



	portion size	calories	total fat (g)	saturated fat (g)	sodium (mg)	total carb (g)	dietary fiber (g)	protein (g)
MEXICAN STREET CORN	8 FLOZ	150	7	4	940	20	2	5

ingredients: water, corn, cream (milk), roasted corn, onions, red peppers, contains less than 2% of: modified food starch, sour cream (cream, cultures), roasted garlic, parmesan cheese (part-skim milk, cultures, salt, enzymes), white corn flour, cotija cheese [cultured part-skim milk, salt, enzymes], salt, three chiles blend puree (water, ancho chiles, pasilla chiles, guajillo chiles), lime juice concentrate, smoked paprika, spice, rice flour.

THAI STYLE CHICKEN AND RICE	8 FLOZ	391	34	11	900	12	0	7
-----------------------------	--------	-----	----	----	-----	----	---	---

ingredients: cream, clam stock, lobster, sherry wine, wheat flour, onion, paprika, cod, potato flour, garlic powder, celery, mustard,

BAJA CHICKEN ENCHILADA	8 FLOZ	265	16	5	1140	22	4	8
------------------------	--------	-----	----	---	------	----	---	---

ingredients: chicken stock, chicken meat, black beans, tomatoes, green peppers, jalapenos, corn masa, cilantro, garlic, onions, butter, cream

PORK CALDO VERDE	8 FLOZ	120	6	2	685	11	0	5
------------------	--------	-----	---	---	-----	----	---	---

ingredients: pork sausage, poblano peppers, kale, chicken stock, garlic, onion, paprika

CHICKEN TORTILLA	8 FLOZ	110	3	1	615	14	2	8
------------------	--------	-----	---	---	-----	----	---	---

ingredients: chicken stock, chicken meat, tomatoes, onions, black beans, diced tomatoes, corn, cilantro, soy, peanut oil

WHITE CHEDDAR CAULIFLOWER BISQUE	8 FLOZ	320	26	15	830	9	LESS THAN 1 GRAM	10
----------------------------------	--------	-----	----	----	-----	---	------------------	----

ingredients: cream (milk), water, cheddar cheese blend, cauliflower, modified food starch, onions, vegetable oil, roasted garlic, salt, dehydrated garlic, dehydrated onions, black pepper, thyme.

BROCCOLI CHEDDAR	8 FLOZ	220	17	8	730	14	1	5
------------------	--------	-----	----	---	-----	----	---	---

ingredients: water, broccoli, heavy cream (from milk), pasteurized processed cheddar cheese, water, milkfat, salt, broccoli puree, onions, enriched flour, canola oil, unsalted butter, salt, dijon mustard, chicken stock, chicken, chicken fat, sugar, hydrolyzed corn protein, pepper sauce, hydrolyzed corn gluten, paprika, turmeric.

CHICKEN NOODLE	8 FL OZ	80	1.5	0	640	11	LESS THAN 1 GRAM	5
----------------	---------	----	-----	---	-----	----	------------------	---

ingredients: water, carrots, cooked diced white meat chicken, enriched pasta product, egg white, whole egg, celery, onions, chicken base, soy sauce, yeast extract, onion, soybean oil, modified food starch, salt, sugar, spices.

BAKED STUFFED POTATO	8 FL OZ	250	16	7	670	23	1	
----------------------	---------	-----	----	---	-----	----	---	--

ingredients: water, potatoes, heavy cream (from milk), onions, shredded hash brown potatoes, cream cheese, canola oil, bacon bits, potato flakes, green onions, salt, chicken base, soy and corn protein, carrot powder, turmeric, parmesan cheese, chives, pepper sauce, spices, sugar.

VEGETABLE BEEF BARLEY SOUP	8 FL OZ	110	2	1	470	15	3	8
----------------------------	---------	-----	---	---	-----	----	---	---

ingredients: water, carrots, beef, celery, barley flakes, onions, beef base, soy protein, potato flour, whey [milk], corn oil, paprika, sunflower oil, granulated garlic, heavy cream (milk), tomato paste, soy and wheat protein, salt, sugar.

