

COMPASS FOOD SERVICE CALENDAR

MARCH



National Nutrition Month – Join us in celebrating on Wednesday, Mar. 13 from 11 am to 1:30 pm in the café. Speak to a registered dietician, enjoy and free sample, and grab recipe cards to continue your path to a healthier lifestyle. We will also be joined by wellness coaches from our Onsite Health Centers to highlight screenings and preventive health services that are available to employees at no cost or for a small fee at the onsite health centers.

Eating for Wellness: Balance Your Plate Webinar – Mar. 13 – Visit <https://mysource2.bnymellon.net/userregistration/176277> to register for the global wellness webinar from 11 am to 12 pm on Mar. 13. Our expert speaker will share insights and strategies for eating for wellness and learning the best way to balance your plate through the MyPlate method.

Women's History Month – Mar. 7 & 19 – In March, we're honoring Women's History Month by showcasing our talented food service employees through Chef's Tables and station takeovers on March 7 & 19, celebrating their contributions and achievements.

St. Patrick's Day – Mar. 14 – While St. Patrick's Day falls on a Sunday, we're starting the celebration early on Thursday, March 14, with Irish-inspired fare. Get ready for a taste of authentic Irish cuisine and a festive atmosphere throughout the marketplace. The Rowdy Bardlings band will bring you live Irish music.

March Game Day – Mar. 21 – We're bringing the court to the café with a variety of deli combo meals. Mix and match sandwiches, salads, and soups.

Global Holiday Celebration: Holi – Mar. 25 – As part of our global celebration calendar, join us as we celebrate the vibrant festival of Holi, adding a splash of color and joy to our menu and décor. Celebrate this event with our colleagues from the UK, Ireland, APAC, and India.

Eat. Sleep. Basketball – 28 – Opening Day of Baseball begins Thursday, March 28. To celebrate, we'll be hosting an array of concession-style favorites, refreshing beverages, décor, and more. Be ready to show us your team spirit.

Cookbook Raffle – Winner Announced Mar. 21 – Don't miss the chance to win "A Girl and Her Greens" by Amy Bloomfield in our cookbook raffle. This cookbook is a celebration of vegetables, offering innovative and mouthwatering recipes that showcase the beauty and versatility of greens.

Fish & Chip Shop – Every Friday – Delight in the flavors of English-style, hand-battered fish and chips, paired with crispy golden-fried shrimp. Complemented by a variety of sides, sauces, and the classic clam chowder, this concept promises a culinary journey of delight.

NEW YORK FOODWORKS GUEST RESTAURANTS

Mar. 21, 2024:
The Hummus & Pita Co.



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500 GRANT ST. FOODWORKS GUEST RESTAURANTS

Mar. 20, 2024

La Palapa



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500 ROSS ST. FOODWORKS GUEST RESTAURANTS

Mar. 27, 2024

La Palapa



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