

THE BLUES CAFÉSM

April 6 – April 10

FLAME GRILL

- Turkey and Spinach Mac & Grilled Cheese
- Maple Mustard Salmon

PIZZA

- Hot Honey Pepperoni Pizza
- Caprese Calzone

BUTCHER & BAKER

- Italian Hoagie Sub
- Roasted Turkey & Swiss on Pretzel roll
- Churrasco Beef Wrap
- Ham & Gouda Baguette

TUESDAY

Earth Bowl

- Carved Southwest Pork Loin
- Pollo Asado (chicken)
- Chipotle BBQ Tofu

WEDNESDAY

Mac & Cheesyology

- Crispy Buffalo Chicken
- Steakhouse Braised Beef

THURSDAY

Rev Noodle

- Pho Noodle bowl with Beef or Chicken
- Tofu with vegan Lemongrass Broth

BREAKFAST BUFFET FEATURES

Tuesday — Pancakes

Wednesday — Biscuits & Gravy

Thursday — French Toast

SOUPS

Monday — Creole Chicken Gumbo

Tuesday — Caldo Verde

Wednesday — Baked Potato

Thursday — Baja Chicken Enchilada

CAFÉ HOURS

Monday – Thursday

Breakfast service 7-9:30 a.m.

Lunch service 11-1:30 p.m.

[Visit us online](#) to find nutritional information.

Order ahead for a specific pick-up time with [desktop ordering](#).

Jamie Scott | Director of Dining Services | Jamie.Scott@compass-usa.com | 515-376-4345

Brandon Liss | Executive Chef | Brandon.liss@compass-usa.com | 515-376-4344





Next week's features

Tuesday, April 14

Dhaba – Chicken Tikka or Matar Paneer

Wednesday, April 15

Chef's Table – with Chef Jeremy Benda

Thursday, April 16

*Big City BBQ – BBQ Baby Back Ribs or
Smoked Chicken Thighs*



Blues Cafè hours:
*Monday – Thursday
7:00 a.m. – 1:30 p.m.*

**Visit Inside Wellmark
for more information.**