

EAT. DRINK. SOCIALIZE.

SIKORSKY WEST

Monday – Friday | 5:30 am – 1:00 pm
MARKETPLACE RETAIL OPEN TO 8.15 PM

WEEK OF APRIL 29



RISE & SHINE

BREAKFAST SPECIALS

MONDAY - double double breakfast with 16.9 water or medium house coffee	6.15
TUESDAY - bacon, ham, sausage and cheddar omelet	6.95
WEDNESDAY - HUMP DAY BREAKFAST, pork sausage patty egg, provolone cheese, garlic aioli, caramelized onions with toasted hard roll and side of tots	6.95
THURSDAY - sausage egg potato pico breakfast burrito	6.95
FRIDAY - loaded hashbrown with 16.9 water or medium house coffee	6.15

MON

PICCOLA ITALIA: ASPARAGUS TOMATO (V), CHICKEN, OR SHRIMP RIGATONI 9.00/10.15

choice of creamy asparagus and tomato (V), creamy tomato basil chicken, or creamy shrimp, tomato, and basil served with caesar side salad and garlic cheese bread

HOT GRAZE **\$.60**

Grilled Steak, baked potato and vegetable, chimichurri sauce

TUES

EARTH BOWLS: FALAFEL, MUSHROOM & TURKEY RANCHERO OR WILD SALMON 9.00/10.15

choice of FIT falafel (VG), mushroom & ground turkey ranchero, or FIT lemon parsley wild salmon served with power greens blend, citrus fennel salad with carrots and mango, walnut crunch topping, and choice of dressing

HOT GRAZE **\$.60oz**

sesame tofu, orange, chicken tossed with vegetables over fried rice

WED

MASALA: BOMBAY SPICED TOFU (V), TANDOORI CHICKEN OR SHRIMP RICE BOWL 9.35/10.00

choice of bombay spiced tofu (V), tandoori chicken or tandoori shrimp served with basmati rice, roasted spiced vegetables, green chili chutney, cilantro and naan

FIESTA DE MAYO: CARNE ASADA FAJITAS

Carne asada fajitas with sizzlin' peppers and onions with flour tortillas, rice, and beans

THURS

ROOST: NASHVILLE CHICKEN SANDWICH 9.60

Crispy chicken breast, spicy slaw, brioche bun with potato wedges

HOT GRAZE **\$.60oz**

Rosemary garlic pork, ratatouille and rice

FRI

**EXPO
CHEF CHOICE OF THE DAY**

HOT GRAZE **\$.60**

CHEF CHOICES OF THE DAY

FLAME

MONDAY

CHICKEN TENDER BASKET 7.70

served with french fries and 16.9oz bottled water

TUESDAY

SPICY CHICKEN CUBAN SANDWICH

10.50

Spicy chicken, ham, swiss cheese, pickle

WEDNESDAY

SOUTHWEST STEAK CHEESE 9.50

shaved steak with onions, and peppers, jalapeno, salsa, cilantro on a hoagie roll

THURSDAY

MUSHROOM SWISS BURGER ON BRIOCHE

10.50

Smash Beef burger lettuce, tomato swiss cheese,

FRIDAY

POPCORN SHRIMP BASKET 10.15

Popcorn shrimp basket with fries, lemon wedge and bang bang dipping sauce

SOMETHING
DELICIOUS
AWAITS YOU

GRINDER SHOP

**MONDAY
ITALIAN COMBO**

Ham, salami, capicola, provolone cheese, lettuce, red onion, tomato

Tuesday- Thursday

SIGNATURE HONEY HAM

ham, honey dijon spread, red onions lettuce, tomato, cheddar cheese

TURKEY & CHEDDAR

Turkey, cheddar cheese, lettuce and tomato

BUFFALO CHICKEN MEATBALL

Buffalo chicken, buffalo blue cheese hot sauce

Friday

BUTCHER + BAKER

Assorted sliced meats, cheeses, and fresh veggies

All sandwiches served with choice of chips, pretzels, or carrot sticks

6 inch grinder 9.50

12 in grinder 14.00

**CONNECT
WITH US**

westmarketplacestratford

<https://eurestcafes.compass-usa.com/Sikorsky>

EAT. DRINK. SOCIALIZE.

