



READY MADE MEALS

Powered by Food with Purpose



LOOKING FOR A HEALTHY & CONVENIENT MEAL OPTION?

Try our pre-cooked meals made with high quality ingredients. Each meal serves two and can be reheated in under 8 minutes, delivering a balanced and satisfying meal for just \$14.

AVAILABLE AFTER 11 A.M. IN THE C-STORE

On The Menu

APRIL 28th- MAY 2nd

TURKEY BROWN RICE TACO BOWL

cilantro lime brown rice topped with spiced ground turkey, black beans, salsa verde
(420 CAL)

VEGETABLE RIGATONI WITH MUSHROOMS

grilled vegetables & tomato basil rigatoni with mushrooms
(320 CAL)

MAY 5th- MAY 9th

BRAISED BEEF TIPS WITH GARLIC MASHED POTATOES

slow cooked beef & mushroom stew served with garlic mashed potatoes
(360 CAL)

KOREAN TEMPEH STIR FRY

tempeh, mushrooms, broccoli, onions, carrots, & korean bbq sauce
(390 CAL)

MAY 12th- MAY 16th

GRILLED SESAME SOY SALMON

salmon marinated in garlic, ginger, sesame, soy, & honey served with forbidden rice & steamed broccoli
(490 CAL)

BBQ TOFU, BROCCOLI BROWN RICE

smoked bbq tofu served with steamed broccoli and brown rice
(320 CAL)

MAY 19th- MAY 23rd

CILANTRO LIME GRILLED CHICKEN

Cilantro lime marinated grilled chicken, black beans, corn, & steamed white rice
(425 CAL)

LENTIL MAKHNI ANCIENT GRAIN BOWL

Ancient grain blend topped with roasted mushrooms, sauteed spinach, roasted cauliflower, lentils, raisins, & makhni sauce
(450 CAL)

MAY 26th- MAY 30th

PORK GREMOLATA & QUINOA

pork, herbed quinoa, & white bean salad
(475 CAL)

CURRIED CHICKPEA WITH QUINOA

hearty entrée stew with whole grains, vegetables, Greens, and curry seasoning
(210 CAL)

SAVE TIME | SAVE MONEY | EAT BETTER | HAVE FUN