

# EAT. DRINK. SOCIALIZE.

240 GREENWICH MARKETPLACE

Monday - Friday

Breakfast 7:00 am - 10:00 am | Lunch 11:00am - 2:00pm

WEEK OF APRIL 22

## FOR THE ENTIRE DAILY MENU VISIT US AT

[HTTPS://EURESTCAFES.COMPASS-USA.COM/BNY/PAGES/NUTRITION.ASPX?LID=240GFOODHALL](https://eurestcafes.compass-usa.com/bny/pages/nutrition.aspx?lid=240gfoodhall)

### WEEKLY BREAKFAST SPECIALS

<b>CREATE</b> - Shakshuka Breakfast Bowl with Braised Lentils	9.65
<b>FLAME</b> - Power Up Breakfast Burrito	9.65
<b>GRAZE</b> - Breakfast Power Bowl at our graze buffet	0.75/oz

MON

<b>BUTCHER &amp; BAKER</b> - Italian Combo Wrap	10.95
<b>PICCOLO ITALIA PASTA</b> - Italian Skillet Chicken Pasta with Marinara or Alfredo Sauce	15.05
<b>RHYTHM &amp; ROUX</b> - NOLA's style Buttermilk Brined Fried Chicken	15.05

TUES

<b>INSPIRED KITCHEN SALAD</b> - Green Tea Poached Chicken Breast Salad	15.05
<b>PICCOLA ITALIA PASTA</b> - Grilled Shrimp Pasta with Marinara or Alfredo Sauce	15.05
<b>BUTCHER &amp; BAKER CARVERY</b> - Bagel & Lox Bar	11.75

WED

<b>ROOTS &amp; SEEDS</b> - Tex Mex Salad or Harvest Cobb	13.15
<b>CHEF TABLE</b> - Falafel Mezze Bowl	13.85
<b>GRAZE</b> - We celebrate earth month with an Earth Bowl inspired buffet	15.00

THURS

<b>IT'S TAKE YOUR CHILD TO WORK DAY</b> - Kid friendly specials at all stations, crafted to please all ages!	
<b>BUTHER &amp; BAKER</b> - Chicken, Brie, Pear & Balsamic Onions on Telera	10.95
<b>RHYTHM &amp; ROUX</b> - Cajun Shrimp Cake with Fry Sauce	15.05

FRI

<b>BUTCHER &amp; BAKER</b> - Pesto, Fontina, Arugula & Tomato on Focaccia	10.95
<b>PICCOLA PIZZA</b> - Get your favorites by the slice!	4.60

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Share us your feedback, text **BNYM** to **99299**

## WELLNESS TABLES

**Celebrate Earth Month: Learn more from our Registered Dietitian Kelsey Massis**

**MONDAY** - Free seeds for all our guests, learn how to regrow vegetables at home

**TUESDAY** - Learn how to upcycle and freeze your herbs

**WEDNESDAY** - Guess the herbs tabling & prizes for all participants

**THURSDAY** - Compost/recycling education games for adults & kids

**FRIDAY** - Learn how to preserve food with pickling techniques

USE CODE

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[Thrivecdl.app.link/BNYGreenwich](https://thrivecdl.app.link/BNYGreenwich)

## SOUPS

CHICKEN NOODLE SERVED EVERY DAY

### MONDAY

Tomato Basil Bisque  
Baked Stuffed Potato

### TUESDAY

Lentil Soup  
Spicy Italian Kale Chorizo

### WEDNESDAY

Mulligatawny  
Tuscan Greens & Lentil

### THURSDAY

Split Pea Soup with Ham  
Mushroom & Barley

### FRIDAY

Italian Wedding

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## GRANT STREET MARKETPLACE

Monday - Friday  
Breakfast 7:00 am - 10:00 am | Lunch 11:00 am - 2:00 pm

### WEEK OF APRIL 22ND



### RISE & SHINE

#### BREAKFAST

#### SPECIALS

Home Fries	0.67/oz	Breakfast Scramble Bowl	8.05
Turkey Sausage	0.67/oz	Sausage & Egg Hash Bowl	8.05
Scrambled Eggs	0.67/oz	Meat lovers Omelet	8.85
Frittata	0.67/oz	Bacon Avocado Omelet	8.85
Pork Sausage	0.67/oz	<i>French Toast, Pancakes, Sausage Gravy &amp; Biscuits</i>	

