

# EAT. DRINK. SOCIALIZE.

## IVORYDALE CAFE

Monday – Thursday  
Breakfast: 7:30 am – 9:00 Am  
Lunch: 11:00 am – 1:30 pm  
**WEEK OF JULY 14**



### WEEKLY BREAKFAST FEATURES

#### INCLUDES CHOICE OF SIDE

**STRAWBERRY FRENCH TOAST** 6.00  
texas french toast stuffed with a marinated strawberry cream cheese filling

**FIT TOFU BLACK BEAN BREAKFAST BURRITO (V)** 6.50  
scrambled tofu, black beans, peas, cilantro, tomato, mexican spices in a whole wheat tortilla

#### \$7 'ALL IN' MEAL DEAL

bacon, egg, and cheese burrito with tater tots and ocean spray bottled juice

MON

**FLAME: GRILLED CHEESE** 3.59  
american cheese and texas toast

**SOUP:** black bean cuban, veg beef barley, broccoli cheese, beef chili 3.75

TUES

**TURO TURO: EGGPLANT AND LONG BEAN ADOBO (V), FILIPINO STYLE CHICKEN OR PORK** 8.40  
choice of eggplant and long bean adobo (V), filipino style chicken, or filipino style pork with sinigang, achara, and kamote with 20 oz water or soda. Add on vegetable lumpia +2.00

**DHABA GRAZE:** chicken tikka, jeera rice, kuchumber salad, naan .51/oz

**SOUP:** black bean cuban, veg beef barley, broccoli cheese, beef chili 3.75

WED

**NATIONAL ICE CREAM MONTH: BBQ BABY BACK RIBS OR HONEY BBQ GLAZED SALMON** 12.00  
choice of FIT bbq baby back ribs or FIT honey bbq glazed salmon with pepper bacon mac n' cheese, wine braised cabbage and apples, and 20oz water or soda. Add on house made ice cream sandwich +2.95

**DHABA GRAZE:** paneer tikka, jeera rice, kuchumber salad, naan .51/oz

**SOUP:** black bean cuban, veg beef barley, broccoli cheese, beef chili 3.75

THURS

**COOL CHIX: DILL PICKLE BRINED OR FIT HONEY MUSTARD BRINED CHICKEN BITES** 8.40  
choice of hand breaded dill pickle brined chicken nugget bites or FIT grilled honey mustard brined chicken nugget bites with cucumber tomato pepper salad, pimento cheese macaroni salad, lemon pepper ranch dipping sauce and a buttermilk biscuit with 20 oz water or soda

**DHABA GRAZE:** shrimp coconut curry, jeera rice, kuchumber salad, naan .51/oz

**SOUP:** black bean cuban, veg beef barley, broccoli cheese, beef chili 3.75

FRI

**CLOSED**

24/7 grab and go available

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denotes registered dietitian pick

### GRILL FEATURES

#### AVAILABLE ALL WEEK

includes choice of side

**PORK CUBANO SANDWICH** 8.00  
fire braised pork and ham with melted swiss cheese, chopped pickles, and yellow caesar dressing on a telera roll

**FIT FIVE SPICE CHICKEN BURGER** 8.40  
five spice chicken patty topped with shiitake mushrooms, house made asian slaw, and sriracha aioli on a kaiser bun

#### SWAP YOUR SIDE

**FIT** miso roasted carrots (VG)

#### \$6 'ALL IN' MEAL DEAL

choice of cheeseburger, signature garden burger, or signature grilled chicken sandwich  
Includes whole fruit, vegetable crudité, or bagged chips and 20oz water or soda

### HOUSE DRESSING FEATURES

**ORANGE SESAME DRESSING**

**CRANBERRY BASIL VINAIGRETTE**

### DELI FEATURES

#### AVAILABLE ALL WEEK

includes choice of side

**PEPPERONI FLATBREAD** 7.95  
flatbread, marinara sauce, mozzarella cheese, pepperoni

**CHEESE FLATBREAD** 7.95  
flatbread, marinara sauce, mozzarella cheese

#### SWAP YOUR SIDE

**FIT** miso roasted carrots (VG)

#### \$6 'ALL IN' MEAL DEAL

turkey pesto mayo wrap  
includes whole fruit, vegetable crudité, or bagged chips and 20oz water or soda