

OCTOBER

COMPASS CULINARY CALENDAR



FALL HARVEST

All Month Long

It's officially fall, and we're embracing the season. Keep an eye out for pumpkin recipes, baked goods, and warm spices.



CHEF SPOTLIGHTS

Every Tuesday

Our Executive Sous Chef will host a series of Chef's Tables with delicious features for Hispanic Heritage and Fall Harvest.



BREAST CANCER AWARENESS

2nd & 3rd Week of October

We're turning the café pink for Breast Cancer Awareness Month. Look out for pink chef's hats and a pink and red salad bar.



OKTOBERFEST

October 2

Follow our festive culinary journey through Germany with traditional flavors, hearty dishes, and vibrant seasonal ingredients.



COUNTRY CARTS

October 7-9

We're bringing back a selection of independent vendors, providing an easy and accessible way to buy local.



INSPIRED KITCHEN: NATL SEAFOOD MONTH

October 8

This month's Inspired Kitchen features seared Arctic char with warm quinoa, roasted carrots, Brussels sprouts, and a citrus herb drizzle.



CAFECITO

October 9

We are debuting Cafecito, a celebration of the ritual of coffee spotlighting a zero-proof Canela y Fuego Espresso Martini.



WORLD FOOD DAY

October 16

On World Food Day, we're bringing in one of our donation partners to show how our food is making the world a better place.



DIWALI

October 21

Our celebration of the Festival of Light will include vivid colors, bright lights, and traditional dishes and sweets.



HALLOWEEN

4th Week of October

Now's the time to get spooky - no tricks, just treats. Look out for Halloween-themed cookies, desserts, and seasonal foods.

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ALL EVENTS AT 500 GRANT ST

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