MON

**Piccola Italiano** - Build Your Own Pasta Bowl Featuring Fresh and Dried Pasta's With Your Favorite Sauces. 10.99

**Piccola Pizza** - Pesto Chicken Calzone, Chicken Cordon Blue Stromboli, White on White Pizza, Pizza by The Slice, Buffalo Chicken Sicilian Pizza, BYO. 3.45 - 8.09

**Graze** - Chicken Pot Pie, Honey Bourbon Pork Loin, Summer Vegetable Hash, Herb Almond Roasted Cauliflower, Fettucine with Mushroom Sauce, Scalloped Potato. 0.67/oz

TUES

**Earth Bowl** - Roasted Chicken, Tofu, Or Mushroom Served Over Rice & Topped With Tangy Sauces & Fresh Local Ingredients. 10.99

**Piccola Pizza** - Pesto Chicken Calzone, Chicken Cordon Blue Stromboli, White on White Pizza, Pizza by The Slice, Buffalo Chicken Sicilian Pizza, BYO. 3.45 - 8.09

**Graze** - Chicken Piccata, Crispy Breaded Pork Cutlet with Vodka Sauce, Italian Spiced Cauliflower, Garlic Roasted Potato, Pasta Stefano, Italian Spiced Zucchini. 0.67/oz

WED

**Pittsburgh Halal** - Classic Mediterranean Foods From Our Guest Restaurant. 11-14

**Piccola Pizza** - Pesto Chicken Calzone, Chicken Cordon Blue Stromboli, White on White Pizza, Pizza by The Slice, Buffalo Chicken Sicilian Pizza, BYO. 3.45 - 8.09

**Graze** - Smoked Chicken Quarters, Shredded BBQ Beef, Mac & Cheese, Garlic Green Beans, Mexican Street Corn, Potato Tostones. 0.67/oz

THURS

**Made To Melt** - Grab Your Kid and Head Down to The Grilled Cheese Station Featuring Fresh Local Breads and Crispy Fries. 10.99

**Piccola Pizza** - Pesto Chicken Calzone, Chicken Cordon Blue Stromboli, White on White Pizza, Pizza by The Slice, Buffalo Chicken Sicilian Pizza, BYO. 3.45 - 8.09

**Take Your Kid To Work** - Chicken Tenders, Hit Dogs, Meatloaf, Loaded Tater Tots, Roasted Broccoli, Creamy Mac & Cheese. 0.67/oz

FRI

**Dumpling Bar** - Shrimp, Pork or Vegetable Dumplings Served With Chili Oil, Fresh Broths & A Ginger Salad. 10.99

**Piccola Pizza** - Pesto Chicken Calzone, Chicken Cordon Blue Stromboli, White on White Pizza, Pizza by The Slice, Buffalo Chicken Sicilian Pizza, BYO. 3.45 - 8.09

**Graze** - Beer Battered Cod, Lemon Chicken, Spicy Red Pepper Zucchini, Chorizo Pepper Penne, Parsley Garlic Fries, Honey Butter Asparagus. 0.67/oz

### WEEKLY FEATURES

#### ITEMS AVAILABLE THROUGH OUT THE WEEK

Buffalo Chicken Wrap	8.39
Turkey BLT & Avocado Wrap	8.39
Carved Sandwich	11.55
<i>Pork BLT Sandwich, Ranch Bakers Chips, &amp; Choice of Soda or Water.</i>	

#### SANDWICHES

Grilled Chicken Caesar Wrap	8.39
Reuben on Pretzel Roll	8.39
Italian Sub	8.39
Cali BLT	8.39
Caprese Melt	8.39



thrive

Download and order with the app today!

