

KELLY LAWLER, MBA, RD, LD

Kelly is the dedicated registered dietitian for UnitedHealth Group cafés, overseeing wellness programs and managing the recipe website **foodwithpurposeuhg.com**. She is known for guiding individuals toward healthier lifestyles through creative, plant-forward meals that make nutritious choices accessible and enjoyable. Kelly's passion lies in inspiring others to explore wholesome ingredients and fostering a love for cooking that nourishes the body. Follow along on Instagram at @rdkitchenedition or contact her at kelly.lawler@compass-usa.com for nutrition-related questions.



