



WHAT IS FOOD WITH PURPOSE?

We understand the tremendous impact we can have on healthy living for all which is one of the main drivers of our wellness and sustainability platform, Food with Purpose, designed for the good of **people** and **planet**.

Whatever Eurest does, you will find Food with Purpose at the core of it. The platform is the foundation of meaningful initiatives we lead, influence and leverage for health and well-being, environmental and social change including the ingredients we use and recipes we create, and the passion of our people who want to make a difference in the workplace and beyond.





BETTER NUTRITION CHOICES

We believe that food should not only taste great, but also be great for your body. Our chefs and registered dietitian nutritionists focus on recipes and ingredients that are in-season, responsibly sourced, plant forward, FIT and loaded with functional foods.



SOURCING SUSTAINABLE INGREDIENTS

We know that where our food and products come from matters. We are committed to supporting local and regional American family farms; net zero deforestation and ethical sourcing; farm animal welfare; sustainable fish and seafood; and diverse partnerships to build a better future for all.



LESSENING CARBON EMISSIONS

The biggest source of emissions from foodservice ties directly to the food we buy, cook and serve. Our long-term strategy, focused on plant-forward menuing and regenerative agriculture will improve our planetary impact. Our commitment is to reach net zero GHG emissions across our global operations & value chain by 2050.



REDUCING WASTE

We are minimizing both food and non-food waste to lessen our environmental impact. Composting and recycling are two ways that we are disposing of products, which diverts waste from a landfill, reducing the impact that landfills have on the environment and greater planet.



FIT CRITERIA

FIT items meet specific nutrition criteria that aligns with current dietary recommendations, such as calories, total fat, saturated fat and sodium.



VEGETARIAN

We offer recipes crafted without meat, fish, poultry, or shellfish, but may contain dairy products and cage-free eggs.



VEGAN

We offer recipes crafted without ingredients from animals or dairy products. It also means no honey, cage-free eggs or dairy.

SNACK *with* PURPOSE

Each snack was hand-selected by our team of Registered Dietitians.



Snacks that offer nutrient-dense ingredients that may provide additional health benefits beyond basic nutritional needs, ranging from vitamins and minerals to antioxidant properties and more; these ingredients should be listed first.



Each snack meets the FIT snack criteria with no more than 250 calories, 3 grams of saturated fat, 20 grams of sugar and 230 mg of sodium per package; candy is excluded and unsweetened fruit is exempt.



Snacks with at least 5 grams of protein and 3 grams fiber per serving to keep you energized throughout the day and between meals; candy excluded.



Each snack contains at least 8 grams of protein per serving to help curb your appetite or replenish your body after exercise; candy excluded.



Snacks on a mission to be more sustainable that are either upcycled, support regenerative agriculture, use an animal protein alternative, or have eco-friendly certifications like Fair Trade and Rainforest Alliance.

