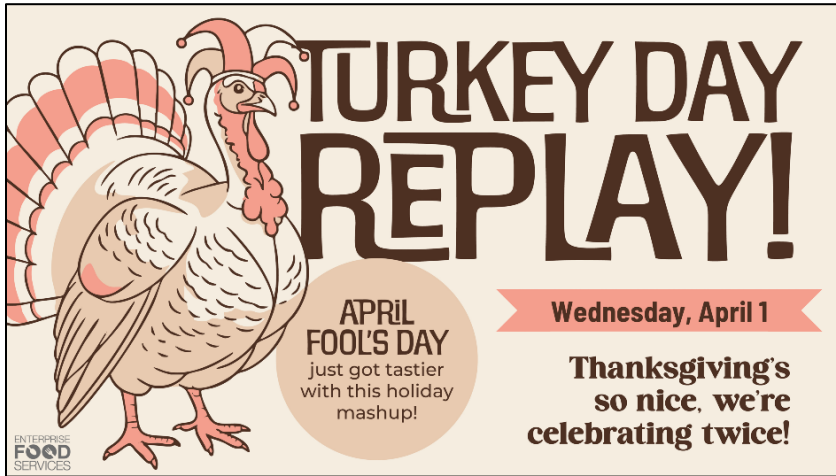


APRIL HAPPENINGS

TURKEY DAY REPLAY



Happy Thanksgiving! This is no joke – we're turning tradition on its head by serving a Thanksgiving feast on **Wednesday, April 1**

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

CULINARY HIGHLIGHT: TURO-TURO



Experience the bold flavors and cultural diversity of the Philippines with our chef-driven Turo-Turo menu on **Friday, April 3**.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

GOOD MOOD MONDAY



Monday Mashup is your chance to explore unique flavor pairings. Join us on **Monday, April 6** to surprise your taste buds and kick off the week with something bold and delicious.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

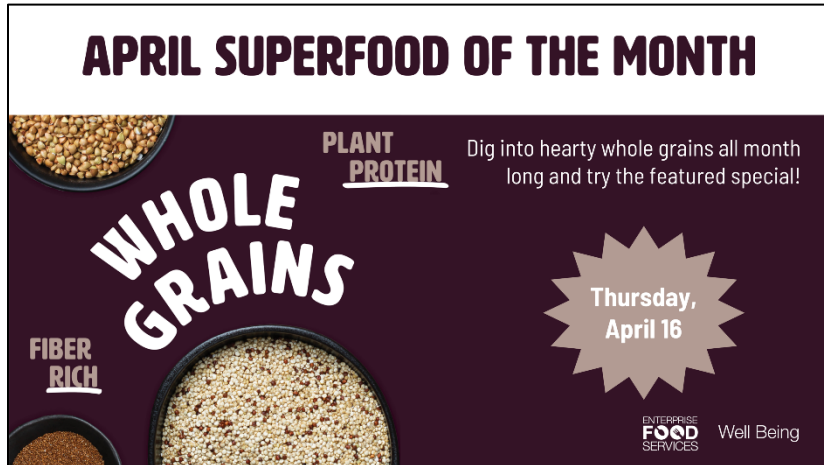
WEEKLY DEAL: GRILLED CHEESE MONTH



April is Grilled Cheese Month. Indulge in our specialty grilled cheese sandwiches paired with a cup of soup for the ultimate comfort-food pairing, every **Tuesday (April 7, April 14, April 21, and April 28)**.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

SUPERFOOD OF THE MONTH: WHOLE GRAINS



Whole Grains are April's Superfood of the Month. Nutritious, hearty and packed with protein to keep you energized throughout the day. Whole Grains are available throughout the cafés all month long, including a featured special on **Thursday, April 16**.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

EARTH DAY



Earth Day is **Wednesday, April 22**. Build your own Earth Bowl with fresh, local ingredients and create a meal that's just right for you. Plus, bring your own cup and enjoy 20¢ off your drip coffee.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

STOP FOOD WASTE DAY



In celebration of Stop Food Waste Day on **Wednesday, April 29**, we'll be showcasing creative ways to eliminate food waste while creating memorable dishes.

Where: Available at all cafés except Frederickson (24-50 & 24-60), Kent (18-61), Thompson (14-01), and Seattle (2-122).

LIMITED TIME OFFER: APRIL COOKIES

TASTE THE ADVENTURE
Take a chocolate detour with our Rocky Road Cookie!

Available for a limited time! | A CHOCOLATE MEDLEY OF REAL WHITE AND SEMI-SWEET CHOCOLATE CHIPS, TOFFEE CANDY PIECES, AND REAL COCOA.

CHERRY-PICK YOUR SWEET TREATS
Enjoy the perfect sweet-tart blend with our White Chocolate Cherry Cookies!

Available for a limited time! | A DECADENT COOKIE MADE WITH DELICIOUSLY INTERTWINED DRIED, RED TART CHERRIES AND REAL WHITE CHOCOLATE

Celebrate the flavors of the season! Satisfy your sweet tooth with our seasonal cookie flavors – Rocky Road and White Chocolate Cherry.

Where: Available at all cafés.

LIMITED TIME OFFER: APRIL SOUPS



Refresh with our fresh, limited-time winter soups – warm, hearty, and here for a short season. Get them while they're hot!

Where: Available at all cafés. At Seattle (2-122), soup is only available Wednesday – Thursday.

LIMITED TIME OFFER: PEPSI ZERO






Refresh your day with Pepsi Zero for just \$2.50 all month long. All the bold flavor you love with zero sugar.

Where: Available at all cafés.

WELLNESS PROGRAM: EAT FIT

WHAT MAKES SOMETHING FIT?

FIT meals, entrees, and side dishes serve as a guide for items that meet dietary recommendations regarding calories, fat, and sodium.

	FULL MEAL	Calories per serving ≤600 Sat. Fat ≤5g, Sodium ≤600mg
	ENTREE	Calories per serving ≤400 Sat. Fat ≤5g, Sodium ≤600mg
	SIDE	Calories per serving ≤250 Sat. Fat ≤2g, Sodium ≤250mg

Look for offerings marked with this unique identifier.



Well Being

ENTERPRISE
FOOD
SERVICES

In collaboration with the Well Being team, our chefs and registered dietitians work together to bring peak flavor to menu items that are good for you and meet U.S. health guidelines. Look for FIT offerings marked with their unique identifier throughout the cafés and fuel your day the right way.

Visit the café website for nutritional information available [here](#).