TOMATO BASIL BISQUE	8 FLOZ	160	7	4.5	250	20	LESS THAN 1 GRAM	4
---------------------	--------	-----	---	-----	-----	----	------------------	---

ingredients: water, diced tomatoes in juice, tomato paste, heavy cream (milk), celery, flour, carrot puree, onions, unsalted butter, basil, salt.

CORN CHOWDER	8 FLOZ	240	12	6	740	28	2	6
--------------	--------	-----	----	---	-----	----	---	---

ingredients: water, corn, corn puree, heavy cream (milk), potatoes, cream style corn, onions, vegetable base, salt, sugar, corn oil, potato flour, carrots, unsalted butter, canola oil, enriched flour, cornstarch, chicken base, soy protein, sugar, potato flour, carrot powder, turmeric sugar, bacon base, salt, yeast extract, ham stock, smoke flavoring, salt, celery salt, granulated garlic, cayenne pepper.



	portion size	calories	total fat (g)	saturated fat (g)	sodium (mg)	total carb (g)	dietary fiber (g)	protein (g)
CUBAN BLACK BEAN	8 FLOZ	150	1	0	760	28	9	8

ingredients: Water, black beans, green peppers, red peppers, onions, diced tomatoes in tomato juice, chipotle adobo puree, garlic puree. Gluten Free, Vegan.

ITALIAN WEDDING	8 FLOZ	120	5	1.5	490	11	2	6
-----------------	--------	-----	---	-----	-----	----	---	---

ingredients: water, diced tomatoes in juice, chicken meatballs (chicken, water, textured soy protein concentrate, eggs, breadcrumbs), soy protein concentrate, romano cheese, onions, macaroni (semolina wheat flour, egg white), carrots, spinach, celery, chopped garlic, olive oil, salt, chicken stock, chicken, chicken fat, sugar, corn protein, turmeric.

VEGETARIAN MINESTRONE	8FLOZ	70	0.5	0	77	15	3	3
-----------------------	-------	----	-----	---	----	----	---	---

ingredients: water, diced tomatoes in juice, tomato paste, carrots, cooked kidney beans, onions, celery, zucchini, macaroni (semolina [wheat], egg whites), corn, cabbage, vegetable soup base, tomato paste, canola oil, potato flour, chopped garlic, salt, corn starch.

VEGETARIAN POZOLE	8 FLOZ	180	6	0.5	780	27	4	5
-------------------	--------	-----	---	-----	-----	----	---	---

ingredients: water, white hominy, corn, black beans, white kidney beans, onions, tomatoes in juice, canola oil, tomato paste, sugar, red bell peppers, poblano chili peppers, green bell peppers, jalapeno peppers, cilantro, dried chili peppers, salt, soy and corn protein, smoked paprika, onion powder, dried garlic, lime juice, pepper sauce, corn oil, garlic powder, turmeric.

BAKED STUFFED POTATO	8 FLOZ	250	16	7	670	23	1	7
----------------------	--------	-----	----	---	-----	----	---	---

ingredients: water, potatoes, heavy cream (from milk), onions, shredded hash brown potatoes, cream cheese, canola oil, bacon bits, potato flakes, green onions, salt, chicken base, soy and corn protein, carrot powder, turmeric, parmesan cheese, chives, pepper sauce, spices, sugar.

--	--	--	--	--	--	--	--	--

2000 calories a day is used for general nutrition advice, but calorie needs vary.

Nutrient values are based on data from the USDA and our suppliers. Unplanned product substitutions, changes in product specifications and other factors may result in nutrient content variations. Be aware that we handle and prepare egg, milk, wheat, shellfish, fish, soy, peanut and tree nut products, and other potential allergens in the food production areas of our facility. Due to these inherent variabilities, guests with food allergies or other specific dietary concerns should speak with a manager for individualized assistance. Trans fat values are derived from those in animal protein and dairy products, not added/artificial trans fat such as those in baked goods and snack foods for which our standard is 0g.

Copyright © 2025 Compass Group North America. (CGNA) All Rights Reserved. The contents of this website, including information viewed, downloaded or printed from this website, are proprietary and confidential to CGNA and may not be copied, used or disclosed without the express written permission of CGNA.