

EAT. DRINK. SOCIALIZE.

240 GREENWICH MARKETPLACE

Monday - Friday
Breakfast 7:00 am - 10:00 am | Lunch 11:00am - 2:00pm

WEEK OF MAY 6TH

FOR THE ENTIRE DAILY MENU VISIT US AT

[HTTPS://EURESTCAFES.COMPASS-USA.COM/BNY/PAGES/NUTRITION.ASPX?LID=240GFOODHALL](https://eurestcafes.compass-usa.com/bny/pages/nutrition.aspx?lid=240gfoodhall)

WEEKLY BREAKFAST SPECIALS

CREATE - Donut Bar - try one of our chef designed donuts or BYO!	3.99
FLAME - Pesto Schmeat with Avocado Tomato & Turkey on Whole Wheat Bagel	9.65

MON	CRAVE - Celebrating Mental Health Day, we Bring You a BYO Smoothie Bar	10.95
	PIRI PIRI - Piri Piri Pork Skewer and Sides	15.05
	MEATBALL INC - Buffalo Chicken Meatball	15.05

TUES	GINGER REPUBLIC - Orange Peel Chicken	15.05
	PICCOLA ITALIA PIZZA - Assorted Pizza Rolls	8.50
	BUTCHER & BAKER CARVERY - Carved French Cut Turkey Breast with Apples & Gouda	11.75

WED	BUTCHER & BAKER - Maple Roasted Acorn Squash	10.95
	PIRI PIRI - Piri Piri Chicken and sides	15.05
	MEATBALL INC - Beer Battered Cod Fish Meatballs with Chili Sauce	15.05

THURS	ROOTS & SEEDS - Buffalo Ranch Crispy Chicken Salad	15.05
	BUTCHER & BAKER - Chipotle Roast Beef Avocado Fontina Flatbread	10.95
	GRAZE - It's an Island eats kinda day! Join us and have a taste of the Islands	0.75/oz

FRI	FLAME - Poblano Lime Shrimp Quesadilla	11.55
	PICCOLA PIZZA - Get your favorites by the slice!	4.60
	GRAZE - Let's celebrate Asian America Pacific Heritage with some amazing flavors	0.75/oz

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Share us your feedback, text **BNYM** to **99299**

FIESTA de MAYO

WEDNESDAY MAY 8TH

BREAKFAST

Huevos Rancheros - Tamales - Papas con Chorizo - Chilaquiles Rojas

LUNCH

Taco Bar & Toppings - Chicken Fajitas - Steak Fajitas - Chiles Rellenos en Salsa Verde - Chili Lime Shrimp - Baked Chimichangas - Cilantro Rice - Beans - Guacamole and more!

DESSERTS

Churros - Tres Leches Cake - Concha (Mexican Sweet Bread)

CHEF TABLE

Made to order Guacamole and Nachos with Carne Asada or Chipotle Chicken

A TIME TO CELEBRATE. FRESH INGREDIENTS. BOLD LATIN FLAVORS.

SOMETHING
DELICIOUS
AWAITS YOU

SOUPS

CHICKEN NOODLE SERVED EVERY DAY

MONDAY

Tomato Lentil

TUESDAY

Southwest Roasted Corn
Mushroom Beef & Barley

WEDNESDAY

Vegetarian Minestrone
Ground Turkey Meatball with Spinach

THURSDAY

Lentil
Pasta Fagioli with Sausage

FRIDAY

Chickpea and Spinach

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GRANT STREET MARKETPLACE

Monday - Friday
Breakfast 7:00 am - 10:00 am | Lunch 11:00 am - 2:00 pm

WEEK OF MAY 6TH



RISE & SHINE

BREAKFAST

SPECIALS

Home Fries	0.67/oz	Breakfast Scramble Bowl	8.05
Turkey Sausage	0.67/oz	Sausage & Egg Hash Bowl	8.05
Scrambled Eggs	0.67/oz	Meat lovers Omelet	8.85
Frittata	0.67/oz	Bacon Avocado Omelet	8.85
Pork Sausage	0.67/oz	<i>French Toast, Pancakes, Sausage Gravy & Biscuits</i>	

MON

Noodle Bar - Rice Noodles Tossed in Your Favorite Asian Sauce and Topped With Fresh Vegetables & a Host of Proteins. 10.99

Piccola Pizza - Philly Cheese Steak Calzone, Buffalo Chicken Stromboli, Margherita Pizza, Pizza by The Slice, Chicken Ranch Sicilian Pizza, BYO. 3.45 - 8.09

