



READY MADE MEALS

Powered by Food with Purpose



How to order

1. Pick up any time after 11am in your C-store.
2. Follow heating or cooking instructions and enjoy!



On The Menu

SEPTEMBER 29th– OCTOBER 3rd

SPICED GARBANZO WITH SWEET POTATO AND BRUSSELS

Indian spiced garbanzo beans with eggplant served with roasted sweet potatoes and balsamic brussel sprouts (475 CAL)

BEEF WITH MUSHROOMS AND POTATOES

braised beef tips with mushrooms and garlic mashed potatoes (360 CAL)

OCTOBER 6th– OCTOBER 10th

TUSCAN WHITE BEAN STEW

ribolita beans , cramy white beans with tomatoes (315 CAL)

GRILLED LEMON PEPPER SALMON, QUINOA, AND BRUSSELS

grilled lemon pepper salmon served With quinoa and turmeric spiced brussels sprouts (485 CAL)

OCTOBER 13th– OCTOBER 17th

THAI CHICKEN PEANUT SLAW

marinated thai chicken served with steamed brown rice and sweet and sour coleslaw with peanuts (530 CAL)

GOCHUJANG TOFU BOWL

gochujang tofu in a hot pepper garlic ginger sauce with shiitake mushrooms, and zucchini over steamed white rice (565 CAL)

OCTOBER 20th– OCTOBER 24th

HONEY BBQ SALMON PLATE

honey glazed salmon served with steamed broccoli and brown rice (500 CAL)

CAULIFLOWER, SWEET POTATO, & BROCCOLI

pan roasted cauliflower steak served with whipped sweet potatoes, steamed broccoli and carrots (245 CAL)

OCTOBER 27th– OCTOBER 31st

TURKEY MEATBALL COMBO

turkey meatballs in a tomato basil sauce With whole wheat penne pasta and a housemade Parmesan arugula salad (465 CAL)

BLACK BEAN SPINACH ENCHILADA VERDE

black beans and fresh spinach with pepper jack cheese wrapped in corn tortillas and tomatillo sauce (300 CAL)

SAVE TIME | SAVE MONEY | EAT BETTER | HAVE FUN