EAT. DRINK. SOCIALIZE.

SIKORSKY WEST

Monday - Friday | 5:30 am - 1:00 pm MARKETPLACE RETAIL OPEN TO 8.15 PM

WEEK OF SEPTEMBER 8

''WEEKLY BREAKFAST FEATURES

BREAKFAST SPECIALS

MONDAY- Double Double, breakfast with 16.9 water or medium house coffee	6.80
TUESDAY- Denver hash breakfast wrap	7.65
WEDNESDAY- spicy chicken mushroom breakfast sandwich	7.65
THURSDAY- the triple threat bagel sandwich	7.65
FRIDAY- loaded hashbrown with 16.9 water or medium house coffee	6.80

PIRI PIRI: FIT CHICKEN, SHRIMP, OR ESCALIVADA VEGETABLE (VG) RICE BOWL 11/12.45

FIT chicken, shrimp or escalivada roasted vegetables (VG) over brown rice with black eyed pea salad, avocado, and spicy herb marinate drizzle with a 20oz water or soda

KITCHEN & CO: GARLIC SAGE PORK CHOPS OR BUTTERMILK FRIED CHICKEN

Garlic sage pork chops, buttermilk fried chicken smashed roasted red potatoes and cream of spinach herb steam rice, apple cobbler gravy & more

LITTLE LIME: TACOS AMERICANOS

9.90

seasoned chicken, ground beef, or plant-based ground beef (VG) in corn or flour tortillas topped with lettuce, tomato, cheese, jalapeños, salsa, and sour cream served with rice and beans.

HOT GRAZE: .70/oz

braised beef tips with mushroom and garlic mash potatoes, butter pasta, bread mushroom streamed green beans & more

KITCHEN & CO: MEATLOAF WITH GORGONZOLA CHEESE OR FIT HONEY BBQ SALMON 11/12.45 choice of meatloaf made with gorgonzola cheese or FIT honey bqq glazed salmon served with garlic

lemon broccolini and scalloped potatoes. Add apple cobbler +2.95 **HOT GRAZE: WINGS & THINGS**

assorted chicken wings with sweet and tangy, buffalo, garlic parm & honey garlic sauce, beef patties or potato wedges, mozzarella sticks, carrots, celery, blue cheese or ranch

BIG CITY BBQ: BBQ PULLED CHICKEN OR PORK PLATE

12.00

bbq pulled chicken or pork with bbq baked beans, honey mustard coleslaw, and macaroni salad and corn bread

HOT GRAZE: 70nz

Mongolian beef or crispy sesame chicken, vegetables lo mein, fried rice, or white rice, egg rolls, & dumplings & more

HOT GRAZE

.7007

Beef fried steak, lemon herb grill chicken, creamy mac & cheese w/ bacon, mash potatoes, green bean casserole & more



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FLAME

MONDAY

CHICKEN TENDER BASKET 8.50

served with French fries and 16.9oz bottled water

TUESDAY

EDDIE B BURGER 10.50

Beef burger, bacon, fried egg & carmalized onion

WEDNESDAY

TRUFFLE BACON TURKEY BURGER 10.50

turkey burger with arugula, roasted roma tomatoes, maple bacon, and truffle parmesan mayonnaise on

THURSDAY

BOSTON TERRIER HOT DOG 10.50

Beef hot dog, applewood bacon, onions, baked beans on a hotdog roll

FRIDAY

TERIYAKI BACON PINEAPPLE BURGER

Beef burger, pineapple, bacon, provolone cheese, chipotle mayo, teriyaki sauce, lettuce, tomato,

GRINDER SHOP

TUES - THURS

Tandoori chicken Italian combo Honey horseradish roasted beef

PICCOLA ITALIA



GRAB 'N GO PIZZA

cheese (\$10.50), pepperoni & meat lovers (\$12)

SPECIALTY PIZZA

design your own pie, cooks in minutes! (\$12) baked dishes, calzones, grinders and salads prices vary

ON THE RUN OR JUST WANT TO CHILL?

16" PIZZA TO GO ... TREAT THE FAMILY AND YOUR WALLET TO A DELICIOUS, FAST AND EASY MEAL MADE SIMPLE, RIGHT HERE.

\$9 'ALL IN' MEAL DEAL

ultimate tuna melt on sourdough with baker's chips and 20oz water or soda

EAT. DRINK. SOCIALIZE.

SIKORSKY EAST

Monday - Friday | 5:30 am - 12:45 pm

WEEK OF SEPTEMBER 8

WEEKLY BREAKFAST FEATURES

BREAKFAST SPECIALS

THE TRIPLE THREAT BAGEL SANDWICH

7.65

egg, bacon, sausage patty, ham, American cheese, on a bagel

DENVER HASH BREAKFAST WRAP

7.65

cage free scrambled eggs, ham, peppers, mushrooms, and onions, swiss cheese and potatoes

\$7 'ALL IN' MEAL DEAL

bacon, egg, and cheese english muffin with tater tots and bottled juice

KITCHEN & CO: GARLIC SAGE PORK CHOPS OR BUTTERMILK FRIED CHICKEN

Garlic sage pork chops, buttermilk fried chicken smashed roasted red potatoes and cream of spinach herb steam rice, apple cobbler gravy & more

HOT GRAZE:

.70/07

choice of ground beef, chicken with lettuce, tomato, cheese, jalapeños, and sour cream in a crunchy or soft tortilla with red rice and jalapeño refried beans. Add guacamole

