READY MADE MEALS

Powered by Food with Purpose



Available at Optum & 9800 locations.

Pickup anytime after 11am in your C-store. No pre-order required.
Follow heating or cooking instructions and enjoy!

On the Menu:

NOV 2 - NOV 6

LEMON HERB CHICKEN & WILD RICE
lemon herb chicken served with wild rice, roasted mushrooms, and tomatoes [403 calories]

PLANTIFUL BOWL WITH BOK CHOY
braised baby bok choy, roasted butternut squash, edamame and farro, drizzled with peanut sauce.
[466 calories]

NOV 9 - NOV 13

BRAISED BEEF WITH MUSHROOMS & TORTELLINI
tender beef, mushrooms, cheese tortellini, tomato ragout, and parmesan cheese [404 calories]

GOCHUJANG TOFU AND VEGETABLE BROWN RICE BOWL
gochuchang tofu with fresh spinach, cucumber, carrots, daikon, zucchini, and shiitake mushrooms over brown rice with a bibimbap chili sauce [515 calories]

NOV 16 - NOV 20

GRILLED SESAME SOY SALMON WITH BROWN RICE & MIXED VEGETABLES
sesame soy marinated grilled salmon served with sauteed mixed vegetables, and steamed brown rice [426 calories]

SPICED GARBANZO BEANS, ROASTED SWEET POTATOES & BRUSSELS SPROUTS
indian spiced garbanzo beans with eggplant served with roasted sweet potatoes and balsamic brussels sprouts [429 calories]

NOV 23 - NOV 27

CHICKEN AND APRICOT CURRY STEW
marinated chicken stewed in an apricot curry sauce with onions and garlic [242 calories]

CAULIFLOWER STEAK WITH WHIPPED SWEET POTATOES & VEGETABLES
pan roasted cauliflower steak served with whipped sweet potatoes, steamed broccoli and carrots [214 calories]

SAVE TIME | SAVE MONEY | EAT BETTER | HAVE FUN