



Morning Inspirations

Breakfast Handhelds

Priced per person, minimum 8 guests.

GAME DAY BISCUIT AND SLIDERS

Kick-off the morning with game day inspired biscuits and sliders. Served with roasted red bliss potatoes with rosemary.

Select up to two flavors:

- Spicy chicken and honey butter biscuit sandwich
- Plant-based sausage and pimento cheese biscuit sandwich
- Applewood bacon, egg and cheddar slider
- Turkey, egg and cheddar slider

Hot Breakfast Buffet

Priced per person, minimum 8 guests.

POTATO AND ROSEMARY FRITTATA 15.

Baked cage-free egg frittata with fresh spinach, red bliss potatoes, rosemary and feta cheese. Served with turkey sausage links, whole grain cornbread muffins and mini apple almond honey yogurt parfaits.

Make it plant-forward! Substitute for plant-based sausage patties

Breakfast Graze

Priced per person, minimum 8 guests.

FALL BREAKFAST BOARD

14. Ipkin

Cheddar apple egg bite strata, maple bacon, cinnamon rolls with cream cheese icing, pumpkin bread, fruit and nut trail mix, roasted fresh pears, dried apricots and apple butter.

HARVEST MORNING YOGURT AND TRAIL MIX

9.

Greek yogurt, gingerbread granola, fruit and nut trail mix, peanut butter pumpkin energy bites and grapes.

ADD-ONS:

ADD ONO.	
CORNBREAD MUFFINS WITH HONEY BUTTER	+2.5
EVERYTHING (BUT THE) BAGEL DEVILED EGGS	+2.5
MINI APPLE ALMOND HONEY PARFAIT	+3.5

ELEVATE YOUR BREAKFAST:

MORNING MIMOSA MOCKTAIL

3.



Lunch Creations

Deli

Priced per person, minimum 8 guests.

SEASONAL SANDWICH & SALAD GRAZE

Your choice of sandwiches, salads and sides served with an assorted mini cookie platter.

Salad & Sandwich Selections (choose up to 2)

- Chicken salad sandwich with grapes and almonds on croissant
- Grilled vegetables and pumpkin hummus wrap
- Harvest cobb salad with grilled chicken and maple cider vinaigrette
- Cran-apple orchard salad with farro, gouda and rye croutons

Side Selections (choose up to 2)

- Seasoned bakers chips
- Creamy broccoli bacon salad
- Apple cranberry pecan slaw
- Assorted retail chips

Something extra (choose 1)

- Crudité with pumpkin hummus platter

MAKE IT A BOXED LUNCH!

Includes choice of sandwich or salad, cookie, chips.

PREMIUM ADD-ONS

CREAMY BROCCOLI BACON SALAD APPLE CRANBERRY PECAN SLAW

Hot Lunch Buffet

Priced per person, minimum 8 guests.

FALL HARVEST BOWL

15

Allow guests to create their own bowl from a variety of season's best roasted vegetables, brown rice, quinoa and toppings with a choice of proteins.

Select up to two proteins:

- Ginger sesame grilled tofu
- Herb grilled chicken

+3.

+4.

- Rosemary grilled shrimp
- Lemon pepper grilled salmon

ADD-ONS CORNBREAD MUFFINS WITH HONEY BUTTER

+2.5



Treat Yourself

Graze Snacks

Priced per person, minimum of 6.

GAME DAY PRETZEL BITES

12.

Soft pretzel bites, crudité, beer cheese sauce, spicy brown mustard and lemon pepper ranch dipping sauces.

CARAMEL APPLE BOARD

8.

Salted caramel dip, sliced apples, dipped pretzels and toasted pecans.

PUMPKIN HUMMUS

8.

Spiced pumpkin hummus topped with cilantro and sesame seeds and served with seasonal crudité and pita chips.

Individual Snacks & Desserts

Priced per person, minimum of 6.

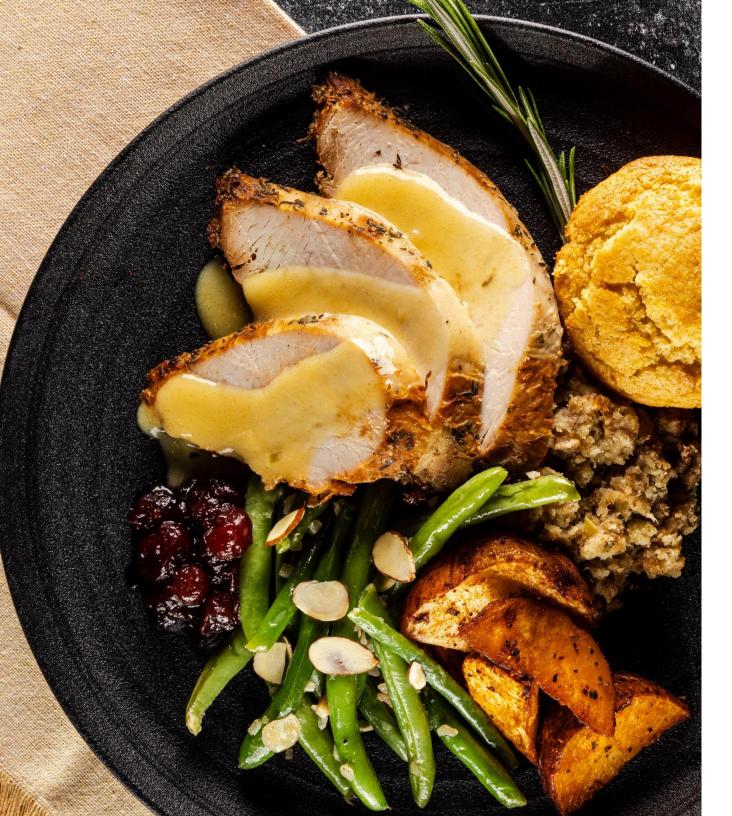
CORN MUFFINS WITH HONEY BUTTER	2.5 EA
MINI APPLE ALMOND HONEY PARFAIT	3.5EA
CRUDITE WITH PUMPKIN HUMMUS CUPS	3. EA
PUMPKIN ENERGY BITES	1.5 EA
FRUIT AND NUT TRAIL MIX CUP	3.5 EA
PRETZEL DUO BAG	3.5 EA

ADD-ONS:

Priced per person, minimum of 6 guests.

