

EAT. DRINK. SOCIALIZE.

SIKORSKY WEST

Monday – Friday | 5:30 am – 1:00 pm
MARKETPLACE RETAIL OPEN TO 8.15 PM

WEEK OF JULY 28



WEEKLY BREAKFAST FEATURES

BREAKFAST SPECIALS

MONDAY– Double Double, breakfast with 16.9 water or medium house coffee 6.80

TUESDAY– chicken & waffle breakfast sandwich 7.65

WEDNESDAY– applewood bacon, egg & cheddar flatbread sandwich 7.65

THURSDAY– breakfast tot bowl with bacon, eggs, gravy and cheese 7.65

FRIDAY– loaded hashbrown with 16.9 water or medium house coffee 6.80

MON

Café Thompson: Lemon Brown Butter Salmon Curtido 12.45

brown butter salmon with salvadorian slaw of cabbage, carrots, onions, and oregano with a 20oz bottled water or soda

HOT GRAZE:

Salisbury steak, grilled chicken rice, roasted allspice sweet potatoes, green bean, & more

TUES

Little Lime: Burrito and Burrito Bowls 9.90

Choice of pollo asado, ground beef, pinto beans, chipotle cinnamon roasted corn, with lettuce, cheese, diced tomato, jalapenos, lime crème, salsa roja and tortilla chips. Add guacamole +2.95 or cinnamon churros +2.0

HOT GRAZE: .70/oz

Chicken marsala, fried pork chop, wild rice, garlic mash potato, steam vegetable gravy & more

WED

Mezze: Fit Chicken Shawarma, Fried Falafel, or Fit Lamb Kofta Bowl 9.90/11.00

choice of **FIT** chicken shawarma, fried falafel, or **FIT** lamb kofta over jasmine rice with roasted artichoke hearts, mezze roasted vegetables, feta cheese, mint & parsley pesto with sunflower seeds, roasted red pepper hummus, and sriracha yogurt dressing

HOT GRAZE: Wings & Things .70

assorted chicken wings with sweet and tangy, buffalo, garlic parm & honey garlic sauce beef patties or potato wedges, mozzarella sticks and more

THURS

Island Eats: Island Curry 11.00

choice of island vegetable curry (**V**), **FIT** beef curry, or caribbean shrimp creole over coconut jasmine rice with roasted sweet potatoes and caribbean carrot salad. Add carrot cake parfait +2.95

HOT GRAZE : .70oz

beef & broccoli or teriyaki chicken, vegetables fried rice, or white rice, egg rolls, & dumplings & more

FRI

HOT GRAZE: .70oz

Stuffed fish Florentine, stuffed chicken, garlic mash potatoes, butter noodle, vegetable, Florentine sauce & more

FLAME

MONDAY

CHICKEN TENDER BASKET 8.50

served with French fries and 16.9oz bottled water

TUESDAY

THREE CHEESE BEEF BURGER ON BROCHE 11.00

Beef burger, cheddar, provolone, pepper jack, lettuce and tomato, on a brioche roll

WEDNESDAY

PIMENTO CHEESE STEAK HOAGIE 10.50

philly beef steak with pimento cheese and dill pickles on a hoagie roll

THURSDAY

CHICKEN QUESADILLA 10.50

Shredded chicken, cheddar cheese & salsa on a tortilla wrap

FRIDAY

MUSHROOM SWISS BURGER 11.00

Beef burger, sauteed mushrooms, swiss cheese, on a brioche

GRINDER SHOP TUES – THURS

classic cuban
Italian combo
Spicy chicken Tuscano

PICCOLA ITALIA



GRAB 'N GO PIZZA

cheese (\$10.50), pepperoni & meat lovers (\$12)

SPECIALTY PIZZA

design your own pie, cooks in minutes! (\$12)

available until 6:00pm

baked dishes, calzones, grinders and salads
prices vary

Most items available until 6pm

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westmarketplacestratford



<https://eurestcafes.compass-usa.com/Sikorsky>

\$9 'ALL IN' MEAL DEAL

bbq pulled chicken sandwich with fries and
20oz water or soda

EAT. DRINK. SOCIALIZE.

SIKORSKY EAST
Monday – Friday | 5:30 am – 12:45 pm

WEEK OF JULY 28



WEEKLY BREAKFAST FEATURES

BREAKFAST SPECIALS

CHICKEN WAFFLE SAMMY 7.65

golden fried chicken & waffle breakfast sandwich

BREAKFAST TOT BOWL

breakfast tot bowl with bacon, eggs, gravy and cheese 7.65

\$7 'ALL IN' MEAL DEAL

deluxe crispy chicken biscuit sandwich with shredded hash browns and bottled juice

MON

HOT GRAZE:

Island beef, island chicken curry, coconut jasmine rice, roasted allspice sweet potatoes, green bean, & more

TUES

Choice of pollo asado, ground beef, pinto beans, chipotle cinnamon roasted corn, with lettuce, cheese, diced tomato, jalapenos, lime crème, salsa roja and tortilla chips. Add guacamole or cinnamon churros +2.50

WED

HOT GRAZE: WINGS & THINGS

.70oz

assorted chicken wings with sweet and tangy, buffalo, garlic parm & honey garlic sauce beef patties or potato wedges, mozzarella sticks and more

