



# THE BLUES CAFÉ<sup>SM</sup>

March 9 – March 13

## FLAME GRILL

- Ancho Honey Glazed Salmon
- Meatloaf Melt

## TUESDAY

### *Earth Bowl*

- Tex Mex Bowl
- Flank Steak
- Asado Chicken
- Chickpea Poblano Cake

## BREAKFAST BUFFET FEATURES

Tuesday — Pancakes

Wednesday — Biscuits & Gravy

Thursday — French Toast

## PIZZA

- Pepperoni & Jalapeno Pizza
- Buffalo Chicken Calzone

## WEDNESDAY

### *Island Eats*

- Jerk Chicken Thighs
- Jamaican Curry Beef Stew
- Island Yellow Rice
- Caribbean Carrot Salad
- Fried Plantains

## SOUPS

Monday — Thai Chicken & Rice

Tuesday — Pozole

Wednesday — Broccoli Cheese

Thursday — Thai Red Curry Lentil

## BUTCHER & BAKER

- Italian Hoagie Sub
- Roasted Turkey & Swiss on Pretzel roll
- Chopped Greek Wrap – vegetarian
- Turkey, Pimento, & Candied Bacon Sandwich

## THURSDAY

### *Thai & True*

- Chicken Yellow Curry
- Shrimp & Pineapple Curry
- Green Bean Tomato Salad
- Steamed Jasmine Rice

## CAFÉ HOURS

Monday – Thursday

Breakfast service 7-9:30 a.m.

Lunch service 11-1:30 p.m.

[Visit us online](#) to find nutritional information.

Order ahead for a specific pick-up time with [desktop ordering](#).



# Next week's features

**Tuesday, March 16**

*Kitchen & Co – Corned Beef*

**Wednesday, March 17**

*Bibimbap – Bulgogi Beef &  
Gochujang Chicken*

**Thursday, March 18**

*Cool Chicks – Pork Wings & Boneless  
Chicken Wings*



**Blues Cafè hours:**  
*Monday – Thursday  
7:00 a.m. – 1:30 p.m.*

**Visit Inside Wellmark  
for more information.**