotta, Alfredo Sauce, Italian Herb       |                  |
| Veggie Pizza  | 7.80             |
| Red Sauce, Mozzarella, Spinach, Olives, Roasted Red Pepper, Tomato, Mushrooms |                  |
| BYO Pizza   | starting at 7.25 |
| Choice of toppings  |                  |

LOVE  
AT  
FIRST  
BITE

