

## **KELSEY MASSIS** RDN, LDN, MBA

## **Director of Nutrition and Wellness**

As a Registered Dietitian, Kelsey Massis, has a passion for health and wellness, striving to improve the wellbeing of those she serves by sharing the healing power and pleasure of food. Kelsey received her BS degree in Nutrition and Food Science from Colorado State University in 2010 and completed her dietetic internship in combination with an MBA from Dominican University in 2012. With over 10 years of experience working as a dietitian, Kelsey has worked in a variety of settings including eating disorders, community nutrition, food service management, K12 schools and individualized nutrition consulting.

In her current role, Kelsey leads and supports a variety of wellness and sustainability initiatives throughout the Bank of America community. Kelsey believes that life experiences should be enjoyed just as much as the food you eat, where she continues to apply this moto along with her knowledge and skills, helping to elevate the guest experience throughout our Compass One cafes and marketplaces.