### SOUPS

#### MONDAY

Cowboy Chili	4.60
Lemon Orzo	4.60

#### TUESDAY

Cowboy Chili	4.60
Broccoli Cheddar	4.60

#### WEDNESDAY

Cowboy Chili	4.60
Clam Chowder	4.60

#### THURSDAY

Cowboy Chili	4.60
Chicken Dumpling	4.60

#### FRIDAY

Cowboy Chili	4.60
Chefs Seasonal	4.60

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# EAT. DRINK. SOCIALIZE.

ROSS STREET MARKETPLACE

MONDAY – FRIDAY

Breakfast 7:00 am – 10:00 am | Lunch 11:00 am – 2:00 pm



## RISE & SHINE

GRAZE		FLAME	
Home Fries/Cheesy Potatoes	0.67/oz	Chocolate Chip Pancakes	4.79
Turkey Sausage/Pork Sausage/Kielbasa	0.67/oz	Breakfast Egg, Meat & Cheese Croissant	5.15
Scrambled Eggs/Cheesy Eggs	0.67/oz	Breakfast Egg, Meat & Cheese English Muffin	5.15
Sausage Gravy & Biscuit (Tues – Thurs)	0.67/oz	BYO Meat & Veggie Omelet	7.25
French Toast Sticks	0.67oz	BYO Breakfast Burrito	7.25

<b>MON</b>	<b>Flame</b> – Ultimate Patty Melt \$6.05	Tomato Bacon Grilled Cheese	7.25
	<b>Piccola Pizza</b> – Quattro Formaggi Pizza, Pepperoni Flat Bread, Slices and BYO		3.45 – 8.45
	<b>Graze</b> – Hot Dog Station All Beef Hot Dogs or Beyond Sausage w/ your Favorite Toppings		7.25
	Stuffed Chicken Breast, Mashed Potatoes, Gravy, Traditional Stuffing		0.67oz
	Roasted Sweet Potato, Steamed Broccoli		0.67oz

<b>TUES</b>	<b>Flame</b> – Ultimate Patty Melt \$6.05	Tomato Bacon Grilled Cheese	7.25
	<b>Piccola Pizza</b> – Quattro Formaggi Pizza, Pepperoni Flat Bread, Slices and BYO		3.45 – 8.45
	<b>Graze</b> – General Tso’s Chicken, Pepper Steak, Kung Pao Brux, Vegetable Lo Mein		0.67oz
	Vegetable Fried Rice, Steamed Jasmine Rice, Steamed Broccoli, Carrots, Veg Egg Roll		0.67oz

<b>WED</b>	<b>Flame</b> – Ultimate Patty Melt \$6.05	Tomato Bacon Grilled Cheese	7.25
	<b>Piccola Pizza</b> – Quattro Formaggi Pizza, Pepperoni Flat Bread, Slices and BYO		3.45 – 8.45
	<b>Graze</b> – Earth Bowl - Baja Shrimp and Cauliflower Taco Bowl		11.70
	Pork Chops with Praline Sauce, Mashed Potatoes, Roasted Veggies		0.67oz
	Whipped Potato, Steamed Broccoli, Roasted Sweet Potatoes, Roasted Veggies		0.67oz

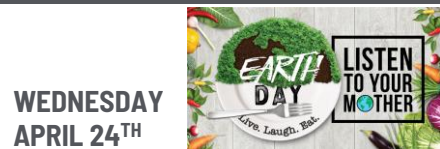
<b>THURS</b>	<b>Flame</b> – Ultimate Patty Melt \$6.05	Tomato Bacon Grilled Cheese	7.25
	<b>Piccola Pizza</b> – Quattro Formaggi Pizza, Pepperoni Flat Bread, Slices and BYO		3.45 – 8.45
	<b>Graze</b> – Taco Station- Two Tacos- Taco Seasoned Beef & Plant Based Meat		7.25/8.45
	Kid’s Walking Taco – Dorito’s topped with Taco Beef and topping		4.79
	Chicken Parmesan, Pasta, Alfredo, Marinara, Mac & Cheese Roasted Vegetables, Broccoli		.67/oz

