

FEBRUARY HAPPENINGS

WEEKLY DEAL: BE HEART SMART

ENTERPRISE
FOOD
SERVICES

It's February!

LET'S BE SMART

MAKE YOUR HAPPY



Wednesday, February 4 | Wednesday, February 11 | Wednesday, February 18 | Wednesday, February 25

February is American Heart Month, and we're grilling up goodness for your heart. Celebrate with flavor and value every **Wednesday (February 4, February 11, February 18, and February 25)** featuring heart-healthy grill specials you'll love.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

GEAR UP FOR GAME DAY

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ARE YOU READY?

GEAR UP FOR GAME DAY WITH YOUR **FAN FOOD FAVES**



Friday,
February 6

The biggest game day of the year deserves flavors worth cheering for. Kick off the weekend early and tackle a winning lineup of fan favorites on **Friday, February 6**.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

GOOD MOOD MONDAY

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GOOD MOOD MONDAY

START YOUR WEEK WITH A BOOST!

Monday, February 9
Monday, February 23



Good Mood Monday is here to bring you delicious ways to start your week. Whether you're craving comfort on **Monday, February 9**, or looking to explore bold flavor mashups on **Monday, February 23**, tasty options await.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

SUPERFOOD OF THE MONTH: CARROTS

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FEBRUARY SUPERFOOD OF THE MONTH

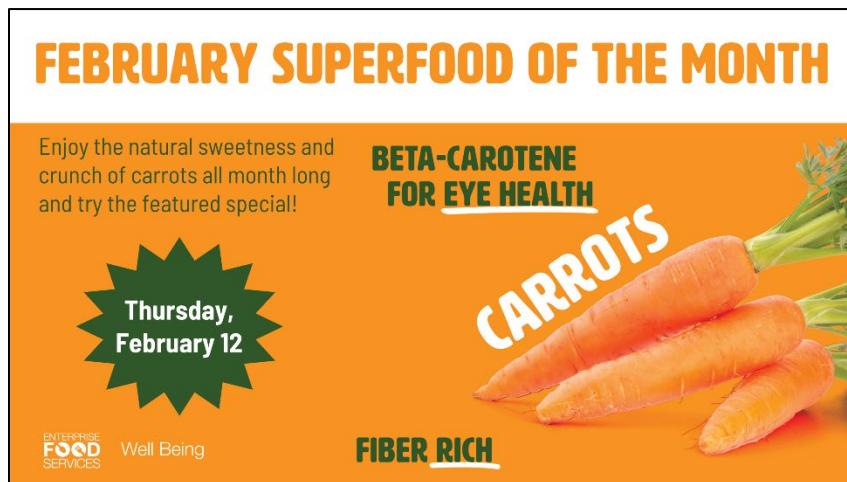
Enjoy the natural sweetness and crunch of carrots all month long and try the featured special!

Thursday, February 12

BETA-CAROTENE
FOR EYE HEALTH

CARROTS

FIBER RICH



Carrots are February's Superfood of the Month. Loaded with beta-carotene, fiber, and antioxidants, carrots support eye health, immunity, and overall wellness. You'll find carrots throughout the cafés all month long, including a featured special on **Thursday, February 12**.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

CULINARY HIGHLIGHT: THAI & TRUE



Thai and True celebrates the bold, balanced flavors of Thai cuisine. Choose from three delicious curries, each blending aromatic spices, fresh vegetables, and bright herbs. Discover your favorite on **Tuesday, February 17**.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

LIMITED TIME OFFER: FEBRUARY COOKIES



Celebrate the flavors of the season! Satisfy your sweet tooth with our seasonal cookie flavors – Coconut Key Lime and Southern Butter Pecan.

Where: Available at all cafés.

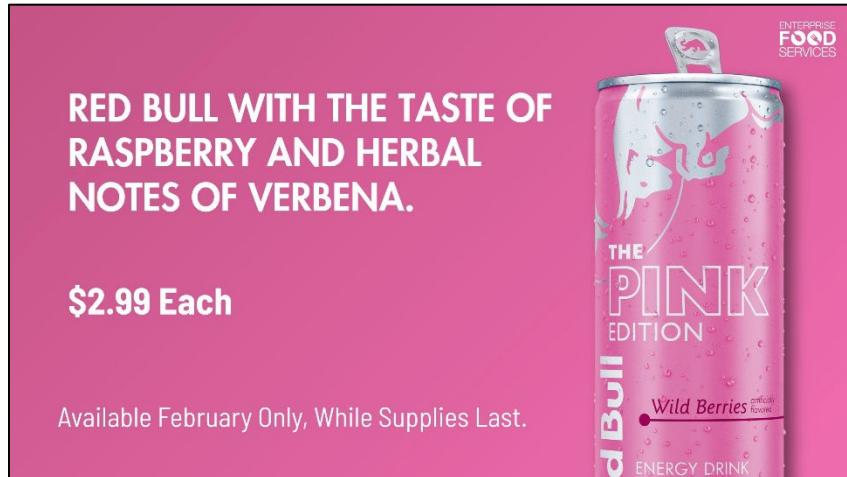
LIMITED TIME OFFER: FEBRUARY SOUPS



Cozy up with our fresh, limited-time winter soups – warm, hearty, and here for a short season. Get them while they're hot!

Where: Available at all cafés.

LIMITED TIME OFFER: RED BULL PINK EDITION



Fuel your February with the vibrant flavors of Red Bull Pink Edition – Wild Berries. Enjoy a refreshing twist for only \$2.99 all month long.

Where: Available at all cafés

WELLNESS PROGRAM: EAT FIT

WHAT MAKES SOMETHING FIT?

FIT meals, entrees, and side dishes serve as a guide for items that meet dietary recommendations regarding calories, fat, and sodium.



FULL MEAL

Calories per serving ≤ 600
Sat. Fat $\leq 5g$, Sodium $\leq 600mg$



ENTREE

Calories per serving ≤ 400
Sat. Fat $\leq 5g$, Sodium $\leq 600mg$



SIDE

Calories per serving ≤ 250
Sat. Fat $\leq 2g$, Sodium $\leq 250mg$

Well Being

Look for offerings marked with this unique identifier.



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In collaboration with the Well Being team, our chefs and registered dieticians work together to bring peak flavor to menu items that are good for you and meet U.S. health guidelines. Look for FIT offerings marked with their unique identifier throughout the cafés and fuel your day the right way.

Visit the café website for nutritional information available [here](#).