THURS

HOT GRAZE :

.70oz

beef & broccoli or sweet & sour chicken, vegetables fried rice, or white rice, egg rolls, & dumplings & more

FRI

HOT GRAZE:

.70oz

Stuffed fish Florentine, stuffed chicken, garlic mash potatoes, butter noodle, vegetable, Florentine sauce & more

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FLAME

AVAILABLE ALL WEEK

includes choice of side

THREE CHEESE BEEF BURGER ON

BROCHE 11.00

Beef burger, cheddar, provolone, pepper jack, lettuce and tomato, on a brioche roll

CHICKEN QUESADILLA

10.50

Shredded chicken, cheddar cheese, with salsa on a tortilla wrap

MUSHROOM SWISS BURGER

11.00

Beef burger, mushrooms, swiss cheese, on a brioche

\$9 'ALL IN' MEAL DEAL

bbq pulled chicken sandwich with fries and 20oz water or soda

GRINDER SHOP

deli favorites, specials

hot & cold grinders

6" 10.45 / 12" 15.40

NOW FEATURING



NOW SERVING YOUR FAVORITES EVERYDAY!

HAND MADE 6OZ HAMBURGER \$9.35
FRESH GRILLED CHICKEN SANDWICH \$8.80

ALL BEEF HOT DOG \$3.60

4oz BEEF BURGER \$4.40

CHICKEN TENDERS & FRIES BASKET \$8.50

SPICY CHICKEN SANDWICH \$6.35

BLT \$5.40

all items are customizable, add your own choice of toppings, cheese and more french fries, onion rings, potato wedges too!

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SIKORSKY WEST 2ND SHIFT

Monday – Friday | 3:00pm to 8:15pm
MARKETPLACE RETAIL OPEN TO 8.15 PM

WEEK OF JULY 28

MON

HAPPY HOUR (3:00-5:45PM)

.70oz:

Island beef, island chicken curry, coconut jasmine rice, roasted allspice sweet potatoes, green bean, & more

EAT LOCAL: FIT GRILLED SALMON AND PEACH SALSA WEDGE SALAD

.70oz

grilled salmon topped with peach salsa served with jalapeno peach cornbread and tomato basil wedge salad & more

TUES

HAPPY HOUR (3:00-5:45PM)

.70oz

Chicken marsala, fried pork chop, wild rice, garlic mash potato, steam vegetable gravy & more

HOT GRAZE

.70oz

Choice of pollo asado, ground beef, pinto beans, chipotle cinnamon roasted corn, with lettuce, cheese, diced tomato, jalapenos, lime crème, salsa roja and tortilla chips. Add guacamole or cinnamon churros

WED

HAPPY HOUR (3:00-5:45PM)

.70oz

assorted chicken wings with sweet and tangy, buffalo, garlic parm & honey garlic sauce beef patties or potato wedges, mozzarella sticks and more

MEZZE: FIT CHICKEN SHAWARMA, FRIED FALAFEL, OR FIT LAMB KOFTA BOWL

.70oz

choice of **FIT** chicken shawarma, fried falafel, or **FIT** lamb kofta over jasmine rice with roasted artichoke hearts, mezze roasted vegetables, feta cheese, mint & parsley pesto with sunflower seeds, roasted red pepper hummus, and sriracha yogurt dressing

THURS

HAPPY HOUR (3:00-5:45PM)

.70oz

beef & broccoli or sweet & sour chicken, vegetables fried rice, or white rice, egg rolls, & dumplings & more

HOT GRAZE :

.70oz

ISLAND EATS: ISLAND CURRY

choice of island vegetable curry (**V**), **FIT** beef curry, or caribbean shrimp creole over coconut jasmine rice with roasted sweet potatoes and caribbean carrot salad. Add carrot cake parfait +2.95

FRI

HAPPY HOUR (3:00-5:45PM)

.70oz

Stuffed fish Florentine, stuffed chicken, garlic mash potatoes, butter noodle, vegetable, Florentine sauce & more

HOT GRAZE

.70oz

Spicy chicken ,tender, cod nugget, popcorn shrimp, potato wedges, rice and more

FLAME

NOW SERVING YOUR FAVORITES EVERYDAY!

HAND MADE 6OZ HAMBURGER	\$9.35
FRESH GRILLED CHICKEN SANDWICH	\$8.80

ALL BEEF HOT DOG	\$3.60
4oz BEEF BURGER	\$4.40
CHICKEN TENDERS & FRIES BASKET	\$8.50
SPICY CHICKEN SANDWICH	\$6.35
BLT	\$5.40

all items are customizable, add your own choice of toppings, cheese and more french fries, onion rings, potato wedges too!

\$9 'ALL IN' MEAL DEAL

6" turkey swiss sub with baker's chips and 20oz water or soda

personal pizzas
**Made fresh until
6pm!**

NOW FEATURING

PICCOLA ITALIA

GRAB 'N GO PIZZA

cheese (\$10.50), pepperoni & meat lovers (\$12)

SPECIALTY PIZZA

design your own pie, cooks in minutes! (\$12)
available until 6:00pm



baked dishes, calzones
grinders and salads
prices vary

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