<b>FRI</b>	<b>Flame</b> – Ultimate Patty Melt \$6.05	Tomato Bacon Grilled Cheese	7.25
	<b>Piccola Pizza</b> – Quattro Formaggi Pizza, Pepperoni Flat Bread, Slices and BYO		3.45 – 8.45
	<b>Graze</b> – Fish & Chips		10.64
	Chipotle BBQ Chicken, Pierogies, Carrots Vichy, Roasted Red Potatoes, Garlic Green Bean		0.67/oz



## WEEK OF APRIL 22ND

### WEEKLY FEATURES



WEDNESDAY  
APRIL 24<sup>TH</sup>

EARTH BOWL - BAJA SHRIMP AND CAULIFLOWER TACO BOWL

THURSDAY 4/25  
TACO BAR  
WALKIN TACOS



FREE KID SNACKS AT LUNCH WHILE SUPPLIES LAST

BUTCHER & BAKER  
AVAILABLE ALL WEEK

Grilled Buffalo Chicken Panini	8.45
Spicy BLT Melt	7.25

Download and order with the app today!

## SOUPS

MONDAY	
House Chili	4.60
Wild Mushroom Bisque	4.60
TUESDAY	
House Chili	4.60
Lemon Chicken Orzo Soup	4.60
WEDNESDAY	
House Chili	4.60
Southwest Tortilla Soup	4.60
THURSDAY	
House Chili	4.60
Curried Rice & Lentil Soup	4.60
FRIDAY	
Clam Chowder	4.60
House Chili	4.60

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# EAT. DRINK. SOCIALIZE.

**BNY MELLON EVERETT**

Monday - Friday  
Breakfast: 7:00 am - 10:30 pm  
Lunch: 11:30 am - 2:00 pm

**WEEK OF APRIL 22<sup>ND</sup>**



## RISE & SHINE

### BREAKFAST SPECIALS

<b>Monday</b> - blueberry buttermilk pancakes	\$6.29
<b>Tuesday</b> - egg white portobello & swiss ww sandwich	\$6.29
<b>Wednesday</b> - bacon & avocado omelet with salsa	\$6.29
<b>Thursday</b> - Philly steak breakfast flatbread sandwich	\$6.29
<b>Friday</b> - wheat avocado toast with egg, arugula, and pico de gallo	\$6.29

**MON**

**flame - chicken tenders & fries' basket** **\$9.29**  
golden crispy battered chicken tenders, served with french fries or fruit salad

**TUES**

**flame - french onion grilled cheese with swiss and bacon** **\$9.29**  
swiss, caramelized onions, and bacon on a toasted baguette, served with french fries or fruit salad

**WED**

**flame - jerk grilled chicken sandwich with pineapple salsa** **\$9.29**  
jerk grilled chicken with pineapple salsa on brioche, served with french fries or fruit salad.

**THURS**

**flame - cajun salmon burger with house-made slaw** **\$9.29**  
cajun spiced salmon patty with a house-made cajun mayonnaise cole slaw on a la baccia roll, served with french fries or fruit salad.

**FRI**

**flame - buffalo chicken spinach wrap** **\$9.29**  
crispy fried chicken, buffalo sauce, blue cheese crumbles, fresh celery, and carrots in a spinach tortilla wrap, served with french fries or fruit salad.

## WEEKLY FEATURES

**join us for a fun & delicious  
chef's table on wednesday**

**fresh salad bar monday  
through friday**

**hot breakfast bar available  
tuesday - thursday for a fast  
pick me up**



**thrive**

Download and order  
with the app today!

