

# EAT. DRINK. SOCIALIZE.

## THE SQUARE MEAL

Monday - Friday  
Breakfast: 6:30am-9:30am  
Lunch: 10:30am-1:30pm  
Snacks / Grab & Go: 24/7

## WEEK OF AUGUST 11TH



### RISE & SHINE

#### BREAKFAST SPECIALS 5.99

- M** Egg White Caprese Sandwich- Egg topped with tomato, mozzarella, and basil on a croissant.
- T** Chicken Biscuit with Peach Compote- Crispy chicken on a buttermilk biscuit with peach compote.
- W** Denver Hash breakfast wrap- Cage free eggs with ham, peppers, onions, Swiss cheese and hashbrowns.
- T** Peaches and Cream stuffed croissant- Croissant filled with cream cheese mousse and peaches.
- F** All American- 2 pancakes, sausage and eggs

MON

**FLAME: Peach Turkey brie burger-** Turkey burger topped with a grilled mojito lime peach slaw, cilantro aioli on a brioche bun. 7.99



**B&B: composed-** mediterranean mix tape, BBQ chicken wrap

**CrEATe:** Braised beef short rib with garlic mashed potatoes, herbed squash and campfire cookie. 0.75oz

TUES

**FLAME: French Onion Grilled Cheese-** Caramelized onions and bacon with swiss cheese on toasted sourdough. 7.99

*Thai & True*

**B&B: composed-** mediterranean mix tape, BBQ chicken wrap

**CrEATe:** Choice of Green Pork curry or vegetable curry served with peppers, bamboo shoots, green beans, snow peas spinach and jasmine rice. .75oz

WED



**FLAME: Actual Veggies Truffle Burger:** Actual veggies mushroom truffle burger topped with crispy onions, swiss cheese, lettuce, and tomato. 7.99

**B&B: composed-** mediterranean mix tape, BBQ chicken wrap

**CrEATe:** Grilled chicken with peach salsa, charred elote salad, green beans and bread pudding 10.99

THURS



**FLAME: Chili Cheeseburger:** beef burger topped with house made beef chili, fresh chopped onions, cheddar cheese, and sour cream on brioche. 8.99

**B&B: composed-** mediterranean mix tape, BBQ chicken wrap

**CrEATe:** Peruvian chicken served with Peruvian fried rice, grilled asparagus and banana pudding. .75oz

FRI

**FLAME: Garden Chicken Wrap-** Crispy chicken fresh lettuce, carrots, bell peppers, parmesan cheese and ranch dressing in a flour tortilla. 7.99

**B&B: composed- B&B: composed-** mediterranean mix tape, BBQ chicken wrap

CONNECT  
WITH US



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### LPL Live Well



BREAKFAST 5.81

#### CHORIZO MUSHROOM SCRAMBLE

chorizo and fresh button mushrooms scrambled with egg whites, fresh diced tomatoes, green scallions, cilantro, served with corn tortillas

LUNCH 5.81

#### GRILLED CHICKEN SANDWICH WITH PEACH CHUTNEY

Grilled citrus chicken breast topped with house-made peach chutney and arugula on whole grain bread.



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with the app today!

### SOUPS

#### MONDAY & WEDNESDAY & FRIDAY

beef chili

hot and Sour Soup

#### TUESDAY & THURSDAY

Cauliflower and Cheddar Bisque

hot and sour soup



Meat Lovers Calzone

Bacon Spinach pesto pizza

Chicken Pesto Flatbread

Choice of Caprese Salad or Mint Feta and  
Peach farro salad