



READY MADE MEALS

Powered by Food with Purpose



How to order:

Pickup anytime after 11am in your C-store. No pre-order required.
Follow heating or cooking instructions and enjoy!

On the Menu

JUNE 1ST - JUNE 5TH

HONEY BBQ SALMON

honey barbecue glazed salmon served with steamed broccoli and brown rice
[496 calories]

CAULIFLOWER STEAK WITH WHIPPED SWEET POTATOES

pan roasted cauliflower steak served with whipped sweet potatoes, steamed broccoli and carrots
[214 calories]

JUNE 8TH - JUNE 12TH

TURKEY TOMATO BASIL MEATBALLS WITH WHOLE WHEAT PASTA

turkey meatballs in a tomato basil sauce with whole wheat pasta and arugula parmesan salad
[461 calories]

BLACK BEAN AND SPINACH ENCHILADA VERDE

black beans and fresh spinach with pepper jack cheese wrapped in corn tortillas and tomatillo sauce
[298 calories]

JUNE 15TH - JUNE 19TH

GRILLED VEGETABLES & TOMATO BASIL RIGATONI

grilled peppers, onions, and mushrooms over rigatoni and tomato basil sauce
[321 calories]

JUNE 22ND - JUNE 26TH

LEMON HERB CHICKEN & WILD RICE

lemon herb chicken served with wild rice, roasted mushrooms, and tomatoes
[402 calories]

JUNE 29TH - JULY 2ND

CRANBERRY GINGER GRILLED TILAPIA WITH CUMIN POTATOES

grilled tilapia topped with cranberry ginger sauce, served with cumin roasted potatoes and garlic broccoli and cauliflower
[447 calories]

TILAPIA WITH ROASTED CHERRY TOMATOES & WILD RICE

oven roasted tilapia with cherry tomatoes and wild rice medley
[367 calories]

PANEER SAAGWALA WITH BASMATI RICE

paneer with spinach, basmati rice, crispy onions and makhni sauce
[731 calories]

PASTA PRIMAVERA WITH LEMON-GARLIC SAUCE

penne pasta tossed in a housemade lemon garlic sauce with peas, edamame, corn, yellow squash, zucchini squash, and carrots
[332 calories]

SAVE TIME | SAVE MONEY | EAT BETTER | HAVE FUN