



# READY MADE MEALS

Powered by Food with Purpose



## LOOKING FOR A HEALTHY & CONVENIENT MEAL OPTION?

Try our pre-cooked meals made with high quality ingredients. Each meal serves two and can be reheated in under 8 minutes, delivering a balanced and satisfying meal

**AVAILABLE AFTER 11 A.M. IN THE C-STORE**

### On The Menu

#### SEPTEMBER 1<sup>ST</sup>- SEPTEMBER 5<sup>TH</sup>

##### **CAULIFLOWER STEAK COMBO**

cauliflower steak with whipped sweet potatoes, and broccoli  
(490 CAL)

##### **BAJA GRILLED SHRIMP COMBO**

baja grilled shrimp with black beans, corn and rice  
(770 CAL)

#### SEPTEMBER 15<sup>TH</sup>- SEPTEMBER 19<sup>TH</sup>

##### **GRILLED LEMON PEPPER SALMON WITH QUINOA & BRUSSELS**

grilled lemon pepper salmon served with quinoa and turmeric spiced brussels sprouts  
(505 CAL)

##### **SPICY TOFU VEGGIE RICE BOWL**

cilantro lime brown rice topped with spicy tofu, tomatoes, cilantro, and onions  
(610 CAL)

#### SEPTEMBER 8<sup>TH</sup>- SEPTEMBER 12<sup>TH</sup>

##### **THAI PEANUT SLAW**

thai chicken with brown rice, sweet & sour slaw with peanuts  
(530 CAL)

##### **SPICED GARBANZO WITH SWEET POTATOES AND BRUSSELS**

Indian spiced garbanzo beans with eggplant served with roasted sweet potatoes and balsamic brussels sprouts  
(475 CAL)

#### SEPTEMBER 22<sup>ND</sup>- SEPTEMBER 26<sup>TH</sup>

##### **CHICKEN MACHACA**

chicken breast topped with fresh tomatoes, peppers, onions, and seasoning served with black beans and chili jicama cucumber salad  
(355 CAL)

##### **VEGETABLE RIGATONI WITH MUSHROOMS**

grilled vegetables and tomato basil rigatoni with mushrooms  
(345 CAL)

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**SAVE TIME | SAVE MONEY | EAT BETTER | HAVE FUN**