

JANUARY HAPPENINGS

WEEKLY DEAL: BREAKFAST WINS



Enterprise Food Services

MAKE BREAKFAST YOUR FIRST WIN OF THE DAY!

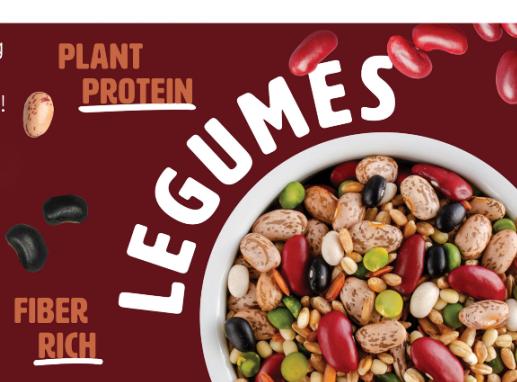
WEEKLY DEAL

Tuesday, January 6 | Tuesday, January 13 | Thursday, January 22 | Thursday, January 29

Start the new year right by making breakfast your first win of the day! Join us for our weekly breakfast specials on select **Tuesdays (January 6 and January 13)** and **Thursdays (January 22 and January 29)** to fuel your mornings with flavor.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

SUPERFOOD OF THE MONTH: LEGUMES



Enterprise Food Services

Well Being

Wednesday, January 14

PLANT PROTEIN

FIBER RICH

LEGUMES

Legumes are January's Superfood of the Month. Packed with plant-based protein, fiber, and essential nutrients, legumes are a powerhouse for heart health and energy. You'll find legumes throughout the cafés all month long, including a featured special on **Wednesday, January 14**.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

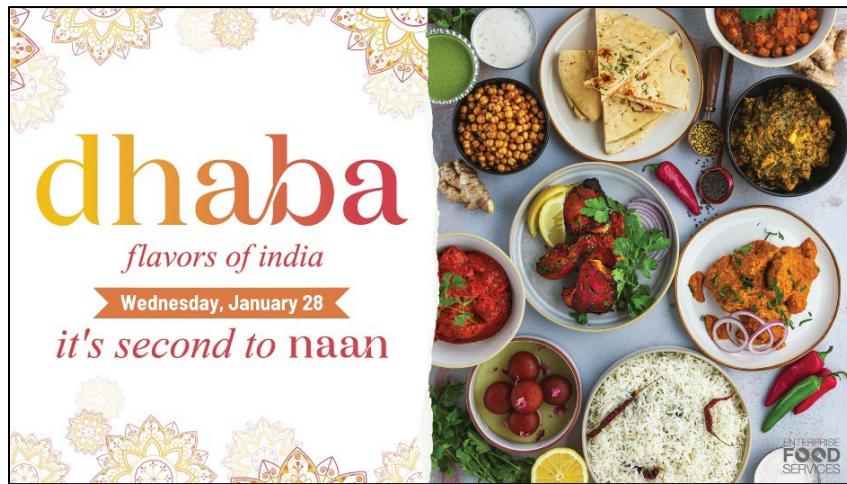
GEAR UP FOR GAME DAY



The biggest college football showdown of the year deserves flavors worth cheering for. Bring your appetite and tackle the ultimate lineup of tailgate favorites on **Monday, January 19**.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

CULINARY HIGHLIGHT: DHABA TIKKA BOWL



Dhaba Tikka Bowl offers a unique customizable meal experience. Choose from tandoori-spiced proteins, signature sauces, and fresh vegetables to create your perfect rice or salad bowl on **Wednesday, January 28**.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

LIMITED TIME OFFER: JANUARY COOKIES

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PECAN'T RESIST THE TEMPTATION

Treat yourself to the charm of a Southern Butter Pecan Cookie.



Available for a limited time!

MADE WITH A DELICIOUS BLEND OF CRUNCHY PECANS, SWEET TOFFEE CANDY PIECES, AND TOUCH OF BROWN SUGAR.

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ISLAND VIBE IN EVERY BITE!

It's lime to indulge in a Coconut Key Lime Cookie.



Available for a limited time!

MADE WITH 100% BUTTER AND CHOCK-FULL OF WHITE CHOCOLATE CHIPS, REAL COCONUT FLAKES AND NATURAL KEY LIME FLAVOR.

Celebrate the flavors of the season! Satisfy your sweet tooth with our seasonal cookie flavors – Coconut Key Lime and Southern Butter Pecan.

Where: Available at all cafés.

LIMITED TIME OFFER: JANUARY SOUPS

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WINTER SOUP

All Month Long

Fresh.
Seasonal.
Just for Winter.



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Cozy up with our fresh, limited-time winter soups – warm, hearty, and here for a short season. Get them while they're hot!

Where: Available at all cafés.

LIMITED TIME OFFER: OIKOS CHOCOLATE PROTEIN SHAKE



UP YOUR SHAKE GAME

\$4.25

30g COMPLETE PROTEIN NO ARTIFICIAL SWEETENERS 5g PREBIOTIC FIBER

Available January Only, While Supplies Last.

CHOCOLATE FLAVORED WITH OTHER NATURAL FLAVORS

OIKOS PROTEIN SHAKE

30g PROTEIN

1g SUGAR NO ARTIFICIAL SWEETENERS 5g PREBIOTIC FIBER

ENTERPRISE FOOD SERVICES

Up your protein game with the Oikos Chocolate Protein Shake for just \$4.25 all month long. Packed with protein and flavor, it's the ultimate way to power through your day and crush your goals.

Where: Available at all cafés

WELLNESS PROGRAM: EAT FIT

WHAT MAKES SOMETHING FIT?

FIT meals, entrees, and side dishes serve as a guide for items that meet dietary recommendations regarding calories, fat, and sodium.



FULL MEAL

Calories per serving **≤600**

Sat. Fat ≤5g, Sodium ≤600mg



ENTREE

Calories per serving **≤400**

Sat. Fat ≤5g, Sodium ≤600mg



SIDE

Calories per serving **≤250**

Sat. Fat ≤2g, Sodium ≤250mg

Well Being

Look for offerings marked with this unique identifier.



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In collaboration with the Well Being team, our chefs and registered dieticians work together to bring peak flavor to menu items that are good for you and meet U.S. health guidelines. Look for FIT offerings marked with their unique identifier throughout the cafés and fuel your day the right way.

Visit the café website for nutritional information available [here](#).