SIKORSKY EAST

Monday - Friday | 5:30 am - 12:15 pm

WEEK OF APRIL 29



RISE & SHINE

BREAKFAST SPECIALS

MONDAY - double double breakfast with 16.9 water or medium house coffee	6.15
TUESDAY - bacon, ham, sausage and cheddar omelet	6.95
WEDNESDAY - HUMP DAY BREAKFAST, pork sausage patty egg, provolone cheese, garlic aioli ,caramelized onions with toasted hard roll and side of tots	6.95
THURSDAY - sausage egg potato pico breakfast burrito	6.95
FRIDAY - loaded hashbrown with 16.9 water or medium house coffee	6.15

MON

HOT GRAZE

Grilled Steak ,baked potato and vegetable, chimichurri sauce

\$.60

TUES

HOT GRAZE

sesame tofu, orange, chicken tossed with vegetables over fried rice

\$.60oz

WED

HOT GRAZE

Balsamic braised pork garlic mashed, roasted green beans and tomatoes

\$.60oz

THURS

HOT GRAZE

Baked pasta or butter pasta with homemade meatball, side salad and garlic bread

\$.60oz

FRI

HOT GRAZE

Traditional wings

\$.60oz

FLAME

MONDAY

CHICKEN TENDER BASKET 7.70
served with french fries and 16.9oz bottled water

TUESDAY

SPICY CHICKEN CUBAN SANDWICH 10.50

Spicy chicken, ham, swiss cheese, pickle

WEDNESDAY

SOUTHWEST STEAK CHEESE 9.50

shaved steak with onions, and peppers, jalapeno, salsa, cilantro on a hoagie roll

THURSDAY

MUSHROOM SWISS BURGER ON BRIOCHE 10.50

Smash Beef burger lettuce, tomato swiss cheese,

FRIDAY

POPCORN SHRIMP BASKET 10.15

Popcorn shrimp basket with fries, lemon wedge and bang bang dipping sauce

SOMETHING
DELICIOUS
AWAITS YOU

NOW FEATURING



NOW SERVING PREMIUM, MADE TO ORDER BURGERS AND CHICKEN SANDWICHES

HAND MADE CHEESEBURGER \$8.85

HAND MADE HAMBURGER \$8.50

FRESH GRILLED CHICKEN SANDWICH \$8.00

MAKE IT A COMBO!
ADD FRIES FOR \$2.00

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SIKORSKY WEST 2ND SHIFT

Monday - Friday | 5:30 am - 1:00 pm
MARKETPLACE RETAIL OPEN TO 8.15 PM

WEEK OF APRIL 29

MON	GRINDER SHOP	
	ITALIAN COMBO	9.50
	Ham, salami, capicola, provolone cheese, lettuce, red onion, tomato served with bakers chips	
	HOT GRAZE	\$.60
	Grilled Steak ,baked potato and vegetable, chimichurri sauce	

TUES	GRINDER SHOP	
	SIGNATURE HONEY HAM	9.50
	ham, honey dijon spread, red onions lettuce, tomato, cheddar cheese served with baker chips	
	HOT GRAZE	\$.60oz
	sesame tofu, orange, chicken tossed with vegetables over fried rice	

WED	GRINDER SHOP	
	TURKEY & CHEDDAR	9.50
	Turkey, cheddar cheese, lettuce and tomato served with baker's chips	
	HOT GRAZE	\$.60oz
	Balsamic braised pork garlic mashed, roasted green beans and tomatoes	

THURS	GRINDER SHOP	
	BUFFALO CHICKEN MEATBALL	9.50
	Buffalo chicken, buffalo blue cheese hot sauce served baker's chips	
	HOT GRAZE	\$.60oz
	Baked pasta or butter pasta with homemade meatball, side salad and garlic bread	

FRI	BUTCHER + BAKE	9.50/14.00
	Assorted deli meat ,lettuce , tomatoes, cheese, served baker's chips	

FLAME

MONDAY
CHICKEN TENDER BASKET 7.70
served with french fries and 16.9oz bottled water