Graze - Apple Pork Chops, Buttermilk Fried Chicken, Garlic Mashed, Herb Squash Medley, Green Beans & Cherry Tomato, Penne Marinara. 0.67/oz

TUES

Mac & Cheese Madness - A Selection of Regional Mac & Cheese Sure to Brighten Your Day and Fill Your Appetite. 10.99

Piccola Pizza - Philly Cheese Steak Calzone, Buffalo Chicken Stromboli, Margherita Pizza, Pizza by The Slice, Chicken Ranch Sicilian Pizza, BYO. 3.45 - 8.09

Graze - Honey Bourbon Pork Loin, Meatloaf, Blazing Cajun Fries, Potato Wedges, Corn Maque Choux, Red Beans & Rice, Jalapeno Slaw. 0.67/oz

WED

Potato Bar - Baked Potato or Fries Smothered in A Host of Your Favorite Toppings & Finished Off With Cheese & Herbs. 10.99

Piccola Pizza - Philly Cheese Steak Calzone, Buffalo Chicken Stromboli, Margherita Pizza, Pizza by The Slice, Chicken Ranch Sicilian Pizza, BYO. 3.45 - 8.09

Graze - Sweet & Sour Chicken, General TSO Chicken, Stir Fried Vegetables, Fried Rice, Vegetable Lo Mein, Sauteed Snow Peas, Vegetable Egg Roll. 0.67/oz

THURS

Pasta Bowls - Choice of Gnocchi or Spaghetti Topped With Meatballs and Finished in a Choice of Vodka, Marinara, or Alfredo Sauces. 10.99

Piccola Pizza - Philly Cheese Steak Calzone, Buffalo Chicken Stromboli, Margherita Pizza, Pizza by The Slice, Chicken Ranch Sicilian Pizza, BYO. 3.45 - 8.09

Graze - Pulled Pork, Hot Italian Sausage & Marinara, Potato Pierogies, Creamy Mac & Cheese, Cheese Fries, Siracha Buffalo Roasted Cauliflower, Kaiser Buns, Hoagie Buns. 0.67/oz

FRI

Asian Pacific Heritage Month - We Celebrate with a Classic Hawaiian Plate of Chicken Katsu or Kalua Pork, Served with Rice, Macaroni Salad, & Coconut Pudding. 10.99

Piccola Pizza - Philly Cheese Steak Calzone, Buffalo Chicken Stromboli, Margherita Pizza, Pizza by The Slice, Chicken Ranch Sicilian Pizza, BYO. 3.45 - 8.09

Graze - Herb Garlic Chicken, Maple Mustard Pork Loin, Margherita Chicken Penne, Roasted Potato & Leeks, Grilled Garlic Zucchini, Herb Almond Roasted Cauliflower. 0.67/oz

WEEKLY FEATURES

ITEMS AVAILABLE THROUGH OUT THE WEEK

Chicken Bacon Ranch	8.39
Turkey BLT on Pretzel Bun	8.39
Carved Sandwich	11.55

Carved Turkey Caesar on Focaccia. Ranch Bakers Chips, & Choice of Soda or Water.

SANDWICHES

Grilled Chicken Caesar Wrap	8.39
Reuben on Pretzel Roll	8.39
Italian Sub	8.39
Cali BLT	8.39
Caprese Melt	8.39



thrive

Download and order with the app today!

SOUPS

MONDAY

Cowboy Chili	4.60
Wild Mushroom Bisque	4.60

TUESDAY

Cowboy Chili	4.60
Baked Potato	4.60

WEDNESDAY

Cowboy Chili	4.60
Clam Chowder	4.60

THURSDAY

Cowboy Chili	4.60
Southwest Tortilla	4.60

FRIDAY

Cowboy Chili	4.60
Chefs Seasonal	4.60

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ROSS STREET MARKETPLACE

MONDAY – FRIDAY Breakfast 7:00 am – 10:00 am |

Lunch 11:00 am – 2:00 pm

WEEK OF MAY 6TH



RISE & SHINE

GRAZE

Home Fries/Cheesy Potatoes	0.67oz
Turkey Sausage/Pork Sausage/Kielbasa	0.67/oz
Scrambled Eggs/Cheesy Eggs	0.67/oz
Sausage Gravy & Biscuit (Tues – Thurs)	0.67/oz
French Toast Sticks	0.67oz

