

# SNACK WITH PURPOSE

Each snack in these boxes was **hand-selected** by our team of Registered Dietitians.

**There's a snack box for every craving!**



## FOOD *with* PURPOSE

Each snack contains at least 5 grams of protein and 3 grams of fiber per serving to keep you energized throughout the day and between meals.

*Small (5 items) / Medium Box (10 items) / large box (15 items)*

\$10.00 (small)  
\$20 (medium)  
\$30 (large)



## ENERGY

Each snack contains at least 5 grams of protein and 3 grams of fiber per serving to keep you energized throughout the day and between meals.

*Small (5 items) / Medium Box (10 items) / large box (15 items)*

\$10.00 (small)  
\$20 (medium)  
\$30 (large)



## REPLENISH

Each snack contains at least 8 grams of protein per serving to help curb your appetite or replenish you after engaging in physical activity.

*Small (5 items) / Medium Box (10 items) / large box (15 items)*

\$10.00 (small)  
\$20 (medium)  
\$30 (large)



## MINDFUL

Each snack is from companies that are aligned with the Food with Purpose mission for social and environmental causes.

*Small (5 items) / Medium Box (10 items) / large box (15 items)*

\$10.00 (small)  
\$20 (medium)  
\$30 (large)



## SUPERFOODS

Each snack offers nutrient-dense ingredients that provide additional health benefits, ranging from vitamins and minerals to antioxidant properties and more.

*Small (5 items) / Medium Box (10 items) / large box (15 items)*

\$10.00 (small)  
\$20 (medium)  
\$30 (large)



## AVOIDING GLUTEN

Each snack is certified gluten-free by their manufacturer. Please review package labels for more information.

*Small (5 items) / Medium Box (10 items) / large box (15 items)*

\$10.00 (small)  
\$20 (medium)  
\$30 (large)



## EAT FIT STAY FIT

Each snack meets the FIT snack criteria with no more than 250 calories, 10g of fat, 3g of saturated fat, 20g of sugar and 230mg of sodium per serving.

*Small (5 items) / Medium Box (10 items) / large box (15 items)*

\$10.00 (small)  
\$20 (medium)  
\$30 (large)