

# EAT. DRINK. SOCIALIZE.

MARKET 7105 & LOCAL HARVEST

Monday – Friday | 7:30 am – 2:00 pm

WEEK OF JANUARY 27



## WEEKLY SPECIALS

### BREAKFAST

**Egg & Cheese Muffin with Bacon, Veggie Sausage, or Pork Sausage** meal deal **5.00**

**Denver Omelet** meal deal **5.00**

### ROOTS & SEEDS

**Fall Harvest Salad** 12.00

**Jerk Shrimp Salad** 13.50

meal-deal comes with potatoes and small coffee

MON

**Kitchen & Co:** bbq pork chops on honey bbq salmon with two sides 8.75/10.75

**Butcher + Baker:** veggie hummus sub sandwich or chicken cordon blue sandwich meal 5.00

**Flame:** cajun grilled chicken sandwich meal or black bean burger meal 5.00

**Local Harvest:** carne asada, pollo asada or crispy shrimp street tacos with two sides 10.25

TUES

**Little Lime:** taco salad or nachos with Spanish rice or spicy refried beans 12.00

**Butcher + Baker:** veggie hummus sub sandwich or chicken cordon blue sandwich meal 5.00

**Flame:** cajun grilled chicken sandwich meal or black bean burger meal 5.00

**Local Harvest:** Nashville hot chicken sandwich or roasted salmon with two sides 11.25

WED

**Pho Bowls:** chicken or tofu with rice noodles and your choice of vegetables & broth 9.25

**Butcher + Baker:** veggie hummus sub sandwich or chicken cordon blue sandwich meal 5.00

**Flame:** cajun grilled chicken sandwich meal or black bean burger meal 5.00

**Local Harvest:** BBQ brisket or smoked wings with two homestyle sides 11.25

THURS

**Ginger Republic:** spicy cashew pork, sweet & sour chicken, tofu or Szechuan shrimp 8.75/11.25

**Butcher + Baker:** veggie hummus sub sandwich or turkey provolone wrap meal deal 5.00

**Flame:** cajun grilled chicken sandwich meal or black bean burger meal 5.00

**Local Harvest:** general tso chicken, honey walnut shrimp or beef & broccoli 9.00/11.25

FRI

**Chef Ruben Special:** tacos al pastor or pollo asada with cilantro rice and beans 10.00

**Butcher + Baker:** veggie hummus sub sandwich or turkey provolone wrap meal deal 5.00

**Flame:** cajun grilled chicken sandwich meal or black bean burger meal 5.00

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PLANT-BASED



look for (v) = Vegetarian and (vg) = Vegan to identify plant-rich features

## WEEKLY FEATURES

### BUTCHER + BAKER

Veggie Hummus Sub Sandwich Meal 5.00

Chicken Cordon Bleu Meal Deal 5.00

### FLAME

Cajun Grilled Chicken Sandwich Meal 5.00

Black Bean Burger Meal 5.00



### DAILY MEAL DEALS

we're offering something new every day at each station



### AFTERNOON SOCIAL

\$1 prepared & packaged snacks every day, after 1 PM



### BOGO WATER

buy one water, get the second FREE, available after 1 PM  
includes any 16.9oz (or less) water

## SOUPS

### MONDAY

Mediterranean Stew 4.55/5.55

Chicken Noodle

### TUESDAY

Vegetable Posole 4.55/5.55

Chicken Tortilla

### WEDNESDAY

Jambalaya 4.55/5.55

Black Bean Soup

### Thursday

Chicken & Dumpling 4.55/5.55

Broccoli & Cheddar

### FRIDAY

Beef & Vegetable 4.55/5.55

Tomato Basil