FLAME

French Toast	4.79
Breakfast Egg, Meat & Cheese Croissant	5.15
Breakfast Egg, Meat & Cheese English Muffin	5.15
BYO Meat & Veggie Omelet	8.45
BYO Breakfast Burrito	8.45

MON

Flame – Crispy Buffalo Shrimp Quesadilla	\$8.45	Triple Pepper Bacon Ranch Burger	8.45
Piccola Pizza – Vegetable Pizza, Chicken Pesto Flatbread, BYI Pizza, Slices	3:45		8.45
Graze: Beef & Mushroom Stroganoff, Cheesy Artichoke Stuffed Portobello Mushroom	0.67oz		
, Stuffed Chicken Breast, w/Home-made Bread Stuffing, Whipped Potatoes & Gravy,	0.67oz		
Lemon Basmati Rice, Spinach, Succotash, Cinnamon Glazed Carrots, Broccoli	0.67oz		

TUES

Flame – Crispy Buffalo Shrimp Quesadilla	\$8.45	Triple Pepper Bacon Ranch Burger	8.45
Piccola Pizza – Vegetable Pizza, Chicken Pesto Flatbread, BYI Pizza, Slices	3:45		8.45
Graze – Pasta Bar – Rigatoni, Meatballs, Italian Sausage, Beyond Sausage,	0.67oz		
Cheese Stuffed Shells, Alfredo and Marinara Sauce, Garlic Bread	0.67oz		
Parmesan Green Beans, Italian Blend Vegetables, Steamed Broccoli,	0.67oz		

WED

Flame -- Crispy Buffalo Shrimp Quesadilla	\$8.45	Triple Pepper Bacon Ranch Burger	8.45
Piccola Pizza – Vegetable Pizza, Chicken Pesto Flatbread, BYI Pizza, Slices	3:45		8.45
Graze – General Tso's or Sweet & Sour Chicken, Beef & Broccoli,	0.67oz		
Vegetarian Fried Rice, Vegetable Lo Mein	0.67oz		
Balsamic Roasted Vegetables, Roasted Carrots, Steamed Broccoli	0.67oz		

THURS

Flame – Crispy Buffalo Shrimp Quesadilla	\$8.45	Triple Pepper Bacon Ranch Burger	8.45
Piccola Pizza – Vegetable Pizza, Chicken Pesto Flatbread, BYI Pizza, Slices	3:45		8.45
Graze – BBQ Beef Brisket, Scalloped Potatoes, Roasted Cauliflower, Buttered Corn	0.67oz		
Wings Bar – Buffalo, Sweet Chili, Garlic, Caroling Gold, Breaded & Potato Wedges	0.67oz		
Roasted Cauliflower with Parsley, Steamed Carrots	0.67oz		

FRI

Flame – Crispy Buffalo Shrimp Quesadilla	\$8.45	Triple Pepper Bacon Ranch Burger	8.45
Piccola Pizza – Vegetable Pizza, Chicken Pesto Flatbread, BYI Pizza, Slices	3:45		8.45
Graze – Fish & Chips	10.39		
Madagascar Chicken, Roasted Mixed Vegetables, Steamed Broccoli	0.67oz		
Wild Rice, Dijon, Pierogies, Carrots, Mac & Cheese	0.67oz		

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WEEKLY FEATURES



THIS WEDNESDAY

CARVED TURKEY GORGONZOLA SANDWICH



BUTCHER & BAKER AVAILABLE ALL WEEK

Caprese Melt	8.45
Turkey Bacon Chipotle Panini	8.45



thrive

Download and order with the app today!

SOUPS

MONDAY

House Chili	4.60
Wild Mushroom Bisque	4.60

TUESDAY

House Chili	4.60
Broccoli Cheddar Soup	4.60

WEDNESDAY

House Chili	4.60
Lemon Chicken Orzo	4.60

THURSDAY

House Chili	4.60
Baked Stuffed Potato Soup	4.60

FRIDAY

Clam Chowder Soup	4.60
House Chili	4.60

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BNY MELLON EVERETT

Monday - Friday
Breakfast: 7:00 am - 10:30 pm
Lunch: 11:30 am - 2:00 pm

WEEK OF MAY 6TH T



RISE & SHINE

BREAKFAST SPECIALS

Monday - spicy chicken mushroom breakfast sandwich	\$6.29
Tuesday - chorizo and black bean avocado wheat toast	\$6.29
Wednesday - power up breakfast burrito	\$6.29
Thursday - egg white omelet with peppers, onions, mushrooms, tomato, & spinach	\$6.29
Friday - blueberry buttermilk pancakes	\$6.29

MON

flame - buffalo chicken wing basket \$9.29

battered and fried chicken wings coated in a spicy buffalo sauce, served with french fries or fruit salad

TUES

flame - bruschetta burger \$9.29

all beef patty topped with mozzarella cheese and a house-made honey mustard tomato bruschetta on brioche, served with french fries or fruit salad

WED

flame - smokehouse pork cheddar apple melt \$9.29

toasted telera topped with smoked bbq pulled pork, bbq sauce, sliced apples, and cheddar cheese, served with french fries or fruit salad.

