



READY MADE MEALS

Powered by Food with Purpose



How to order

1. Place order on Eatify App or Scan QR Code
2. Pick up any time after 11am in your C-store.
3. Follow heating or cooking instructions and enjoy!
4. Chef prepared heat and serve meals for less than \$30 for four people.



On The Menu

DECEMBER 4TH- DECEMBER 8TH

**ROSEMARY GARLIC PORK RATOUILLE WITH
STEAMED RICE**
(410 CAL)

**BLACK EYED PEA GRIDDLE CAKES WITH
WILTED SPINACH & SHIITAKE MUSHROOMS**
(370 CAL)

Soup Quarts
VEGETABLE BEEF BARLEY
(140 CAL)
TOMATO BASIL BISQUE
(200 CAL)

DECEMBER 18TH-DECEMBER 22TH

**LEMON BRAISED CHICKEN WITH
CAULIFLOWER & SPINACH**
(260 CAL)
TEMPEH VEGETABLE RICE BOWL
(300 cal)

Soup Quarts
VEGETABLE BEEF BARLEY
(140 CAL)
TOMATO BASIL BISQUE
(200 CAL)

DECEMBER 11TH-DECEMBER 15TH

**BRAISED BEEF TIPS WITH MUSHROOMS
& GARLIC MASHED POTATOES**
(360 CAL)

**MOROCCAN VEGETABLE STEW
WITH COUSCOUS**
(300 CAL)

Soup Quarts
VEGETABLE BEEF BARLEY
(140 CAL)
TOMATO BASIL BISQUE
(200 CAL)

DECEMBER 25TH - DECEMBER 29TH

SWEET & SOUR SHRIMP WITH BROWN RICE
(550 CAL)
**TOMATO BASIL RIGATONI WITH
GRILLED VEGETABLES**
(320 CAL)

Soup Quarts
VEGETABLE BEEF BARLEY
(140 CAL)
TOMATO BASIL BISQUE
(200 CAL)

SAVE TIME | SAVE MONEY | EAT BETTER | HAVE FUN