

EAT. DRINK. SOCIALIZE.

550 FOOD HALL

Monday – Friday | 7:00 am – 2:00 pm

Coffee Bar | 7:00am – 4:00pm

WEEK OF MAY 5TH



RISE & SHINE

MADE TO ORDER OMELET

BYO Omelet	\$5.49
Fruit Salad Cups	\$1.79
Breakfast Potatoes	\$1.79
Bacon Slice	\$0.65

BREAKFAST GRAZE | 0.56 PER OZ

Cheesy scrambled eggs
Chicken fajita breakfast burrito
Oatmeal pancakes with blueberry sauce
Spinach, tomato and goat cheese frittata

MON

GRAZE: LITTLE LIME

0.56 per oz

Chicken tinga, pork carnitas, cilantro lime cauliflower rice and pinto beans

FLAME WEEKLY FIT SPECIAL

8.99/10.99

Green burger with tahini and shredded vegetables, pair it with our house made radish jicama cucumber salad!

TUES

GRAZE: MEZZE

0.56 per oz

Chicken souvlaki, grilled garlic pita, spiced zucchini, lentils and jasmine rice

FLAME WEEKLY SPECIAL

8.99/10.99

BBQ portabella quesadilla, pair it with chips and a bubly!

WED

GRAZE: GINGER REPUBLIC

0.56 per oz

Black pepper chicken, beef and broccoli, vegetable fried rice, garlic green beans and vegetable eggrolls

FLAME BREAKFAST WEEKLY SPECIAL

6.99

Chorizo, potato and egg tacos

THURS

GRAZE: PICCOLA ITALIA

0.56 per oz

Hand breaded chicken parmesan, breaded eggplant, penne pasta, spaghetti, spicy tomato sauce, alfredo sauce, grilled asparagus

SWEET LEW'S BBQ 16.00 Plate with 2 side / 13.00 Sandwich with one side / 9.00 Ala cart sandwich

Chopped pork, smoked chicken or beef brisket sandwiches & platters
baked mac and cheese, meaty collard greens, brisket baked beans, potato salad and more

FRI

GRAZE: ISLAND EATS

0.56 per oz

Jerk chicken, spicy jerk pork, island spiced yellow rice, jerk chickpea salad and mango salsa

COFFEE BAR SPECIAL

Get a stroopwafel with any eatify purchase for the coffee bar

WEEKLY FEATURES

PICCOLA ITALIA

Meatball Pizza	8.99
BBQ Chicken Calzone	8.29
Wild Mushroom Ravioli	8.99
Roasted Turkey Club	8.99

MIX

Southwest BBQ	7.99
Aha Baja	7.99

STREET EATS

Chicken Manchurian
Vegetable Manchurian
Schezwan Fried Rice
Garlic Cashew Green Beans
Mango Pudding



eatify

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with the app today!

SOUPS

DAILY SOUPS

Mon: Beef Barley

Tues: Loaded Baked Potato

Wed: Lemon Chicken Orzo

Thurs: Garden Vegetable

Fri: Italian Wedding

**CONNECT
WITH US**



550foodhall



www.cafe-pulse.com