## SOUPS

### MONDAY

wild mushroom bisque

### TUESDAY

broccoli cheddar

### WEDNESDAY

southwest chicken tortilla

### THURSDAY

vegetable minestrone

### FRIDAY

clam chowder

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BNY MELLON JERSEY CITY

Monday – Friday 7:00am – 2:00 pm

WEEK OF APRIL 22



## RISE & SHINE

### ALL WEEK BREAKFAST SPECIALS

- BYO breakfast sandwiches and omelets
- Waffles with Mixed Berry Compote and Whipped Cream
- Jersey Pork Roll Egg and Cheese
- Home Fries Tues-Thurs

### ITEMS AVAILABLE TUESDAY-THURSDAY

Grab n Go Sandwiches | Snacks

### LOOK FOR OUR HEALTHY AFTERNOON SNACK OPTIONS

FROM SPRIG & SPROUT

MON

- Graze Breakfast**- Seasonal Fruit, assorted breakfast pastries
- Graze Express**-House Rubbed Chicken, Pesto Rice, Herbed Tofu, Gingered Carrots .68/ oz.
- Butcher & Baker**- Lemon Pepper Chicken Salad Wrap 7.75
- Flame**-Smashed Falafel Sliders 7.95

TUES

- Graze Breakfast**- Scrambled eggs, pork sausage, breakfast potatoes .68/ oz.
- Graze Express**- BYO Nacho Bar .68/oz.
- Butcher & Baker**- Lemon Pepper Chicken Salad Wrap or Southwest Black Bean Sando 7.75
- Carvery**-Pressed Cuban [Roast Pork, Ham, Swiss, Pickles, and Mustard] 8.75
- Flame**-Smashed Falafel Sliders or Chipotle Turkey Melt 7.95

WED

- Graze Breakfast**- Frittata's, buttermilk pancakes, corned beef hash .68/ oz.
- Graze Express**-**BYO Earth Bowl** .68/oz
- Butcher & Baker**- Lemon Pepper Chicken Salad Wrap or Southwest Black Bean Sando 7.75
- Carvery**-Pressed Cuban [Roast Pork, Ham, Swiss, Pickles, and Mustard] 8.75
- Flame**-Smashed Falafel Sliders or Chipotle Turkey Melt 7.95

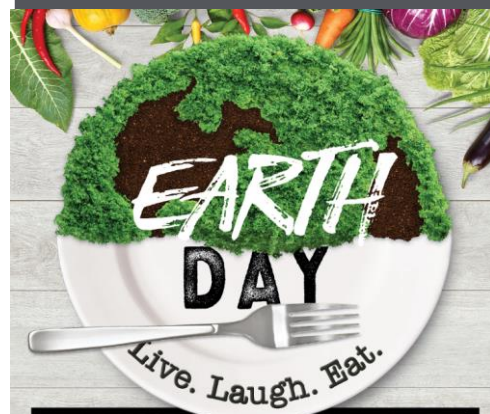
THURS

- Graze Breakfast**- Pancakes, French Toast, and Sausage Scramble .68/ oz.
- Graze Express**- Mini Cheese Quesadillas, Sliders, Tots, and More .68/oz.
- Butcher & Baker**- Flatbread Pizzas (Cheese, Pepperoni, or Veggie) 7.75
- Carvery**- Pressed Cuban [Roast Pork, Ham, Swiss, Pickles, and Mustard] 8.75
- Flame**-Chicken Finger and Fries Combo 7.95

FRI

- Graze Breakfast**- Pastries, Bagels, Hot Cereal, Fruit & Yogurt Bar .68/ oz.
- Butcher & Baker**- Southwest Black Bean Sando 7.75
- Flame**-Chipotle Turkey Melt 7.95

## WEEKLY HIGHLIGHTS



LISTEN TO YOUR MOTHER

Join us Wednesday at the GRAZE for some Earth Friendly Fare

## TAKE YOUR CHILD TO WORK DAY

## SOUPS

MONDAY	
Split Pea and Ham	5.35
TUESDAY	
Tomato Basil	5.35
WEDNESDAY	
Garden Vegetable	5.35
THURSDAY	
Chicken Noodle	5.35
FRIDAY	
Manhattan Seafood Chowder	5.35

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