

JUNE HAPPENINGS

WEEKLY DEAL: GLORY DAYS GRILL OUT



Celebrate the arrival of summer with a classic grill-out experience featuring smoky flavors. Every **Thursday** this month (**June 4, June 11, June 18, and June 25**) enjoy a combination of backyard favorites for just \$10.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

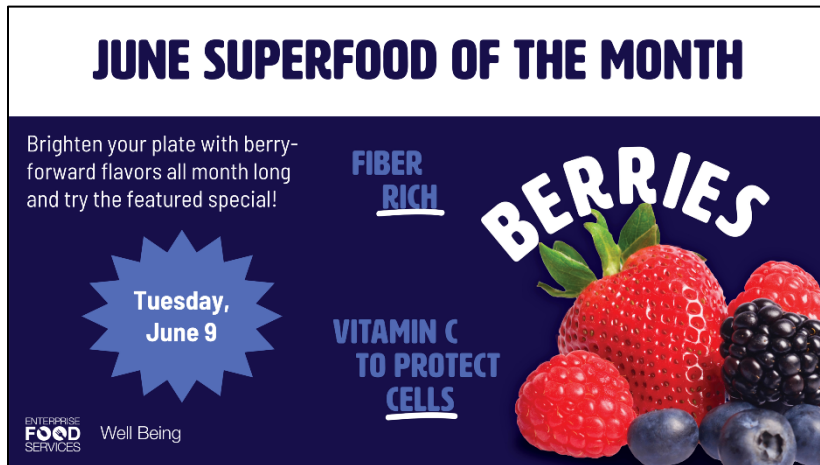
NATIONAL DONUT DAY



Treat yourself this National Donut Day, **Friday, June 5!** Buy one donut, get one half off during breakfast, while supplies last.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

SUPERFOOD OF THE MONTH: BERRIES



Berries are June’s Superfood of the Month. Bursting with antioxidants, fiber, and natural sweetness, berries help protect cells. Enjoy berry-forward offerings in the cafés all month long including a featured special on **Tuesday, June 9**.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

CHEF’S TABLE: GLOBAL GAME



Join us at select cafés for a Chef’s Table to celebrate the global game with a curated lineup of globally inspired flavors. Official FIFA trophy cup merchandise will also be available for purchase at participating cafés starting Monday, June 1.

Where: Chef’s Table will be available at the following cafés on the following dates:

Date	North Cafés	South Cafés
Monday, June 15	-	Renton 10-20
Tuesday, June 16	Towers 40-92	SDC 3-800
Wednesday, June 17	EDC 45-11	Military 9-94
Wednesday, June 24	Bomarc 45-80	-

CULINARY LAUNCH: MEZZE BOWL



Experience our refreshed Mezze Bowls on **Tuesday, June 30**. Layer bold Mediterranean flavors with crisp vegetables, hearty grains, and savory proteins, all enhanced with quality ingredients for even more to love.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

LIMITED TIME OFFER: JUNE COOKIES

<p>FIESTA-READY FLAVOR Savor the celebration with a Cinnamon Churro Maple Cookie.</p> <p>Available for a limited time! MADE WITH CINNAMON SPICE AND RICH MAPLE SWEETNESS, WITH A CRISP CHURRO-STYLE CINNAMON EXTERIOR AND SOFT CENTER.</p>	<p>PEANUTTY PERFECTION Savor the decadent genius of the Peanut Chocolate Chip cookie!</p> <p>Available for a limited time! MADE WITH PEANUT BUTTER FLAVORED CHIPS AND CHOCOLATE CHIPS INTERTWINED WITH ROASTED PEANUTS AND TOFFEE CANDY PIECES.</p>
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Celebrate the flavors of the season! Satisfy your sweet tooth with our seasonal cookie flavors - Cinnamon Churro Maple and Peanut Chocolate Chip.

Where: Available at all cafés.

LIMITED TIME OFFER: JUNE SOUPS



Refresh with our fresh, limited-time soups – warm, hearty, and here for a short season. Get them while they're hot!

Where: Available at all cafés. At Seattle (2-122), soup is only available Wednesday – Thursday.

LIMITED TIME OFFER: RED BULL SUMMER EDITION





Red Bull Summer Edition has arrived! Energize with the citrus notes of zesty lime, tangy sudachi (a Japanese citrus fruit), and the subtle hint of pomelo. Available all month long, while supplies last for just \$3.99.

Where: Available at all cafés.

WELLNESS PROGRAM: EAT FIT

WHAT MAKES SOMETHING FIT?

FIT meals, entrees, and side dishes serve as a guide for items that meet dietary recommendations regarding calories, fat, and sodium.

	FULL MEAL	Calories per serving ≤600 Sat. Fat ≤5g, Sodium ≤600mg
	ENTREE	Calories per serving ≤400 Sat. Fat ≤5g, Sodium ≤600mg
	SIDE	Calories per serving ≤250 Sat. Fat ≤2g, Sodium ≤250mg

Look for offerings marked with this unique identifier.



Well Being

ENTERPRISE
FOOD
SERVICES

In collaboration with the Well Being team, our chefs and registered dietitians work together to bring peak flavor to menu items that are good for you and meet U.S. health guidelines. Look for FIT offerings marked with their unique identifier throughout the cafés and fuel your day the right way.

Visit the café website for nutritional information available [here](#).