



READY MADE MEALS

Powered by Food with Purpose



LOOKING FOR A HEALTHY & CONVENIENT MEAL OPTION?

Try our pre-cooked meals made with high quality ingredients. Each meal serves two and can be reheated in under 8 minutes, delivering a balanced and satisfying meal for just \$14.

AVAILABLE AFTER 11 A.M. IN THE C-STORE

On The Menu

FEBRUARY 3rd- FEBRUARY 7TH

TUSCAN VEGETABLES & CHICKEN SKEWERS

tuscan style roasted vegetables and chicken skewers with tomato cucumber fattoush
(430 CAL)

EGGPLANT PARMESAN PENNE PASTA

whole grain penne pasta with eggplant, cherry tomatoes, & parmesan.
(360 CAL)

FEBRUARY 17TH- FEBRUARY 21ST

SPICY BEEF MUSHROOM STIR-FRY

spicy beef with stir-fry vegetables, brown rice, & sweet chili sauce
(525 CAL)

CURRIED CHICKPEA STEW

curried chickpea stew with quinoa
(205 CAL)

FEBRUARY 10TH- FEBRUARY 14TH

ROASTED SAGE PORK LOIN

sage roasted pork with sweet potato casserole, sugar snap peas with peanuts and braised cabbage
(380 CAL)

MEDITERRANEAN POLENTA BOWL

Mediterranean polenta with roasted chickpeas, feta, sundried tomatoes, & spinach
(425 CAL)

FEBRUARY 24TH- FEBRUARY 28TH

CHICKEN WITH ORANGE COUSCOUS

grilled chicken with orange couscous with almonds
(585 CAL)

TOFU STIR FRY BROWN RICE BOWL

marinated tofu with stir fried vegetables with steamed brown rice
(530 CAL)

SAVE TIME | SAVE MONEY | EAT BETTER | HAVE FUN