HOT GRAZE: WINGS & THINGS

.7007

assorted chicken wings with sweet and tangy, buffalo, garlic parm & honey garlic sauce beef patties or potato wedges, mozzarella sticks and more

HOT GRAZE:

.70oz

Mongolian beef or crispy sesame chicken, vegetables lo mein, fried rice, or white rice, egg rolls, & dumplings & more

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HOT GRAZE

.70oz

Beef fried steak, lemon herb grill chicken, creamy mac & cheese w/ bacon, mash potatoes, green bean casserole & more





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FLAME

AVAILABLE ALL WEEK

includes choice of side

BOSTON TERRIER HOT DOG

10.50

10.50

Beef hot dog, applewood bacon, onions, baked beans on a hotdog roll

TRUFFLE BACON TURKEY BURGER

turkey burger with arugula, roasted roma tomatoes, maple bacon, and truffle parmesan mayonnaise on

TERIYAKI BACON PINEAPPLE BURGER 11.50

Beef burger, pineapple, bacon, provolone cheese, chipotle mayo, teriyaki sauce, lettuce, tomato, pickles

\$9 'ALL IN' MEAL DEAL

ultimate tuna melt on sourdough with baker's chips and 20oz water or soda

GRINDER SHOP

deli favorites, specials hot & cold grinders 6" 10.45 / 12" 15.40

NOW FEATURING



NOW SERVING YOUR FAVORITES EVERYDAY!

HAND MADE 60Z HAMBURGER	\$9.35
FRESH GRILLED CHICKEN SANDWICH	\$8.80

ALL BEEF HOT DOG \$3.60 4oz BEEF BURGER \$4.40 CHICKEN TENDERS & FRIES BASKET \$8.50 SPICY CHICKEN SANDWICH \$6.35 BI T \$5.40

all items are customizable, add your own choice of toppings, cheese and more french fries, onion rings, potato wedges too!

EAT. DRINK. SOCIALIZE.

SIKORSKY WEST 2ND SHIFT

Monday - Friday | 3:00pm to 8:15pm MARKETPLACE RETAIL OPEN TO 8.15 PM

WEEK OF SEPTEMBER 8

HAPPY HOUR (3:00-5:45PM)

HOT GRAZE:

KITCHEN & CO: GARLIC SAGE PORK CHOPS OR BUTTERMILK FRIED CHICKEN

Garlic sage pork chops, buttermilk fried chicken smashed roasted red potatoes and cream of spinach herb steam rice, apple cobbler gravy & more

HOT GRAZE: .70/07

PIRI PIRI: FIT CHICKEN, SHRIMP, ESCALIVADA VEGETABLE (VG) RICE BOWL

FIT chicken, shrimp or escalivada roasted vegetables (VG) over brown rice with black eyed pea salad, avocado, and spicy herb marinate drizzle & more

HAPPY HOUR (3:00-5:45PM)

HOT GRAZE: .70/07

braised beef tips with mushroom and garlic mash potatoes, butter pasta, bread mushroom streamed green beans & more

HOT GRAZE:

seasoned FIT ground chicken, ground beef, or plant-based ground beef (VG) in corn or flour tortillas topped with lettuce, tomato, cheese, jalapeños, salsa, and sour cream served with rice and

HAPPY HOUR (3:00-5:45PM)

70/nz

.70/oz

assorted chicken wings with sweet and tangy, buffalo, garlic parm & honey garlic sauce beef patties or potato wedges, mozzarella sticks and more

HOT GRAZE: .70/oz

KITCHEN & CO: MEATLOAF WITH GORGONZOLA CHEESE OR FIT HONEY BBQ SALMON

choice of meatloaf made with gorgonzola cheese or FIT honey bgg glazed salmon served with garlic lemon broccolini and scalloped potatoes & more

HAPPY HOUR (3:00-5:45PM)

.70/oz

Mongolian beef or crispy sesame chicken, vegetables lo mein, fried rice, or white rice, egg rolls, & dumplings & more

.70/oz

BIG CITY BBQ: BBQ PULLED CHICKEN OR PORK PLATE

bbq pulled chicken, pork with bbq baked beans, honey mustard coleslaw, and macaroni salad and corn

HAPPY HOUR (3:00-5:45PM)

.70/oz

HOT GRAZE

.70/oz

Beef fried steak, lemon herb grill chicken, creamy mac & cheese w/ bacon, mash potatoes, green bean casserole & more

HOT GRAZE

chicken parmesan, sausage & pepper, stuffed shells, mozzarella sticks, butter pasta with marinara sauce

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FLAME

NOW SERVING YOUR FAVORITES EVERYDAY!

HAND MADE 60Z HAMBURGER FRESH GRILLED CHICKEN SANDWICH \$8.80

ALL BEEF HOT DOG \$3.60 4oz BEEF BURGER \$4.40 CHICKEN TENDERS & FRIES BASKET \$8.50 SPICY CHICKEN SANDWICH \$6.35 \$5.40

all items are customizable, add your own choice of toppings, cheese and more french fries, onion rings, potato wedges too!

\$9 'ALL IN' MEAL DEAL

tuna melt on sourdough with fried pickles and 20oz water or soda

personal pizzas Made fresh 4-6pm!

NOW FEATURING

PICCOLA ITALIA

GRAB 'N GO PIZZA

cheese (\$10.50), pepperoni & meat lovers (\$12)

SPECIALTY PIZZA

design your own pie, cooks in minutes! (\$12) available until 6:00pm



baked dishes, calzones grinders and salads prices vary

Most items available until 6pm