TUESDAY
SPICY CHICKEN CUBAN SANDWICH
10.50

Spicy chicken, ham, swiss cheese, pickle
WEDNESDAY
SOUTHWEST STEAK CHEESE 9.50
shaved steak with onions, and peppers, jalapeno, salsa, cilantro on a hoagie roll

THURSDAY
MUSHROOM SWISS BURGER ON BRIOCHE
10.50

Smash Beef burger lettuce, tomato swiss cheese,

FRIDAY
POPCORN SHRIMP BASKET 10.15
Popcorn shrimp basket with fries, lemon wedge and bang bang dipping sauce

SOMETHING
DELICIOUS
AWAITS YOU

NOW FEATURING



NOW SERVING PREMIUM, MADE TO ORDER
BURGERS AND CHICKEN SANDWICHES

HAND MADE CHEESEBURGER \$8.85

HAND MADE HAMBURGER \$8.50

FRESH GRILLED CHICKEN SANDWICH \$8.00

MAKE IT A COMBO!
ADD FRIES FOR \$2.00

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SIKORSKY SHELTON MARKETPLACE

Monday - Friday | 6:00 am - 12:00 pm

WEEK OF APRIL 29

MON

CHICKEN FINGER BASKET

chicken finger basket served with french fries
served with 16.9oz water

7.70

TUES

SPICY CHICKEN CUBAN SANDWICH

Spicy chicken, ham, swiss cheese, pickle

10.50

WED

SOUTHWEST STEAK CHEESE

shaved steak with onions, and peppers, jalapeno, salsa, cilantro on a
hoagie roll

9.50

THURS

MUSHROOM SWISS BURGER ON BRIOCHE

Smash Beef burger lettuce, tomato swiss cheese on brioche

10.50

FRI

BUTCHER + BAKER

Assorted deli meat ,lettuce , tomatoes, cheese, served baker's chips

9.50

BREAKFAST

MONDAY

Double double

double egg, double meat and cheese sandwich. Served w/
coffee or 16.9oz water 6.15

TUESDAY

Bacon, ham, sausage ,cheddar omelet 6.95

WEDNESDAY

HUMP DAY BREAKFAST, pork sausage patty
egg, provolone cheese, garlic aioli
,caramelized onions with toasted hard roll and
side of tots 6.95

THURSDAY

Sausage, egg, potato, pico breakfast burrito
6.95

FRIDAY

loaded hashbrown with two egg bacon ,
cheddar cheese with a 16.9 water 6.15

SOMETHING
DELICIOUS
AWAITS YOU

QUESTIONS?

CHEF MANAGER

JAMES SCOTT

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GENERAL MANAGER

AARON PERROTT

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SIKORSKY BRIDGEPORT MARKETPLACE

Monday – Friday | 5:30 am – 12:00 pm

WEEK OF APRIL 29

MON

CHICKEN FINGER BASKET

chicken finger basket served with french fries
served with 16.9oz water

7.70

TUES

SPICY CHICKEN CUBAN SANDWICH

Spicy chicken, ham, swiss cheese, pickle

10.50

WED

SOUTHWEST STEAK CHEESE

shaved steak with onions, and peppers, jalapeno, salsa, cilantro on a
hoagie roll

9.50

THURS

MUSHROOM SWISS BURGER ON BRIOCHE

Smash Beef burger lettuce, tomato swiss cheese on brioche

10.50

FRI

BUTCHER + BAKER

Assorted deli meat ,lettuce , tomatoes, cheese, served baker's chips

9.50

BREAKFAST

MONDAY

Double double

double egg, double meat and cheese sandwich. Served w/
coffee or 16.9oz water 6.15

TUESDAY

Bacon, ham, sausage ,cheddar omelet 6.95

WEDNESDAY

HUMP DAY BREAKFAST, pork sausage patty
egg, provolone cheese, garlic aioli
,caramelized onions with toasted hard roll and
side of tots 6.95

THURSDAY

Sausage, egg, potato, pico breakfast burrito
6.95

FRIDAY

loaded hashbrown with two egg bacon ,
cheddar cheese with a 16.9 water 6.15

SOMETHING
DELICIOUS
AWAITS YOU

QUESTIONS?

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