



# READY MADE MEALS

Powered by Food with Purpose



## LOOKING FOR A HEALTHY & CONVENIENT MEAL OPTION?

Try our pre-cooked meals made with high quality ingredients. Each meal serves two and can be reheated in under 8 minutes, delivering a balanced and satisfying meal

**AVAILABLE AFTER 11 A.M. IN THE C-STORE**

### On The Menu

#### JUNE 30<sup>th</sup>- JULY 4<sup>th</sup>

##### MEZZE VEGETABLE LENTIL BOWL

salad blend topped with cucumber, tomato, lentil, olives, banana pepper, pickled onion, sumac radishes, and pita strips with greek vinaigrette  
(355 CAL)

##### GRILLED CHICKEN FARRO BOWL WITH BLUEBERRY SALSA

grilled chicken with a blueberry salsa served over farro  
(345 CAL)

#### JULY 7<sup>th</sup>- JULY 11<sup>th</sup>

##### LEMON GARLIC PASTA PRIMAVERA

penne pasta tossed in a house made lemon garlic sauce with peas, edamame, corn, yellow squash, zucchini squash, & carrots  
(350 CAL)

##### SWEET CHILI SALMON CAKES

sweet chili infused salmon cake served with quinoa and turmeric spiced brussels sprouts  
(520 CAL)

#### JULY 14<sup>th</sup>- JULY 18<sup>th</sup>

##### GOCHUJANG TOFU BOWL

Gochujang tofu with fresh spinach, cucumber, carrots, daikon, zucchini, and shiitake mushrooms over brown rice with bibimbap sauce  
(515 CAL)

##### GRILLED CHICKEN WITH PEACH SALSA

blackened grilled chicken topped with peach salsa served with oven roasted green beans, and sweet potato wedges  
(270 CAL)

#### JULY 21<sup>st</sup>- JULY 25<sup>th</sup>

##### TURMERIC MAPLE CAULIFLOWER BOWL

quinoa, topped with kale cranberry pecan saute and turmeric maple cauliflower topped with herbed tahini yogurt sauce  
(505 CAL)

##### COCHINITA PIBIL BOWL

Slow roasted pork marinated with achiote, citrus, chilies, and spices served with spicy black beans and cilantro rice  
(610 CAL)

#### JULY 28<sup>th</sup>- AUG 1<sup>st</sup>

##### MEZZE VEGETABLE LENTIL BOWL

salad blend topped with cucumber, tomato, lentil, olives, banana pepper, pickled onion, sumac radishes, and pita strips with greek vinaigrette  
(355 CAL)

##### GRILLED CHICKEN FARRO BOWL WITH BLUEBERRY SALSA

grilled chicken with a blueberry salsa served over farro  
(345 CAL)

**SAVE TIME | SAVE MONEY | EAT BETTER | HAVE FUN**