MARGARITA MOCKTAIL +4.5
BROWIE BITES +2

FRUIT AND NUT TRAIL MIX CUP +3.5



Seasonal Feature

Fall Meal

Priced per person, minimum of 8 guests.

HOLIDAY TRADITION

14

Herb roasted turkey breast, gravy, cranberry sauce, classic bread stuffing, roasted red bliss potatoes with rosemary and green beans with toasted almonds.

ADD-ONS:

CORNBREAD MUFFINS WITH HONEY BUTTER

+2.5

SPARKLING SPICED APPLE CIDER

+4.5



Holiday Inspirations

Great for in-office events or a	is a dis	sh to share!	
Party Boards Priced per person, minimum 8 guests.		Create Priced per person, minimum 8 guests.	
CHARCUTERIE BOARD	10.	BYO Holiday Feast	22.
SHRIMP COCKTAIL PLATTER SWEET AND SALTY SNACK BOARD CHOCOLATE CHIP CANNOLI DIP PLATTER	8. 6. 4.5	Main Entrée (choose up to 2) - Herb roasted turkey breast - Mustard crusted pork loin - Maple glazed salmon - Wild rice and pecan stuffed acorn squa	ash
Trend-Worthy Bites Priced per person, minimum 8 guests. UPSIDE DOWN PUFF PASTRY TARTS Choose a flavor! - Caramelized shallot and parmesan - Apple brie and almond - Sweet potato and marshmallow	5.	Sides (choose up to 2) Roasted red bliss potatoes with rosemand cheese Baked macaroni and cheese Sauteed green beans with toasted almost carrots Creamy mashed cauliflower Roasted green beans with pistachio pocrunch Butternut kale macaroni and cheese	onds
CLOUDS ON TOAST (WHIPPED RICOTTA) WITH THYME ROASTED GRAPES)	4.	- Sweet potato pecan casserole Accompaniments (choose up to 2)	
STREET CORN DIP IN A TORTILLA CUP	2.5	Turkey gravyFresh cranberry sauce	
COCTEL DE CAMARON (SHRIMP COCKTAIL)	6.	Classic bread stuffingApple walnut spinach saladWhole grain cornbread muffins	
DIRTY MARTINI DIP WITH CRACKERS	4.		
CHOCOLATE ESPRESSO MARTINI MOUSSE CUP	4.	Desserts Priced per dozen.	
Mocktails		PEPPERMINT BROWNIE	36.
Priced per person, minimum of 8 guests.		PUMPKIN PIE BARS	36.
CARAMEL PECAN PIE EGGNOG	4.	PECAN PIE BARS	36.
SPARKLING SPICED APPLE CIDER	 4.5	CHOCOLATE CHUNK COOKIES	24.



Well-being and Sustainability

FRESH FORK is inspired for the good of people and the planet.

We are committed to crafting seasonal ingredients into trend-forward menus with local, regional and global flair with:

BETTER NUTRITION CHOICES with FIT offerings and functional foods.

LESSENING CARBON EMISSIONS strategies focused on plant-forward, meatless menu options and regenerative agriculture farming. In-house catering is more sustainable by reducing gas needed for deliveries.

SOURCING SUSTAINABLY & DIVERSE PARTNERSHIPS including local American family farms and artisans, ethical and responsible sourcing including eco / fair trade coffee, certified humane cagefree eggs, rBGH-Free milk and yogurt, and sustainable seafood.

REDUCING WASTE in our kitchens that follow low food waste practices and recipes. Less packaging waste with in-house catering services.

We partner with organizations to MAKE A DIFFERENCE IN YOUR COMMUNITY

LOCAL AND REGIONAL FARMS

We purchase local produce and dairy from farmers in the community.

COMMUNITY OUTREACH AND GREEN INITIATIVES

We partner with food recovery and non-profit organizations to safely donate fresh foods and nutritious meals. We implement composting programs wherever possible.



Catering Policies

HOW IT WORKS

Catering orders will include all necessary plates, utensils, napkins and condiments in quantities consistent with your order. We also supply all food and beverage equipment needed to ensure food is served properly.

LAST MINUTE ORDERS

We ask for a 24-hour notice for catering orders but understand that last minute needs do arise. Please contact the catering office for your last-minute needs and we will make every effort to accommodate them.

DON'T SEE WHAT YOU ARE LOOKING FOR?

Contact our Catering Manager and we will develop a customized menu that fits your needs.

ADDITIONAL SERVICE

If you are hosting an important all-day event or a large-scale meeting that requires more attention that just a set up, delivery and pick up, we can arrange for you to have a catering attendant to tend to any immediate needs that arise. Speak to our catering manager to schedule an attendant to make sure your event is a success!

SPECIAL EVENTS

Are you looking to host a seated dinner or cocktail reception? We can plan and execute your event. Set up a meeting with our Catering Manager to go over your ideas!

CANCELLATIONS

Catering orders are made specifically for your meeting, therefore cancellations must be made 24 hours in advance. When this is not possible, please let us know if we can deliver your order to another location. Cancellation fees may apply.