

EAT. DRINK. SOCIALIZE.

BARNHART BISTRO

Monday - Friday | 7:00 am - 1:30 pm

WEEK OF May 5



RISE & SHINE

BREAKFAST

| | |
|-------------------------------------|------|
| 2 Strips of Bacon | 1.90 |
| Meatless Sausage, Egg, Cheese Bagel | 4.20 |
| Bacon, Egg and Cheese Croissant | 4.20 |
| Sausage, Egg, Cheese, Biscuit | 3.90 |

SOMETHING
DELICIOUS
AWAITS YOU

MON

| | |
|---|------|
| Chorizo mushroom scramble, chilaquiles style | 5.25 |
| FIT: Creamy house-made avocado hummus with roasted vegetables on whole wheat sandwich thin | 5.89 |
| Fiesta de Mayo: Smothered carne asada burrito stuffed with spicy black beans, red rice, steak, and salsa smothered in queso and enchilada sauce | 7.40 |

TUES

| | |
|--|------|
| The Big Breakfast: Scrambled eggs, choice of protein, potato patty, and a biscuit with country gravy | 5.95 |
| FIT Breakfast: Blueberries, vanilla yogurt, granola parfait | 2.49 |
| BYO wrap/salad bar featuring turkey, ham, roast beef, an assortment of fresh and roasted vegetables, and choice of dressings, and toppings | 7.40 |

WED

| | |
|---|------|
| Build Your Own Parfait: choice of fat free greek or vanilla yogurt, fruit, and toppings such as granola, chocolate chips, chia seed, coconut, and almonds | 5.25 |
| FIT: Fresh fruit cup | 2.09 |
| Personal pizza with sundried tomatoes, creamy garlic sauce, and chicken | 7.40 |

THURS

| | |
|---|------|
| 2 biscuits and country gravy and 2 scrambled cage free eggs | 5.25 |
| FIT: Creamy house-made avocado hummus with roasted vegetables on whole wheat sandwich thin | 5.89 |
| Cheese ravioli and meatball bowl with pesto marinara sauce, mushrooms, spinach, and parmesan cheese | 8.25 |

FRI

| | |
|--|------|
| Going Continental: House-baked muffin, fruit salad, and 12oz drip coffee | 5.25 |
| FIT Breakfast: Blueberries, vanilla yogurt, granola parfait | 2.49 |
| BYO wrap/salad bar featuring turkey, ham, roast beef, an assortment of fresh and roasted vegetables, and choice of dressings, and toppings | 7.40 |

CONNECT
WITH US



barnhart_bistro



www.cafe-pulse.com

FIT SPECIALS

AVAILABLE ALL WEEK

DELI:

Avocado Hummus Roasted Vegetable WW Sandwich Thin

GRILL:

Closed

FIT SIDE:

Melon Grapes and Pineapple

IN THE MARKETPLACE

Celebrate the baristas behind your coffee on May 8th. We honor their skill, dedication, and passion for crafting each beverage.

Recognize these talented individuals who transform a simple cup of coffee into a delightful experience.



eatify

Download and order
with the app today!

SOUPS

MONDAY

| | |
|-----------------------|------|
| Vegetable Beef Barley | 2.80 |
|-----------------------|------|

TUESDAY

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|----------------------|------|
| Stop Food Waste Soup | 2.80 |
|----------------------|------|

WEDNESDAY

| | |
|---------------------|------|
| Mushroom Bisque (v) | 2.80 |
|---------------------|------|

THURSDAY

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|----------------------|------|
| Stop Food Waste Soup | 2.80 |
|----------------------|------|

FRIDAY

| | |
|------------------|------|
| Tomato Basil (v) | 2.80 |
|------------------|------|