# EAT. DRINK. SOCIALIZE.

### **TEMPE OPS CENTER**

Monday - Friday | 7:30 am - 1:30 pm

### **WEEK OF MAY 5 2025**



### **RISE & SHINE**

#### **RRFAKFAST**

Fresh Fruit and Yogurt Parfait Bar Loaded Breakfast Burrito Loaded Omelet Mediterranean Egg White Sandwich .55 per oz 5.85 5.85 4.19 SOMETHING DELICIOUS AWAITS YOU

## MON

Meat lovers breakfast hash brown bowl

Marinated chicken breast with sauteed mushrooms, guacamole ranch sauce and
7.05
chipotle sour cream quesadilla

Turkey blt avocado whole wheat wrap, served with lemon pepper chips or a fruit cup

8.25

## .NES

Apple cinnamon walnut topped buttermilk pancakes

Crispy breaded chicken breast topped with marinara and provolone on toasted telera

8.25

Buffalo chicken cheddar sandwich, served with lemon pepper chips or a fruit cup

## NED

Meat lovers breakfast hash brown bowl

Marinated chicken breast with sauteed mushrooms, guacamole ranch sauce and
chipotle sour cream quesadilla

Turkey blt avocado whole wheat wrap, served with lemon pepper chips or a fruit cup

8.25

# HURS

Apple cinnamon walnut topped buttermilk pancakes

Crispy breaded chicken breast topped with marinara and provolone on toasted telera

8.25

Buffalo chicken cheddar sandwich, served with lemon pepper chips or a fruit cup

### 9

Meat lovers breakfast hash brown bowl

Marinated chicken breast with sauteed mushrooms, guacamole ranch sauce and chipotle sour cream quesadilla

Turkey blt avocado whole wheat wrap, served with lemon pepper chips or a fruit cup

8.25

# **CONNECT**WITH US



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# FIT SPECIALS AVAILABLE ALL WEEK

#### DELI:

Greek Turkey Whole Wheat Sandwich Thin

#### **GRILL:**

Caribbean Grilled Chicken Sandwich

#### FIT SIDE:

6.49

Chickpea Tomato Cucumber Yogurt Salad

### IN THE MARKETPLACE

"Trees are poems that the earth writes upon the sky." -Khalil Gibran "Earth breathes in us." -Matthew Edward Hall



SOUPS	
<b>MONDAY</b> Southwest Tortilla	3.15 / 4.15
<b>TUESDAY</b> Corn Chowder	3.15 / 4.15
<b>WEDNESDAY</b> Broccoli Cheddar	3.15 / 4.15
<b>THURSDAY</b> Cilantro Lime Chicken	3.15 / 4.15
<b>FRIDAY</b> French Onion	3.15 / 4.15