EAT. DRINK. SOCIALIZE.

ROANOKE MARKETPLACE

Monday - Friday | 7:00 am - 2:00 pm

WEEK OF MAY 5, 2025



RISE & SHINE

RRFAKFAST

Fresh Fruit and Yogurt Parfait Bar Loaded Breakfast Burrito Loaded Omelet

Sausage, Egg & Cheese Croissant

SOMETHING 5.50 5.80 4.09

SOMETHING DELICIOUS AWAITS YOU

FIT SPECIALS AVAILABLE ALL WEEK

DFI I:

Tuna on Wheat Thin

GRILL:

Herbed Tahini Green Burger

FIT SIDE:

Strawberry Chicken Salad

MOM

Fried chicken, biscuit, smoked bacon, and sausage gravy	5.75
Beef burger topped with fresh shredded lettuce, tomatoes, roasted barbecue onions,	5.79
and crispy onions	
Quesabirria beef tacos served with black bean and corn salad	10.29

UES

Baked eggs with fresh spinach, tomato, onions, parmesan and goat cheese

Green burger patty topped with herbed green tahini, cilantro, shredded carrots and
5.79
shredded cabbage

Chicken adobo served with calrose rice and vegetable

NED

Fried chicken, biscuit, smoked bacon, and sausage gravy

5.79

Beef burger topped with fresh shredded lettuce, tomatoes, roasted barbecue onions, and crispy onions

BBQ pulled pork served with grilled pineapple and mint slaw

HURS

Baked eggs with fresh spinach, tomato, onions, parmesan and goat cheese

Green burger patty topped with herbed green tahini, cilantro, shredded carrots and 5.79 shredded cabbage

Honey bourbon pork loin served with wild rice medley and broccoli and carrots

F

Fried chicken, biscuit, smoked bacon, and sausage gravy

Beef burger topped with fresh shredded lettuce, tomatoes, roasted barbecue onions, and crispy onions

Buttermilk fried chicken served with mashed potatoes and green beans

5.79

CONNECTWITH US



Roanoke marketplace



www.cafe-pulse.co

IN THE MARKETPLACE

Join us Monday to celebrate Fiesta de Mayo



SOUPS	
MONDAY Tomato Basil	4.40
TUESDAY Lemon Chicken Orzo	4.40
WEDNESDAY Black Bean	4.40
THURSDAY Broccoli Cheddar	4.40
FRIDAY Vegetarian Minestrone	4.40