THURS

flame - blackened grilled chicken sandwich with cajun mayo \$9.29

cajun spiced grilled chicken with fresh shredded lettuce, tomato, onions, pepperjack cheese and a house-made cajun mayo on a la baccia roll, served with french fries or fruit salad.

FRI

flame - greek tuna salad sandwich on focaccia \$9.29

fad-free tuna salad with fresh shredded lettuce and roasted red peppers on focaccia, served with french fries or fruit salad.

WEEKLY FEATURES

**join us for a fun & delicious
chef's table on wednesday**

**fresh salad bar monday
through friday**

**hot breakfast bar available
tuesday - thursday for a fast
pick me up**



thrive

Download and order
with the app today!

SOUPS

MONDAY

chicken noodle

TUESDAY

corn chowder

WEDNESDAY

vegetable beef barley

THURSDAY

italian wedding soup

FRIDAY

clam chowder

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BNY MELLON JERSEY CITY

Monday – Friday 7:00am – 2:00 pm

WEEK OF MAY 6



RISE & SHINE

ALL WEEK BREAKFAST SPECIALS

- BYO breakfast sandwiches and omelets
- Huevos Rancheros
- Jersey Pork Roll Egg and Cheese
- Home Fries Tues-Thurs

ITEMS AVAILABLE TUESDAY-THURSDAY

Grab n Go Sandwiches | Snacks

LOOK FOR OUR HEALTHY AFTERNOON SNACK OPTIONS

FROM SPRIG & SPROUT

MON

- Graze Breakfast**- Seasonal Fruit, assorted breakfast pastries
- Graze Express**-Garlic Lime Chicken, Yellow Rice, Succotash, Cilantro Tofu .68/ oz.
- Butcher & Baker**- Grilled Vegetable Wrap with Brie and Roasted Garlic Aioli 7.75
- Flame**-Chorizo Quesadilla with a Mexican Coke 9.95

TUES

- Graze Breakfast**- Scrambled eggs, pork sausage, breakfast potatoes .68/ oz.
- Graze Express**- Cauliflower Steaks with Chimichurri, Spanish Rice, Fiesta Chicken .68/oz.
- Butcher & Baker**- Fire Braised Chicken and Black Bean Torta 7.75
- Carvery**-California Style Oven Roasted Tukey 8.75
- Flame**-Chorizo Quesadilla with a Mexican Coke 9.95

WED

- Graze Breakfast**- Frittata's, buttermilk pancakes, corned beef hash .68/ oz.
- Graze Express**-Wednesday Fish Market Salmon with choice of starch and vegetable 12.99
- Butcher & Baker**- Grilled Vegetable Wrap with Brie and Roasted Garlic Aioli 7.75
- Carvery**-California Style Oven Roasted Tukey 8.75
- Flame**-Chorizo Quesadilla with a Mexican Coke 9.95

THURS

- Graze Breakfast**- Pancakes, French Toast, and Sausage Scramble .68/ oz.
- Graze Express**- BYO Burrito Bowl .68/oz.
- Butcher & Baker**- Fire Braised Chicken and Black Bean Torta 7.75
- Carvery**- California Style Oven Roasted Tukey 8.75
- Flame**-Chorizo Quesadilla with a Mexican Coke 9.95

FRI

- Graze Breakfast**- Pastries, Bagels, Hot Cereal, Fruit & Yogurt Bar .68/ oz.
- Butcher & Baker**- Fire Braised Chicken and Black Bean Torta 7.75
- Flame**-Chorizo Quesadilla with a Mexican Coke 9.95

WEEKLY HIGHLIGHTS



SOUPS

MONDAY	
Beef Vegetable	5.35
TUESDAY	
Chicken Noodle	5.35
WEDNESDAY	
Black Bean	5.35
THURSDAY	
Chicken Tortilla	5.35
FRIDAY	
Garden Vegetable	5.35

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