



THE BLUES CAFÉSM

September 8 – September 12

FLAME GRILL

- Banh Mi Steak Hoagie
- Sesame Soy Grilled Salmon Fillet

TUESDAY

Mac & Cheesyology

- Buffalo Chicken
- Southwest Chorizo

BREAKFAST BUFFET FEATURES

Tuesday — Pancakes

Wednesday — Biscuits & Gravy

Thursday — French Toast

PIZZA

- BBQ Chicken Pizza
- Broccoli Cheddar Calzone

WEDNESDAY

Roost

- Cajun Rotisserie Chicken

SOUPS

Monday — Chicken Orzo

Tuesday — Cauliflower Bisque

Wednesday — Baked Potato

Thursday — Broccoli Cheddar

BUTCHER & BAKER

- Italian Hoagie Sub
- Roasted Turkey & Swiss on Pretzel roll
- All American Wrap n
- Pesto, Fontina, Arugula, & Tomato on Ciabatta

THURSDAY

Mezze

- Lamb & Beef Gyro
- Chicken Souvlaki Gyro

CAFÉ HOURS

Monday -Thursday

Breakfast service 7-9:30 a.m.

Lunch service 11-1:30 p.m.

Café closed on Fridays

[Visit us online](#) to find nutritional information.

Order ahead for a specific pick-up time
with [desktop ordering](#).

Jamie Scott | Director of Dining Services | Jamie.Scott@compass-usa.com | 515-376-4345

Brandon Liss | Executive Chef | Brandon.liss@compass-usa.com | 515-376-4344



Next week's features

Tuesday, September 16

Pico Mesa – Street Tacos & Guacamole

Wednesday, September 17

Nice Thai – Green Curry Chicken

Thursday, September 18

Kitchen & Co – Meatloaf

*Check out the new
Yogurt Parfait bar and
Features at breakfast!*



*Blues Café hours:
Monday – Thursday
7:00 a.m. – 1:30 p.m.*

*Visit Inside Wellmark
for more information.*