

Cafe

Week of April 8



SYNOPSIS[®]



FEATURING



DON'T MISS
THIS WEEK!

MONDAY

BREAKFAST

- Yogurt And Hot Cereal Bar
- Eggs Made To Order
- Breakfast Sandwiches And Burritos

FLAME SPECIAL

herb roasted chicken philly cheese sandwich

on toasted hoagie roll, garlic aioli, provolone and swiss cheese, sautéed peppers, onions, and mushrooms

WEIGH & PAY COMFORT FOOD

pork carnitas Michoacanas (Mexican slow cooker puller pork)

soyrizo con papas & vegetable stew

spanish rice (v), black beans (v), pico de gallo (v), fresh roasted fire salsa (v), lime wedge and corn tortillas

TUESDAY

BREAKFAST

- Yogurt And Hot Cereal Bar
- Eggs Made To Order
- Breakfast Sandwiches And Burritos

FLAME SPECIAL

tijuana beef hot dog

bacon wrapped beef hot dog, salsa roja, grilled jalapenos, crema, pico de gallo, sliced avocado

WEIGH & PAY COMFORT FOOD

chicken marsala with mushroom gravy

acorn squash stuffed with wild rice and tahini sauce (v)

mashed potato (v), roasted medley vegetables (vg)

WEDNESDAY

BREAKFAST

- Yogurt And Hot Cereal Bar
- Eggs Made To Order
- Breakfast Sandwiches And Burritos

FLAME SPECIAL

santa fe steak torta

ciabatta, chipotle aioli, grilled steak, spinach, roasted peppers, cotija cheese

WEIGH & PAY COMFORT FOOD

tandoori chicken

sag paneer (v)

cumin basmati rice (v), taarka daal (v), gobi Manchurian (cauliflower & mix vegetables)(v), garlic naan bread (v)

STREET EATS



try our delicious steam bao buns sandwich with choice of protein, toppings and side dishes

CREATE



SPICY Portuguese dishes with choice of starch, vegetables, sauce, and protein

FORK & FLOUR CHEF'S CHOICE



pizza by the slice
calzone & more

THURSDAY

BREAKFAST

- Yogurt And Hot Cereal Bar
- Eggs Made To Order
- Breakfast Sandwiches And Burritos

FLAME SPECIALS

blackened chicken sandwich

toasted brioche bun, chipotle aioli, pepper jack cheese, shredded lettuce, mango salsa

WEIGH & PAY COMFORT FOOD

moussaka with ground beef

turmeric and ginger butter bean stew (v)

grilled zucchini, yellow squash, onions, and cheery tomato (vg), garden salad (v), dinner roll

FRIDAY

BREAKFAST

- Yogurt And Hot Cereal Bar
- Eggs Made To Order
- Breakfast Sandwiches And Burritos

FLAME SPECIALS

día de pesca Cod fish tacos

On corn tortilla, with purple cabbage, sliced avocado, red onion, cilantro, spicy drizzle sauce on top, lemon wedge & cotija cheese in the side

WEIGH & PAY COMFORT FOOD

creole bbq shrimp or impossible rice pilaf stuffed green peppers with creole sauce (V)

grits (v), braised collard greens (v), sweet cornbread (v)

CAFÉ WEBSITE LINK

Order & Pay for food through the website. Check out the daily and weekly menu. See what fun is happening in our café monthly! Scan the QR code----->



Cafe Website

CONNECT

General Manager

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VEGAN



VEGETARIAN

SOUPS AND SANDWICHES

SCAN TO SEE
TODAYS SOUPS AND
SANDWICHES



Soups and Sandwiches

CATERING LINK

CATERING DIRECTOR

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FEEDBACK
APPRECIATED

