<table>
<thead>
<tr>
<th>DAY</th>
<th>MEAL</th>
<th>DESCRIPTION</th>
</tr>
</thead>
</table>
| MON  | flame breakfast | ham, egg & cheese bagel  
create: made in texas  
bbq ribs, kielbasa or smoked half chickens |
|      | flame lunch  | caribbean grilled chicken  
ricotto & sun dried tomato  
chicken or shrimp tossed in a creamy cheddar or bleu cheese sauce |
| TUE  | flame breakfast | egg & cheese biscuit  
create: bao buns  
fried braised pork, gochujang chicken or bulgogi beef |
|      | flame lunch  | grilled fish tacos  
bok choy: sweet & sour chicken- fried rice  
exhibition: piccola italia  
creamy tomato basil shrimp or chicken |
| WED  | flame breakfast | bacon, egg & cheese croissant  
create: roost  
chicken & waffle sandwich or crispy pickled chicken club |
|      | flame lunch  | grilled achiote chicken  
beach party: kahlua pork or shoyu chicken  
exhibition: fish market  
lemon pepper salmon or garlic shrimp |
| THU  | flame breakfast | peaches & cream pancakes  
create: earth bowl  
garlic shrimp seared tuna or fried tofu |
|      | flame lunch  | grilled fish tacos  
kitchen comfort: roast pork with a peach compote  
exhibition: pico mesa  
taco salad beef & chicken |
| FRI  | flame breakfast | vegetable omelet  
exhibition: roots & seeds  
grilled chicken or shrimp caesar salad |
|      | flame lunch  | fish market  
grilled shrimp & peach or lemon pepper salmon  
kitchen comforts:  
shepherd’s pie beef or turkey |

**Features**

- boston 157 marketplace  
week of july 8, 2019  
mon – fri 7:00am - 3:30pm

**Don’t Miss This**

tuesday  
7:30-9:00 am  
peach mango & banana smoothie  
3.50
lunch  
cherry salmon with rice  
9.00

**Soups**

- monday  
chicken gumbo
- tuesday  
wild mushroom bisque
- wednesday  
tomato basil
- thursday  
curried red bean & rice
- friday  
south west tortilla
### This Week's Specials

<table>
<thead>
<tr>
<th>Day</th>
<th>Special</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>market fresh: classic cesar salad</td>
<td>8.70</td>
</tr>
<tr>
<td></td>
<td>grilled chicken or shrimp</td>
<td></td>
</tr>
<tr>
<td>Tue</td>
<td>taco cantina: taco salad – barbacoa, chicken tinga</td>
<td>8.70</td>
</tr>
<tr>
<td>Wed</td>
<td>poke bowl: traditional hawaiian rice bowl – shrimp, salmon, tuna</td>
<td>8.70</td>
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<tr>
<td></td>
<td>recharge: warm cookies</td>
<td></td>
</tr>
<tr>
<td>Thu</td>
<td>nice thai: thai noodle salad</td>
<td>8.70</td>
</tr>
<tr>
<td></td>
<td>recharge: ice cream sundae bar</td>
<td></td>
</tr>
<tr>
<td>Fri</td>
<td>grab n’ go</td>
<td></td>
</tr>
</tbody>
</table>

### Features

- café m
- Week of July 8th, 2019
- Mon – Fri 7:00am - 2:00pm

- Don’t Miss This
  - Premium sandwiches
    - Italian combo
    - Turkey BLT Baguette
    - Curried chicken salad with almonds
    - Smoked salmon bagel with caper cream cheese, tomato and red onion

- Nitro Cold Brew Coffee and Tea Drinks Available Every Tuesday – Thursday Only $4

### Weekly Menu

- Monday: Chicken Florentine
- Tuesday: Vegetarian Chili
- Wednesday: Split Pea with Ham
- Thursday: Mushroom Bisque

### Grabs and Go

- Please visit us in the main market place for made to order offerings

### Questions?

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### Social Media

Follow us on Instagram @ freshforkboston