

# EAT. DRINK. SOCIALIZE.

## El Monte Marketplace & Café

Monday - Friday | 7:30 am - 1:30 pm

WEEK OF MAY 5th, 2025



### RISE & SHINE

#### BREAKFAST

Loaded Omelet	5.20
Sausage and Egg Burrito	4.59
Three Pancakes or French Toast	6.49
Bacon, Egg and Cheese Croissant	4.59

SOMETHING  
**DELICIOUS**  
AWAITS YOU

MON

Chilaquiles with seasoned beans, scrambled eggs, and chipotle salsa	5.20
Chipotle pineapple and pepperjack cheese beef burger in a lettuce bun	7.35
Cinco de Mayo: Pork carnitas and cauliflower barbacoa with your choice of sides!	0.57 per oz

TUES

Spinach with roasted tomato and goat cheese frittata	3.69
Shredded smoked pork with black beans and chipotle mayonnaise in a torta	7.35
Chicken cordon bleu with garlic mashed potatoes, green beans and garlic bread	0.57 per oz

WED

Chilaquiles with seasoned beans, scrambled eggs, and chipotle salsa	5.20
Chipotle pineapple and pepperjack cheese beef burger in a lettuce bun	7.35
AAP! Heritage: Orange peel chicken with black pepper chicken and more!	0.57 per oz

THURS

Spinach with roasted tomato and goat cheese frittata	3.69
Shredded smoked pork with black beans and chipotle mayonnaise in a torta	7.35
Chicken parmesan with spaghetti and marinara sauce with a caesar salad	0.57 per oz

FRI

Chilaquiles with seasoned beans, scrambled eggs, and chipotle salsa	5.20
Chipotle pineapple and pepperjack cheese beef burger in a lettuce bun	7.35
Pork carnitas rice bowl with seasoned pinto beans and green onions	10.05

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WITH US



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www.cafe-pulse.com

### FIT SPECIALS

AVAILABLE ALL WEEK

#### DELI:

Tuna Salad on Whole Wheat Toasted Sandwich Thins

#### GRILL:

Barbecue Portobello Mushroom Hoagie Sandwich

#### FIT SIDE:

Grilled Pineapple Wedges

### IN THE MARKETPLACE

Join us at the Entrée Station for Cinco de Mayo! Pork Carnitas and Cauliflower Mayo! Pork Carnitas and Cauliflower Barbacoa with all your favorite sides!  
\$0.57 per oz



**eatify**

Download and order  
with the app today!

### SOUPS

#### MONDAY

Chicken Noodle 3.45-3.85

#### TUESDAY

Chef Martin's Pozole 4.65-5.05

#### WEDNESDAY

Hot and Sour Soup 3.45-3.85

#### THURSDAY

Broccoli Cheddar 3.45-3.85

#### FRIDAY

Clam Chowder 3.45-3.85