EAT. DRINK. Socialize. __

 $\langle \cdot \rangle_{\prime}$

EAST COMMONS CAFE

Monday - Friday | 7:30am am - 2:00 pm

WEEK OF MAY 5TH

RISE & SHINE

BREAKFAST	
Avocado Toast With Feta Cheese Marinated Tomatoes and Pickled Onions	0.56 per oz
Buttermilk Biscuits with Sausage Gravy	0.56 per oz
Breakfast Charcuterie Board	0.56 peroz
Cheese Omelet	4.20
Loaded Omelet	5.20

Graze: Burritos with pork carnitas, cauliflower barbacoa, ground turkey, pollo asado, pinto
beans, black beans red rice and chipotle roasted corn0.56 per ozCreate: Chicken pho, beef pho, mushroom pho with pork potstickers and vegetable egg rolls9.25Flame Grill: Pork carnitas chile rojo torta6.95

Graze: Chicken souvlaki, beef and mushroom kofta, falafel, spiced jasmine vegetables, tabbouleh, Greek salad and pit bread	rice, spring roasted 0.56 per oz
Create: Chicken pho, beef pho, mushroom pho with pork potstickers and ve	getable egg rolls
	9.25
Flame Grill: Rubbed mahi mahi tacos	9.39

Graze: Black pepper chicken, orange peel tofu, Peking beef, vegetable lo mein, fried rice, garlic braised napa cabbage, ginger bok choy, white rice and chicken potstickers 0.56 per oz Create: Chicken pho, beef pho, mushroom pho with pork potstickers and vegetable egg rolls 9.25 Flame Grill: Pork carnitas chile rojo torta 6.95

THURS

MON

	raze: Spicy jerk pork, jerk chicken thighs, jerk tofu, island style cabbage, roasted auliflower, sweet plantains, spiced yellow rice and coconut cream cake).56 per oz
	reate: Tuscan salad with balsamic vinaigrette, sesame soy salmon salad and jerk alad with cilantro lime vinaigrette	chicken 9.25
FI	ame Grill: Rubbed mahi mahi tacos	9.39

FRI

CONNECT

Graze: Salisbury steak with mushroom gravy, breaded chicken with blue mornay roasted potatoes, roasted cauliflower, green beans and brown rice	sauce, garlic 0.56 per oz
Create: Tuscan salad with balsamic vinaigrette, sesame soy salmon salad and jerl salad with cilantro lime vinaigrette	k chicken 9.25
Flame Grill: Pork carnitas chile rojo torta	6.95

(O) @eurestmarketplace_easttown

www.cafe-pulse.com

WEEKLY FEATURES

FIT SPECIALS

Balsamic Chicken on a Whole Wheat Wrap 5.89

Grilled Turkey Burger with Jalapeno Jack Spread and Avocado 6.95

BUTCHER BAKER

Pepperoni Flatbread	5.69
Roasted Turkey Club with Chipotle Aioli	5.69
Yellow Coconut Curry Vegetable Wrap	5.69



SOUPS

MONDAY			
Hearty Beef Chili	3.50		
Chicken Noodle	3.50		
TUESDAY			
Hearty Beef Chili	3.50		
Tomato Basil Bisque	3.50		
WEDNESDAY			
Hearty Beef Chili	3.50		
Broccoli Cheddar	3.50		
THURSDAY			
Hearty Beef Chili	3.50		
Curried Rice and Lentil	3.50		
FRIDAY			
Hearty Beef Chili	3.50		
Clam Chowder	3.50		