



READY MADE MEALS

Powered by Food with Purpose



How to Order:

Pickup anytime after 11am in your C-store. No pre-order required.
Follow heating or cooking instructions and enjoy!

On the Menu:

AUG 3 - AUG 7

TUSCAN WHITE BEAN STEW

creamy white beans with toasted bread and tomatoes [315 calories]

LEMON PEPPER SALMON WITH QUINOA & TURMERIC BRUSSELS SPROUTS

lemon pepper grilled salmon served over quinoa and turmeric spiced brussels sprouts [485 calories]

AUG 10 - AUG 14

GRILLED VEGETABLES & TOMATO BASIL RIGATONI

grilled peppers, onions, and mushrooms over rigatoni and tomato basil sauce [321 calories]

SOY MARINATED CHICKEN THIGHS WITH BROWN RICE & VEGETABLES

soy sauce marinated chicken thighs served with steamed brown rice and sauteed carrots, bell peppers and squash [481 calories]

AUG 17 - AUG 21

BBQ CHICKEN, SWEET POTATOES, PARMESAN GREEN BEANS

Blackened grilled chicken topped with peach salsa served with oven roasted green beans and sweet potato wedges [270 calories]

CHANA MASALA, GREEN PEAS & BASMATI RICE

chana masala served with green peas and steamed basmati rice [594 calories]

AUG 24 - AUG 28

BRAISED BEEF WITH MUSHROOMS & CHEESE TORTELLINI

tender beef, mushrooms, cheese tortellini, tomato ragout, parmesan cheese [404 calories]

MUSHROOM AND BARLEY STEW WITH PARMESAN CHEESE

housemade vegetable stock cooked with crimini mushrooms, spinach, barley, white beans, and sundried tomatoes arnished with parmesan cheese [319 calories]

SAVE TIME | SAVE MONEY | EAT BETTER | HAVE FUN